



Goderich Sun

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Alzheimer's Lunch marks 20 years of community support

PAMELA CLAYFIELD

Sun Correspondent

For two decades, Emma Franken's Beef on a Bun Luncheon has been a September tradition in Huron and Perth Counties — a grassroots fundraiser that brings together volunteers, local businesses, and community members in support of the Alzheimer Society Huron Perth during World Alzheimer's Month.

This year, 420 meals were prepared and delivered across Goderich, Clinton, Seaforth, and Wingham. Because the luncheon has a limited number of meals available, orders are placed ahead of time by businesses and individuals eager to support the cause — and to enjoy Emma's muchloved cooking.

On the day of the luncheon, Emma and her dedicated team gather at St. Peter's Catholic Church in Goderich, where they prepare every meal by hand. Volunteers assemble the takeout boxes, organize delivery routes, and then fan out across the region to ensure each order arrives fresh and on time.

The event is powered by generosity. The Goderich Knights of Columbus are longtime supporters, donating toward the costs so that every dollar from each \$12 meal can go directly to local Alzheimer's programs and services. HearingLife also plays a key role each year, donating all the bananas included in the meals.

CONTINUED TO PAGE 2



(CONTRIBUTED PHOTO)

AMGH recently signed a purchasing agreement for the new MRI machine that will be installed and utilised in Goderich, serving people across Huron County. (L-R): Dr Tiffaney Kittmer, Brian Heagle, Laura Herman, Meribeth Vlemmix, Katie Howard, Kimberley Payne, Jimmy Trieu.

AMGH signs MRI Agreement, bringing technology closer to Huron County

KATHLEEN SMITH

Editor

The Alexandra Marine and General Hospital (AMGH) Foundation's Magnetic Moments campaign is one step closer to bringing important diagnostic technology to the area for the first in Huron County.

Last week, AMGH officially signed the purchase agreement with Siemens Healthineers Canada for the MRI machine.

"This is a significant investment in the future of our hospital and the care we provide," said Jimmy Trieu,

President & CEO of Huron Health System.

"It will help us attract and retain healthcare professionals, and, most importantly, mean more patients can receive the care they need closer to home."

According to AMGH, the machine selected is a 1.5T MAGNETOM Flor Elite MRI system that features advanced technology designed to enhance the experience for patients, staff and physicians.

What does that mean for patients? It means there will be an MRI machine that helps them get comfortable and prepared for their scan, while the machine is designed for

CONTINUED TO PAGE 2



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AMGH signs MRI purchase agreement, one step closer to having diagnostic technology for Huron County

CONTINUED FROM FRONT
quieter operation.

For staff, having a machine of this quality makes the process more efficient. Many of the steps involved in setting up and completing a scan can be done right at the patient's side, giving technologists more time to focus on the patient in front of them.

The purchase of this MRI machine follows months of planning to determine the correct technology and understand the space, workflow and operational requirements needed to bring these services to AMGH.

"We are incredibly grateful to members of the AMGH Foundation for their hard work in leading this campaign, and to everyone who has supported it and helped make this possible," remarked Trieu.

"We look forward to working with the team at Siemens Healthineers Canada as we take this exciting next step toward bringing this incredible technology to Huron County."

With built-in technology and AI the MRI machine will help guide staff through scans and automate some of the routine steps, helping produce clear, detailed images more quickly and consistently.

According to AMGH, the system will use very little helium compared with traditional MRI machine. This will be one of the first machines of its kind in Ontario to use a helium independent system, and it will be right

here in Goderich.

In the campaign process, the hospital also worked closely with Mohawk Medbuy Corporation throughout the procurement process, drawing on its healthcare procurement expertise to evaluate the available options and support the purchase. The next phase will focus on issuing the RFP for construction with the goal of breaking ground in the fall of 2027.

"Working alongside the AMGH team throughout this process, we have seen firsthand the commitment and vision behind this project," said Richard Newman, Director of Sales, Central Region, Siemens Healthineers Canada.

"Selecting the right MRI solution is about more than technology; it is about creating a sustainable service that will meet the needs of patients and healthcare professionals for years to come. We look forward to continuing our partnership as this transformative project comes to life."

The Magnetic Moments Campaign has now reached \$5.8 million, bringing the campaign very close to its original \$6.5 million goal.

As the campaign reaches this important milestone, fundraising efforts will continue to build on this momentum and strengthen the financial foundation for the project.

As for Siemens Healthineers Canada, the company is proud to partner with AMGH on this important invest-

ment for the region.

"The MAGNETOM Flow Elite will help expand access to high-quality diagnostic imaging, bringing patients closer to the care they need, right in their community," said René Boyer, Country Head, Diagnostic Imaging & Advanced Therapies, Siemens Healthineers Canada.

While the MRI purchase has been secured, there are still important phases of the project ahead, according to the AMGH Foundation. Construction costs, tariffs, fuel costs and other project expenses can change as planning progresses.

The Foundation says that continued fundraising will help provide a financial buffer for unforeseen costs and ensure the project is well positioned as it moves forward.

"Rural populations in Canada deserve the same access to care as urban populations do and this is what bringing the latest medical imaging technology to the Alexandra Marine & General Hospital is all about," says Dr. Tiffaney Kittmer, chair of the Magnetic Moments campaign.

"We want to give huge thanks to the community for their enthusiastic support to ensure that easier, faster access to state-of-the-art magnetic resonance imaging is within reach."

To support the Magnetic Moments campaign or to find out more about the MRI machine visit www.magnetic-moments.amghfoundation.ca



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Alzheimer's Lunch marks 20 years of community support

CONTINUED FROM FRONT

Funds raised through the luncheon support a wide range of services offered by the Alzheimer Society Huron Perth, including:

Support for individuals and families affected by Alzheimer's disease and other dementias

Education and community awareness

Social and inhome recreation programs

Advocacy and navigation services

These programs help ensure that people across Huron and Perth Counties have access to compassionate, local

support when they need it most.

This year's event also included Emma's daughters MaryAnne Millian and Marg Miller along with Tim Martin and John Glazier from the Goderich Knights of Columbus and Erin Dale from the Alzheimer Society Huron Perth.

Their presence reflects the spirit of the luncheon — a blend of family, community service, and unwavering commitment to supporting those living with dementia.

For more information about local programs and services, visit www.alzheimer.ca/huronperth.

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(CONTRIBUTED PHOTO)

Emma and her dedicated team gather at St. Peter's Catholic Church in Goderich. Mary-Anne Millian (Emma's daughter), Tim Martin and John Glazier (Goderich Knights of Columbus), Emma Franken, Marg Miller (Emma's daughter), and Erin Dale (Alzheimer Society Huron Perth).

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Musical storytellers play fall concerts at Bayfield Town Hall

GODERICH SUN STAFF
info@goderichsun.com

Bayfield Town Hall Fall Concert Series will host Kunlé in October and Logan Staats in November, bringing compelling singer-songwriters from Yoruba and Mohawk cultures to the stage this fall.

Award-winning artist Kunlé is a Nigerian-born, Toronto-based singer, composer and multi-instrumentalist whose work draws from Yoruba storytelling, folk traditions and global music.

His songs feature a powerful interplay between vocals, talking drums and fingerstyle drums, brought to life through a dynamic performance.

Kunlé's concert at Bayfield Town Hall will be accompanied by a five-piece ensemble, and will feature material from his June 2026 release 'The Journey'.

According to Robert Kerr, part of Bayfield Town Hall Heritage Society, Kunlé's sophomore album fuses West African folk storytelling with soul, roots and contemporary guitar work.

Moving seamlessly between Yoruba, Pidgin, and English, Kunlé's songs balance cultural depth with a soulful, contemporary sensibility.

Accomplished in music and theatre, Kunlé's stage credits include a 2024 Dora Mavor Moore Award for outstanding production, a nomination for outstanding sound design and composition for Soulpepper Theatre's 'Three Sisters' and a 2022 Premier's Awards nomination for music director, composer and perform-

er in Stratford Festival's 'Death and the King's Horseman'.

Kunlé performs at Bayfield Town Hall on Saturday, October 3 at 7 p.m.

Logan Staats comes from Six Nations of the Grant River, and has earned a reputation as one of Canada's cultural tastemakers.

Staats is a land defender and a premiere storyteller who pairs gritty and compelling songwriting with raw, authentic and high energy performances.

Weaving through folk, rock, roots and Americana music, Staats' rounds his music out with a powerful voice.

According to Kerr, recent highlights for Staats include performing for 18,000 fans at the Los Angeles Forum for 'Life is a Carnival: A Musical Celebration of Robbie Robertson', along with Eric Clapton, Mavis Staples, and Van Morrison.

Staats was interviewed for the accompanying documentary, directed by Martin Scorsese.

Other recent performances include the Juno Awards, Massey Hall, Mariposa Folk Festival, Calgary Stampede, CBC Music Festival and the Canadian National Exhibition.

Staats performs at Bayfield Town Hall on Saturday, November 7 at 7 p.m.

Tickets are available at bayfieldtownhall.com

The Bayfield Town Hall Fall Concert Series acknowledges funding support from the Ontario Arts Council and the Government of Ontario. These concerts are sponsored by 1851 Bayfield Landing.



Kunlé will perform in Bayfield on October 3.

(CONTRIBUTED PHOTO)

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journalism, one community
at a time!

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CORRECTIONS:
Due to an error in publication in the Sept. 17 issue, the profile piece for a Goderich Council candidate stated that Charles Oliver was responsible for a budget of \$1 million while in charge of North American distribution for Labatts. In correction, Mr. Oliver was responsible for a budget of \$1 billion while in this role.
Due to an error in publication in the Sept. 17 issue, the Goderich Sun selected a headshot that was on file, as the headshot for candidate Trevor Bazinet. The photo in the Sept. 17 issue was chosen by Goderich Sun staff and was not submitted by Mr. Bazinet. According to campaign rules, the chosen file photo from last issue is not allowed to be used by candidates for campaign material.
Due to limitations in space for copy within the Oct. 1 paper, these errors have been corrected online.

 **Goderich Sun**

Guiding Principles

1. Everyone has a story

2. The news should be free for all to enjoy

3. Good news beats bad news

4. A Newspaper should be a community effort (contribute to your local paper!)

5. Newspapers document history

6. Newspapers strengthen communities

7. Advertisers, big or small, should profit from their ads (meaning sensible ad rates)

8. Newspapers should be locally-owned and operated

Huron Marine and Economic Forum returns to Goderich in October

KATHLEEN SMITH

Editor

Bringing leaders from across Ontario's marine, transportation, energy, agriculture, trade and economic development sectors to Goderich, the Huron Marine and Economic Forum focuses on the connections between Great Lakes shipping and the inland economy.

Hosted by the Huron Chamber of Commerce, in partnership with Goderich Port Management Corporation, this is the second annual forum.

This year's theme 'Beyond the Breakwall: Connecting inland economic growth to global trade throughout the Great Lakes' will broaden the conversation to examine infrastructure industries and communities connected to the Great Lakes transportation system.

According to Colin Carmichael, Executive Director of the Huron Chamber of Commerce, this year's forum aims to demonstrate that the marine economy doesn't stop at the shoreline.

"What happens at our ports is directly connected to farms, manufacturers, energy projects, rail and trucking, local employment and our ability to reach markets across Canada and around the

world," explained Carmichael.

"These panels bring together people who can speak to those connections from very different parts of the system."

Carmichael confirms there will be two moderated panels, the first focuses on infrastructure and corridor capacity and the second, on economic impact and market access.

The first panel will examine the infrastructure required to move more and different kinds of cargo through the Great Lakes and St. Lawrence system.

Discussion will include port capacity, rail and road connections, containerisation, border and customs considerations, corridor utilisation and the consequences of infrastructure constraints.

Steve Salmons, Windsor Port Authority, will moderate a panel featuring Captain Satinder Singh Toronto Port Authority, Neil Johnson, GIO Rail, John Grech, Pictor Terminals and Jason Card, Chamber of Marine Commerce.

This panel aims to bring together perspectives at a time when governments and businesses are increasingly focused on strengthening Canadian trade corridors and diversifying markets.

The second panel will examine how marine infrastructure supports econom-

ic development across agriculture, food processing, energy, manufacturing, logistics and other sectors.

Dave Shorey, Georgian College will moderate the panel featuring Chad Richards, Bruce Power, Darryl Markle, Parrish and Heimbecker, Chris Watson, Huron County Economic Development and Ashley Kalyn, Peacock Tariff Consulting.

Discussion will explore supply-chain resilience, investment, export opportunities and the role transportation infrastructure play in connecting regional businesses and producers with domestic and international markets.

This mix of speakers reflects the broader role marine transportation plays in Ontario's economy, according to Frank Hurkmans, President of Goderich Port Management Corporation (GPMC).

"The Port of Goderich is an important piece of infrastructure for this region, but it operates as part of a much larger system," said Hurkmans.

"Rail, roads, ports, agriculture, energy and industry all depend on one another. Bringing these voices together gives us an opportunity to look at where the system is working well, where the constraints are and what we need to do to

position this region and Ontario for future growth."

According to Carmichael, this forum will also include a discussion with provincial government representatives, including Ontario cabinet Trevor Jones.

As Canadian businesses continue to navigate a changing North American trade environment and renewed attention is being placed on domestic supply chains, this conversation is particularly timely.

"Trade has become a much more immediate issue for businesses over the past year," added Carmichael.

"We have one of the most efficient transportation systems in the world sitting on our doorstep. There is a real opportunity to think more strategically about how we use it, not just for the traditional marine economy, but as an economic development asset for communities and businesses throughout the region."

Details on the forum and on registration for the forum are available at <https://huronchamber.ca/>

The Huron Marine and Economic Forum is on Thursday, October 15 at the Goderich Columbus Convention Centre from 9 a.m. until 2 p.m.



Building Your Council Team Elect Charles Oliver

CANDIDATE FOR GODERICH TOWN COUNCIL

This October, you have an opportunity to build a team of people who will help to guide our Town over the next four years. Members of this team will have different strengths and skillsets to bring to the table. In my opinion, **this is a good thing**. The work of Council is complex and having a team made up of different backgrounds and perspectives provides us the opportunity for well rounded conversation and decision making. **This is democracy at work and I am here for it!**

Would you like to see me on the team?

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Authorized by Charles Oliver

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Online education sessions hosted by Alzheimer Society Huron Perth

GODERICH SUN STAFF

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Offering educational sessions to learn more about brain health and living with dementia, Alzheimer Society Huron Perth hosts educational programs this autumn.

Participants can explore important topics through the free and accessible Education Hour programs.

The **Dementia Basics Series** returns on October 5, with both afternoon and evening options available.

Each one-hour session addresses common questions about brain health and cognitive change.

Topics include Dementia Overview, 10 Early Signs of Dementia, Types of Dementia, Mild Cognitive Impairment, Communication Tips, and more. Register today at www.bit.ly/ASHPEducationHour.

There will also be an **Annual Fall Dementia Education Night on Thursday, November 5** at 7 p.m. featuring **Dr. Heather Keller**, professor, and Schlegel Research Chair at the University of Water-

loo. Dr. Keller will join in to discuss *Diet and Brain Health: How We Should Eat as We Age*.

This free event offers valuable insights into the ever-expanding topic of aging and brain health. Reserve your spot today at www.bit.ly/Dementia-Night2026. Stay tuned for more details.

Alzheimer Society Huron Perth is also bringing its in-person education program to Grand Bend Area Community Health Centre.

On October 6 at 1:30 p.m., the topic to be

discussed is brain health.

On Mondays at 1 p.m., starting on November 23, there will be meetings for three weeks to cover important topics: Dementia Overview, Mild Cognitive Impairment, and Brain Changes.

To register for the in-person Grand Bend sessions, contact Kate at kmason@gbchc.com.

For more information and registration links, visit the **Education Hour** banner on the website: www.alzheimer.ca/huronperth.

Gateway celebrates local caregivers at recognition event

LILY RIDEOUT

Sun Contributor

Bringing together around 70 community members to celebrate and recognise the dedication of local caregivers, Gateway Centre of Excellence in Rural Health (Gateway CERH) hosted a Caregiver Recognition event.

Twenty-two caregivers were nominated to receive a recognition award and a small gift of appreciation in honour of the time, compassion, and care they provide to others.

The evening allowed caregivers to connect and share their experiences.

Two nominees spoke openly about their own journeys, offering honest and impactful reflections on the complexities that can come from caring for someone they love.

The event was organised by Sophia Buckman, Gateway's Research Assistant. Buckman described the experience as a meaningful opportunity to help caregivers feel seen, appreciated and valued.

"It was incredibly meaningful to create a space where we could celebrate their care

and compassion and remind them that the impact they make deeply matters," said Buckman.

The event is a part of Gateway's SHARP (Skilled Healthcare Attraction and Retention Program), which works to recognise and support the people who contribute to the health and well-being of rural communities.

"Those who give the most, are often the ones who are recognised the least," added Gwen Devereaux, Gateway CERH President and Founder.

This sentiment reflects why Gateway believes recognising caregivers is so important.

In rural area, healthcare professionals are caregivers often go above and beyond, particularly during challenging and uncertain times.

SHARP recognition events provide an opportunity to honour their contributions while creating space for connection among people who share similar experiences.

Learn more on the Gateway CERH website: www.gatewayruralhealth.ca

Lily Rideout is the Marketing and Ad-



(CONTRIBUTED PHOTO)

Debbie Robertson, a nominated caregiver (right), with Madi Caardno, Research Assistant.

ministration Coordinator at Gateway

Free community Turkey Burner workout comes to Goderich in support of local food bank

KATHLEEN SMITH

Editor

A free, beginner-friendly outdoor fitness event is coming back to Goderich at Courthouse Square on Thanksgiving weekend.

Goderich Fit Body Boot Camp (FBBC) is bringing the community together for its annual Turkey Burner Workout on Saturday, October 10.

Open to the public and to all fitness levels, the Turkey Burner Workout will feature a fun, high-energy 30-minute group workout led by certified Fit Body coaches.

Participants are encouraged to bring non-perishable food items to donate to the local food bank.

No registration or previous fitness experience is required.

"Our mission is to create a welcoming space, where people can take a step to-

ward better health," said Melissa Wormington, COO of Goderich FBBC.

"This event is a great opportunity to experience what Fit Body is all about – movement, connection and giving back to the community."

Locally owned by Nadine VandenHeuvel, FBBC has been serving the Goderich (and Kincardine) communities since 2011.

Over the past 15 years, the team has helped clients lose more than 18,000 pounds of body fat and donated over \$500,000 to local charities and community initiatives.

Turkey Burner Workout begins at 9 a.m. on Saturday, October 10 at Courthouse Square in Goderich.

For more information check out FBBC's social media pages on Instagram (@fitbody_goderich) and Facebook (Goderich Fit Body Boot Camp).



(CONTRIBUTED PHOTO)

Participants from last year's Turkey Burner Workout at Courthouse Square. This year the event returns on Saturday, October 10 at 9 a.m.

ACW Council Candidate: Dan Hayden

KATHLEEN SMITH

Editor

Born and raised in the Ashfield-Colborne-Wawanosh (ACW) community, Dan Hayden and his wife Bridget own and operate farm equipment to plant, care for and harvest grain crops.

Located not far from Port Albert, Hayden has had careers and experiences on off-farm employment positions.

Hayden has worked as a field technician, assisting with natural gas wells and pipeline maintenance within ACW.

Hayden worked for Vestas as a wind turbine technician, eventually becoming Lead Technician for Eastern Canada.

As a Kingsbridge Wind Farm Operations Manager, Hayden worked for EP-COR/Capital Power, and he's helped keep Highway 21 clear of snow, operating a snowplough between Goderich and Amherley.

In the upcoming municipal election, Hayden seeks to earn a seat on the ACW

Council for the first time.

Hayden says he's recognised that many community leaders and role models who helped shape the community, are slowly stepping away.

"I feel it's important that we continue to have people step forward, listen to our community, and help provide that leadership for the next generation," said Hayden.

Over the years, Hayden has endeavoured to be involved in the community in various roles. This includes the Dunganon SuperPull Committee, Huron County Grain Farmers of Ontario Delegate and Treasurer, Dunganon Agricultural Society, Member of the ACW Agricultural Property Standards Working Group, and a cabinet member of the Magnetic Moments Campaign.

Hayden believes his life experiences and community involvement have given him the opportunity to understand many different aspects of the community.

"I feel this will help me connect with and listen to our residents, our agricultural

community, and our Amish neighbours," Hayden explained.

While he understands there is much to learn, if elected to council, he brings a wealth of knowledge regarding infrastructure, agriculture, and municipal issues.

"I don't have a personal agenda, but I am most concerned with looking ahead, maintaining a strong municipality, improving community cohesiveness and being transparent," added Hayden.

When it comes to high-priority issues ACW is facing, Hayden believes it comes down to infrastructure (roads and bridges), protecting drinking water, protecting conservation authorities, and focusing on new development.

"Growth needs to be managed responsibly while considering the impact on existing residents, infrastructure, agriculture and our environment," said Hayden.

While ACW is made up of a diverse demographic, Hayden believes he could use his position on council to help the different communities better understand each

other's points of view.

If elected, Hayden would measure success by looking at whether ACW Council is maintaining the budget and infrastructure, managing growth responsibly, protecting the things that make ACW a great place to live and work, and listening to its residents.

Although Hayden says he doesn't have all the answers, he stresses he is running because he cares about the community that he's lived and worked in for his entire life.

"I want to help make sure ACW remains a great place to live, work, raise a family and operate a business or farm," remarked Hayden.

"I would be honoured to have the opportunity to serve our community as your Municipal Councillor."

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

ACW Council Candidate: David Errington

KATHLEEN SMITH

Editor

Having lived in ACW his entire life, David Errington is seeking a position on the ACW Council.

With previous councillor experience, serving in West Wawanosh from 1988 until 1992, Errington feels that while all candidates running in this election for ACW have positive qualities, he can bring management, listening skills, problem solving and leadership skills to assist this council.

If elected, Errington would like to improve communication, build a task force to investigate how ACW can bring jobs

to the area, and discuss how to improve roads and infrastructure.

Errington would like to see more appropriate times set for council meetings, so others could actively participate in municipal proceedings. Errington would also like to bring back the ward system.

Errington believes listening to the taxpayers concerns and bringing them forward in a constructive manner is a top priority for ACW Council.

Following secondary school, Errington began farming full-time, swine and crop. He left farming to work in management positions in Goderich and Hanover, and Errington and his wife have raised their

family in ACW.

Errington has actively coached hockey for over 30 years both within this area as well as Alliance and Junior C levels. He also scouted for area Junior B teams, as well as the head coach of a women's fast-ball team for over 10 years.

"As a coach, I've seen the benefits of team play and as a team player I will work with others to produce the best possible outcomes for ACW," Errington stated.

He also sat on the Lucknow Hockey Board for several years and is currently on the Dunganon Agricultural Society Board.

Errington values the taxpayers. He

would like to maintain a fair tax base for citizens in ACW and encourage more open communication between council and residents.

Lastly, Errington feels that municipal politicians are in a unique position.

"Unlike politicians at other levels, councillors in municipalities are accessible on a daily basis, and for that reason, personally responsible to those who vote for them," remarked Errington.

"Please get out and vote."

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

ACW Council Candidate: Glen McNeil

KATHLEEN SMITH

Editor

Born, raised and having lived in ACW his entire life, Glen McNeil says he is running to be part of ACW Council to continue to give back to the community.

McNeil has served two terms as ACW Mayor, two terms as Huron County Warden, and two terms as Chair of the Western Ontario Wardens Caucus. This election, McNeil is seeking a seat as a councillor.

"I offer my experience and knowledge to the ACW Council, on behalf of our residents in directing and protect the interests of all residents in our municipality," said McNeil.

Over the years, McNeil has remained active in the community. He has been president of the Huron County 4-H Club Leaders Association, Huron County Ju-

nior Farmers, Huron County Holstein Club, Holstein Ontario and Holstein Canada.

McNeil has also volunteered as a board member and chair of the Board of Directors of AMGH and the Huron Health Systems.

McNeil believes constituents should vote for him for a collaborative approach in providing progressive, proactive and visionary leadership in setting policy and direction in the best interests of ACW and its residents.

If elected to council, McNeil believes there are three priorities to focus on.

One is to continue to make proactive decisions and setting policy and direction in the best interests of all residents of ACW, from youth to seniors.

Another priority is the growth seen in ACW as being very positive for the mu-

nicipality and its residents, especially for youth, who will be the leaders of tomorrow. He says the recreation facilities, playgrounds and community spaces are a priority.

A third priority is recognising the diversity of ACW as a strength. The Amish communities, the fertile soil for agriculture and residential communities are a strength for McNeil.

"I want balanced, responsible representation and decision making for all residents of ACW for today, tomorrow and future generations," McNeil stated.

If elected, McNeil vows to make proactive decisions to move ACW forward for future generations.

This includes being proactive on important issues like bringing an MRI machine to the area.

McNeil says he intends to make a fi-

nancial contribution to the MRI Magnetic Moments Campaign rather than purchasing lawn signs, and he believes this contribution of his will have a greater benefit for the community.

"Success is achieved by consistently making good decisions on behalf of our municipality and our residents. Progress is a marathon, not a sprint," McNeil explained.

"With your continued support I look forward to contributing my experience and knowledge with all of council in making proactive decisions in the best interests of ACW and all our residents."

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

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ACW Council Candidate: Gord Leamen

KATHLEEN SMITH

Editor

A landowner in ACW for over 50 years and a resident for 48 years, Gord Leamen is seeking a position on ACW Council.

Leamen owned and operated a successful carpentry business for over 40 years, and along with his wife, raised two children in ACW over their time in the community.

“I believe in listening to people, understanding their concerns and working collaboratively to find practical solutions,” said Leamen.

“I want to help ensure our township continues to be a place where families feel proud to live, businesses can thrive and residents have confidence in the decisions being made on their behalf.”

Leamen adds that he is running because he is willing to work hard and believes he can make a positive contribution to the community.

With no previous political experience, Leamen views that as a major asset.

“I’m coming into this role with a clear mind and a focus on practical solutions,” said Leamen.

Leamen says the experience of owning a business allowed him to gain valuable knowledge in managing finances, making difficult decisions, listening to people and understanding the importance of hard work, accountability and responsible planning.

“At this stage in my life, I have had the opportunity to experience many different perspectives and understand the challeng-

es and priorities of people at different stages of life,” explained Leamen.

Leamen hopes to bring his knowledge and experience to allow for good leadership and find practical solutions to issues within the community.

If elected, Leamen says he will be a strong voice for ACW and make decisions with best interests of ACW residents.

A top priority issue for Leamen is protecting the local agricultural economy and ensuring farmers have the policy support, resources and independence needed to thrive and feed the community.

Other priority issues to focus on include gravel pit boundaries and expansions, keeping the books balanced, keeping taxes as low as possible, and maintain services residents rely on.

Leamen says his vision for the community is built on practical, open and honest financial management.

“I intend to use my position on council to ensure every taxpayer feels heard and respected,” said Leamen.

For Leamen that means actively listening to concerns from all perspectives to make fair decisions that balance community needs.

“I am committed to listening, staying informed, and understanding the issues that matter to our community,” remarked Leamen.

“I would appreciate your vote.”

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

ACW Council Candidate: Ken Zelazny

KATHLEEN SMITH

Editor

Having spent more than 25 years in business leadership, coaching, and executive development, Ken Zelazny is running for a position on ACW Council.

The CEO of Z2K Business Solutions Inc. and a Certified Executive and Master Business Coach, Zelazny’s educational background includes a Bachelor of Science in Electronics Engineering Technology from DeVry University. He also has an education with advanced professional development in Operations Management and certification as an Advanced Technology Manager through the Richard Ivey School of Business at Western University.

Zelazny has also completed Leadership Development through the Niagara Institute and Financial Accounting Management at McMaster University.

In addition, he is a Certified Business Coach and Certified Executive Coach through the International Business Coaching Institute.

Throughout his career, he held senior leadership positions with Com Dev International, L3 Communications WESCAM and ActionCOACH International, including serving as COO of the ActionCOACH Global OAice and CEO of ActionCOACH Corporate Firms.

He also worked internationally, including establishing and managing a high-technology manufacturing operation in Xi’an, China.

“These experiences have provided me with extensive expertise in leadership,

strategic planning, operations, economic development, problem-solving and working with people from diverse backgrounds and cultures,” said Zelazny.

Zelazny has been actively involved in community organizations and has served as chair on multiple Boards of Directors, including a few Chambers of Commerce, as well as Past Chair of the Cambridge Memorial Hospital Foundation.

With a wealth of experience and education, Zelazny says he is running for council because he believes he can make a meaningful contribution to ACW.

“Having grown up in a small-town environment, I understand the importance of strong communities where people know, support and look out for one another,” explained Zelazny.

Throughout his career, Zelazny has helped businesses and organizations solve problems, make sound decisions, manage change and plan.

“We need to manage growth responsibly, maintain and improve our infrastructure and services, support local businesses and agriculture, protect the character of our communities and make responsible financial decisions,” stated Zelazny.

He says he wants to bring his experience, energy and practical approach to council while listening to residents and working collaboratively with council, staff, businesses, organisations and the community.

“My goal is to help make ACW an even better place to live, work, raise a family and do business — not just for today, but for the generations that follow,” furthered Zelazny.

Without any previous political experience, this would be his first time serving if elected.

“I am bringing a fresh perspective, practical experience, and a genuine desire to serve the residents of ACW,” added Zelazny.

Throughout the years, Zelazny has been involved in the community largely centred around leadership, business, economic development and helping organisations and individuals succeed.

He currently serves as chair of the Huron Chamber of Commerce Board of Directors. Through this role, Zelazny has had the opportunity to work with local businesses, community organisations and municipal leaders on issues impacting the area.

“Throughout my career, I have also spent many years coaching and mentoring business owners and leaders. I have helped people navigate challenges, develop their leadership skills, grow their businesses and create new opportunities,” explained Zelazny.

Since making ACW his community, Zelazny became increasingly involved in local issues and activities and has developed an even greater appreciation for what makes this area special.

“Community involvement is about being present, listening to people, understanding their concerns and being willing to step up when something needs to get done,” added Zelazny.

“That is the kind of community involvement I want to continue through public service — being accessible, listening to

residents and working together to make ACW an even stronger community.”

If elected, Zelazny says he will represent all residents of ACW and approach the role with integrity, respect and a commitment to getting results.

Zelazny would like to focus on infrastructure and responsible growth, economic development and supporting local businesses, and housing and affordability.

“We need growth that provides opportunities without creating an unreasonable financial burden for existing taxpayers,” Zelazny said.

At the end of four years, Zelazny would like residents to be able to look back and say that council made measurable progress on infrastructure, responsible growth, economic development and housing while maintaining sound financial management.

For Zelazny, success isn’t about how many motions he puts forward. It’s about whether the municipality is better positioned for the next generation than it was when council started.

“If elected, I will work hard to represent all ACW, not just the people who voted for me,” remarked Zelazny.

“I will bring an independent voice, a practical approach and a commitment to listening, working collaboratively and doing what I believe is right for the municipality and its residents.”

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

ACW Council Candidate: Paul Bollinger

KATHLEEN SMITH

Editor

With an interest in politics his whole life, and experience in municipal politics from last term, Paul Bollinger is seeking another term on ACW Council in the upcoming election.

Bollinger moved here from Switzerland in 1987 with his wife and their four

children and has worked as a registered Forester. With agriculture schooling, Bollinger and his wife have farmed since they moved to ACW.

If elected and chosen to serve on ACW Council for another term, Bollinger vows he will try to keep property taxes the same rate for four years.

“I want to bring fairness to all people, and bring in the evening meetings again,”

he added.

“As well as keeping the budget down and freeze the salaries.”

Top priorities for Bollinger include ensuring ACW’s infrastructure remains safe, while nurturing prosperous growth of the community, and listening to the concerns of taxpayers, while offering practical solutions.

Bollinger would also like to see people

start to attend the council meetings more often. He wants council to be more accessible, so residents can get involved and have a say at meetings, while letting the council hear your voice.

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

ACW Council Candidate: MacKenzie Deuschle

KATHLEEN SMITH

Editor

A life-long resident of ACW, who operates a poultry farm with her husband and has a career for the past 17 years as a Registered Practical Nurse (RPN), MacKenzie Deuschle is proud to be running for a position on ACW council.

Deuschle says she loves this area and believes she can make a positive difference.

"I am open-minded and excited to learn more about municipal politics, if given the chance," explained Deuschle.

"Living here my entire life has given me a unique lived experience, while I believe is valuable."

With no previous political experience, Deuschle sees this fact as a benefit, coming to council with a clean slate and no preconceived ideas or notions.

In addition to working at the local hospital, Deuschle has been involved in the community in other ways.

For years, she's been involved in Ben-

millers Baseball, and has coached teams and has been involved with the ball league committee. She's also been a member of the Goderich Ladies Auxiliary at Branch 109 for over a decade and sits on Brookside Public School's Council.

Deuschle spearheaded the fundraising efforts for a new playground at the Benmiller Community Hall and ball diamonds, raising over \$80,000 in six months.

More generally, you'll find Deuschle volunteering at local events whenever she can.

"That's just who I am — I'm always willing to lend a helping hand and do my part to carry on the traditions and events that make ACW such a wonderful community," Deuschle added.

Deuschle believes ACW Council needs people from different areas, backgrounds and life experiences and her career as a nurse and where she is in her life allow her to bring a well-rounded perspective.

If elected, one of the first things Deuschle

would like to see brought back to the table is the timing of council meetings. Residents have voiced for years that day-time meetings make it difficult for working people, families and others to attend and participate in their local government.

Priority issues for Deuschle include accessibility, increased engagement and involvement of residents and water quality.

For Deuschle, accessibility is about more than just physical accessibility. She believes council needs to look at voting methods.

"Our Amish community has voiced that paper voting is their preferred method, and I believe we need to listen to that," stated Deuschle.

For Deuschle, this isn't about replacing the current options, but rather about providing options so that everyone has a meaningful opportunity to participate comfortably and confidently.

With values of honesty, transparency and following through, Deuschle says

her vision of ACW is to continue to be a community where generations continue to come back to visit or eventually retire.

If elected, Deuschle hopes to see a township that is more accessible, more engaged with its residents and more proactive in addressing the needs of all the communities in the area.

Deuschle believes success in a term on council is measured by whether residents can see or feel a difference.

"At the end of four years, I want residents to be able to say I listened, communicated well, followed through, and made practical decisions that moved our township forward," Deuschle remarked.

"I'm excited about the future of our community. I want to make a difference, and if you give me the opportunity to do that, I will give this role everything I have."

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

ACW Mayor Candidate: Ben Van Egmond

KATHLEEN SMITH

Editor

Running for Mayor of ACW, Ben Van Egmond believes it is time for a new, fairer, and more open approach to local government in ACW Township.

Based on his own experiences and conversations within the township, Van Egmond believes many residents are ready for meaningful change.

"We have an opportunity to bring forward new ideas, new perspectives, and a new vision for the future of ACW. I believe local government works best when it is open, accountable, responsive, and focused on the needs of the people it serves," remarked Van Egmond.

Van Egmond believes the challenges the area is facing, require council to be willing to explore new ideas and carve a new path forward.

If elected, his priority would be to focus on the core responsibility of local government

Bringing 20 years of experience working in highway engineering, infrastructure and asset management, throughout his career Van Egmond has worked with engineering firms, contractors and public-sector organisations on infrastructure

planning, evaluation, maintenance and contract administration.

He says his education in engineering technology, combined with his professional experience has given him the opportunity to work with communities across North America, including municipal, provincial, state and First Nations governments.

"I want to apply my knowledge, practical experience, and commitment to responsible decision-making to help build a stronger, more open, and more sustainable future for our community," Van Egmond said.

If elected, he wants to serve with transparency and recognises that many others have a deeper connection to the community, as he does not live full-time in ACW. Despite that, his connection to ACW began in 2017 when he purchased property.

Van Egmond says it did not take him long to understand what makes the ACW community special.

Community involvement is important to Van Egmond as well, who does his best to volunteer whenever he can and is a registered member of Lions Club International.

While he has not previously held any political position in the past, Van Egmond brings nearly 20 years of experience working in public infrastructure, trans-

portation and asset management with the Provincial Highways.

Van Egmond says his work requires him to evaluate infrastructure conditions, identify maintenance and rehabilitation needs, analyse technical information and develop practice recommendations to support long-term planning and investment decisions.

If elected, Van Egmond believes council should tackle a few priority issues. That includes a smarter approach to building and development, continue to provide reliable delivery of core services, and review and improve controversial municipal by-laws.

Van Egmond recognises that running for mayor is a significant step, particularly as someone who has not previously held elected office.

As mayor, Van Egmond says he would aim to lead by being accessible, approachable, and prepared to listen.

"I believe strong leadership is not about having all the answers or exercising authority for its own sake," added Van Egmond.

"It is about listening carefully, asking the right questions, bringing people together, and helping move the community toward practical solutions."

Van Egmond says he is not running to make promises that he cannot guarantee or commitments without first understanding the full situation facing the township.

If elected, Van Egmond will need to carefully review the township's financial position, existing commitments, infrastructure needs, and the challenges inherited from the previous council before making decisions about the future.

"I believe residents deserve honesty rather than unrealistic promises," stated Van Egmond.

"What I can commit to is bringing a practical approach, a willingness to listen, and a determination to look for new and innovative ways to address the challenges facing ACW Township. My goal is to help build a more open, responsive, and forward-thinking local government—one that manages public resources responsibly, delivers reliable services, and plans for sustainable growth."

Van Egmond's tagline for his campaign has been short but direct: If you change nothing, nothing changes.

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

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ACW Council Candidate: Peggy Ducharme

KATHLEEN SMITH

Editor

A dedicated ACW resident with extensive experience within the municipal realm, Peggy Ducharme is seeking a position on ACW Council.

With experience in economic development, strategic planning, project and financial management, business support and community engagement, Ducharme is keen to be involved.

"I am running because I believe I have skills that will be beneficial to the job and the township, and to bring a voice for an area of ACW that is currently not represented," said Ducharme.

"Without a ward system, not all sections of ACW are ensured representation."

In addition to the many community and municipal boards Ducharme served on, she worked on multi-million-dollar municipal capital infrastructure projects.

Ducharme participated in a successful Ontario Municipal Board appeal and in the development of municipal Official Plans and amendments and has worked extensively with reviewing zoning and planning applications and bylaws.

Now retired, Ducharme says she has the time to contribute to ACW Council.

As the former Executive Director of a major Business Improvement Area (BIA), a local board of the municipality, in downtown Ottawa, Ducharme worked within a political environment throughout her career.

In addition to her extensive experience, since moving to ACW and The Bluffs four years ago, Ducharme has helped form The Bluffs at Huron Community Association, and assisted in numerous social events raising thousands of dollars for The Bluffs community.

In the winter of 2025, Ducharme organised a petition that successfully opened 900 metres of Highway 21 from Blyth Road to the entrance of The Bluffs at West Coast Way during winter road closures. The road is now open so that residents can lawfully return home during a winter highway closure.

"I understand the functioning of the municipal system to hit the ground. I don't come with a history of entrenched opinions or long-standing biases," stated Ducharme.

"I intend to look at this township as it

is, its pluses and minuses, work with my fellow councillors and do what is right for the entire ACW community."

If elected, Ducharme would like to put an item on the agenda and revisit the cancellation of the Huron County Clean Water Project, while seeking options for supporting water-quality and stewardship work in ACW.

Top priority issues for Ducharme include taxation and spending, roads and sidewalks and water protection.

Building on the township's history, Ducharme's vision for ACW is centred on creating a balanced environment where growth and essential services go together with fiscal responsibility.

"I see great opportunity for ACW, and a need to embrace this opportunity, as other levels of government are creating programs and making decisions that could eventually affect ACW," Ducharme added.

Based on responses from the poll Ducharme conducted, she will also aim to champion discussion on the following projects of importance submitted by residents: To advance ACW's Parks and Recreation Strategic Plan for an Active Transporta-

tion corridor (pedestrian/cycling) along hwy. #21 between the G2G trail (at MTO Road/Airport) and Point Farms Provincial Park (and Goderich Sunset Golf Club) and improve Internet Service/Connection.

Ducharme offers a clean slate and a new, clear perspective to make practical decisions on what is best for everyone in ACW.

Knowledgeable in understanding planning, transportation, zoning and by-law documents, Ducharme says she also has strong project and financial management experience with million-dollar budgets.

"I am here to represent you – not myself, not developers," remarked Ducharme.

"We are a township with active farms, cottage owners, businesses, retirement communities and a bevy of villages and hamlets from Auburn to Zion Beach. Every part of this township, including along the lakeshore, deserves fair, balanced, responsive and accessible representation on council – this is my pledge. Every sector of the township deserves fair and equal representation."

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

ACW Council Candidate: Tony McQuail

KATHLEEN SMITH

Editor

Having lived in ACW since he was 18 years old, Tony McQuail came to Canada as a war resister to the Vietnam War.

Today, McQuail is running for a position on ACW Council.

McQuail is running to be a member of council to ensure that choices made locally help the community preserve the thing they value in a fair and equitable way.

"It is not about my vision – it needs to be our vision – a shared vision developed as a community," said McQuail.

"We live in an ecologically and socially rich and diverse community. We need to ensure that we protect and preserve the natural beauty and richness of our land and waters while we use them for our livelihoods."

Over the years McQuail has served as the Huron County Board of Education

trustee for three terms for Ashfield and West Wawanosh townships in the 1980s.

He also served as the Executive Assistant to the Ontario Minister of Agriculture, Food and Rural Affairs in the early 1990s, as well as running in both federal and provincial elections over the years.

Over the years McQuail has been a 4H leader, youth soccer coach, served on the Huron Federation of Agriculture and the National Farmers Union Huron Local and active in HAWK theatre.

He's currently on the board of North Huron Publishing, treasurer of the National Farmers Union Huron Local and active with the Growing Rural Environmental Action Network.

It's these experiences, coupled with his experience as a Holistic Management Certified Educator, that will be an asset to his role as a councillor.

McQuail believes that at its best, democracy helps find collective wisdom, and to

do that, he wants everyone to listen to each other around the council table and with constituents.

If elected, McQuail would like to make council meetings more accessible, by bringing back the evening sessions to ensure people have an opportunity to share their voice and ideas.

McQuail's top three priorities include returning to evening council meetings, examining the value of returning to a ward system for better representation, and examining proposals for development and growth to ensure they support values of rural communities and enhance the ecological health of the lands and waters.

With values in stewardship, integrity, community, equality, simplicity and peace, McQuail believes in nurturing a community and strengthening areas of resilience for both natural and economic issues.

McQuail is hopeful that ACW Council

can strengthen the involvement and participation of residents in the work, and in the decision-making, throughout the term and not just at election time.

Having lived in ACW for over 53 years McQuail says he knows the area is diverse with farmers, cottagers, villagers, rural residents, small businesses and the old order Amish.

McQuail stresses the need for everyone contributing to discussions as a municipality, so the decisions made work well for the diverse community of ACW.

During his campaign, McQuail did not put up signs but instead made a donation to the Huron-Perth United Way with the money saved.

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

ACW Council Candidate: Patti Wilkins

KATHLEEN SMITH

Editor

Patti Wilkins has been an ACW resident, small business owner, journeyman, and active hobby farmer for almost 20 years.

Wilkins is running for councillor for the second time.

Grateful for those who voted for her last election, Wilkins vows to continue to listen to the needs of ACW's citizens, while remaining honest, accessible and transparent.

Over the years Wilkins has volunteered with many organisations including Huron Hospice, IODE Goderich, The Look Good Feel Better Program, Crime Stoppers, Hu-

ron County Poultry Club, as well as the Auburn and Goderich Horticultural Society.

Wilkins work as a hairstylist for over 40 years has given her the time to develop her listening skills, building trust and having open and honest dialogue with residents.

Wilkins believes that lived experience of public service sets her apart from the other candidates.

"All the candidates are to be commended, and I wish them well, as it is never easy to put yourself in the public eye," Wilkins reflected.

If elected Wilkins would like the first meeting to be held in a building, perhaps the Dunganon Community Centre, where many citizens can attend and see

their elected officials be sworn in.

Wilkins believes there are three top priorities when it comes to serving the people of ACW. That includes focusing on safe drinking water, aggregate issues and agricultural preservation.

Safe drinking water is essential to everyone and with a population of over 7,000, and ACW township managing six communities within ACW, and with the Bluffs of Huron as well having issues, Wilkins believes it may be time to rethink the status quo.

In addition, ACW has over 50 licenses and the past council even wanted to open more.

"I feel strongly opposed to opening more or even providing more licenses to

the ones we already have," Wilkins stated.

Another priority issue is agricultural preservation. Wilkins explains that this area has some of the best soil for farming, and it needs to be protected.

If elected, Wilkins says it will be an honour to work hard for all the citizens and in four years she hopes to work alongside the new council and focus on issues that are unresolved, create an exceptional Growth & Servicing Master Plan and continue to move this municipality toward citizen's feeling well represented.

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

ACW Mayor Candidate: Evan Hickey

KATHLEEN SMITH

Editor

ACW is home for Evan Hickey, and with deep family roots in the area, he wants to make sure it remains a great place to live, work, raise a family and build a future.

Hickey is seeking the role of mayor on ACW Council.

A proud graduate of the Ontario Agriculture College, Hickey is also a third-generation farmer. Combined with Hickey's parents, the family farms 400 acres of land on Nile Road.

Currently, Hickey works for Flynn Farms in Clinton as a truck driver but says he is running for mayor because he believes he can build on what he's learned during four years on ACW Council this past term.

"I want to provide strong, accountable leadership for ACW," said Hickey.

"I want residents to feel heard, decisions to be transparent, and our municipality to plan responsibly for the future, while protecting what makes ACW special."

During his time on council these past four years, Hickey gained firsthand experience with municipal budgets, taxation, infrastructure, planning, development and many other issues that come before council. He also represented ACW on the Maitland Valley Conservation Authority Board, where he serves as Second Vice-President.

Apart from political experience, Hickey has also ensured he is involved in the community. This includes the Dungannon Community Alliance, Economic Development Board, Short-Term Rental Committee and the Maitland Valley Conservation Authority Board.

When it comes to comparing candidates, Hickey says he would leave it to voters to decide.

What he stresses is that he is bringing four years of council experience, strong community involvement and a willingness to listen with the ability to work with people who have different points of view.

"I do my homework, ask questions and make decisions based on what I believe is

best for ACW as a whole," added Hickey.

"I'm asking residents for their vote because I'm prepared to do the work."

Hickey explains he has a proven record of community involvement and will be accountable in his endeavour to work hard representing all residents of ACW.

If elected as mayor, Hickey's priority item for the agenda would be to work with the new council. Hickey would like to see council carefully look at finances, infrastructure needs and growth pressures to establish a realistic plan.

Hickey believes responsible growth and infrastructure, fiscal responsibility and strong communities and economic development are top priorities for the ACW Township.

While ACW is growing, Hickey believes council needs to ensure roads and services can support that growth, while maintaining the character of the area that makes people want to live and invest in ACW.

Hickey values accountability, respect, fairness and community and his vision for

ACW is a township that grows responsibly, supports its residents and businesses, protects its rural and natural character and remains financially sustainable.

"As mayor, I want people to know they can approach me, ask questions and be heard—even when we disagree," Hickey explained.

At the end of the next four years, Hickey wants ACW to be financially strong, better prepared for future infrastructure needs, supportive of responsible development and a municipality where residents feel informed and heard.

"I'm proud to have served you on ACW Council for the past four years, and I'm asking for the opportunity to continue that service as mayor," remarked Hickey.

"I will listen, do my homework, be accountable and work hard for the entire municipality."

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

Central Huron East Ward Candidate: Adam Robinson

KATHLEEN SMITH

Editor

Having served as a West Ward councillor, Adam Robinson is seeking another term.

Throughout his experience serving on council, Robinson developed an even stronger connection to the community.

With young children of his own, Robinson says he wants to help ensure Central Huron continues to be a progressive, desirable and affordable place to live and raise a family.

"My time on council has given me a much better understanding of how municipal government works, the challenges that come with balancing different community interests, and the importance of making responsible financial decisions," said Robinson.

"It has also taught me that meaningful change takes patience, persistence and a willingness to listen and work with others."

Robinson grew up in Forest and came to

this area in 2008 when he began his career as a paramedic with Huron County.

Now living in Clinton with his wife and their two children, Robinson says his career and family have given him a strong connection to the community, and a real appreciation for the services and people who make it a great place to live.

Over the past few years, Robinson has been involved in minor sports, helping coach both of his children's hockey and baseball teams.

He's also been a member of the Central Huron Fire Department since 2011 and can often be found helping at The Backyard Flower Shop, his wife's business.

Robinson thinks every candidate brings different experiences and strengths to the table, but what he brings is a combination of government experience, municipal experience and the perspective of running a small business with his wife.

When something isn't achieving the results council hoped for, Robinson believes council should be willing to make changes and redirect those dollars toward priorities

where they can have a greater impact, such as recreation, parks and core services.

If elected for another term, Robinson would like to see a strong focus on making sure core services are delivered effectively, from roads and winter maintenance to ensuring the area has adequate recreation, parks and community facilities for residents of all ages.

Robinson believes the three biggest priorities for the next council will be maintaining its existing infrastructure, ensuring council remains financially sustainable, and continues to advocate with higher levels of government for its fair share of funding and to address the impact of downloaded services.

As Central Huron experiences growth, Robinson believes it needs to be managed strategically and with forethought.

"We should welcome responsible growth while protecting one of our community's greatest assets—our agricultural land and rural character," Robinson said.

"Over the next four years, I'd like to see us make better use of the opportunities we

already have. Our 300 acres of waterfront property, the former Bluewater Youth Centre, has the potential to attract investment, create jobs and provide long-term economic benefits for our community."

Robinson would also like to make sure council is setting money aside for playgrounds, parks and recreation facilities, so when something needs to be replaced or updated, the funding is there and council is not starting from scratch.

As the election day draws nearer, Robinson would like to congratulate everyone who has put their name forward.

"Running for council is not an easy decision, and it's not one I take lightly," Robinson remarked.

"I hope we see a strong voter turnout this fall. If elected, I look forward to continuing to listen to and represent the needs of all residents of Central Huron."

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

Central Huron East Ward Candidate: Everett Smith

KATHLEEN SMITH

Editor

A lifelong resident of Central Huron and Stations Technician with Enbridge Gas, Everett is seeking a second term with Central Huron East Ward.

Smith wants to continue working to make Central Huron a great place to live.

"I want to bring a common-sense approach to council, listen to residents, and make responsible decisions that keep Central Huron affordable and moving in the right direction," Smith said.

According to Smith, giving back has always been important.

Smith has been a volunteer firefighter for 20 years, and he coaches hockey and has coached baseball. As a councillor, Smith also served on several committees.

Not afraid to listen, ask questions and speak up when he feels something needs to be addressed, Smith says he tries to look at things with common sense and treat everyone fairly and with respect.

Smith believes he is a strong candidate for council because he is dependable, approachable and he cares deeply about the community.

"I'm not going to promise things I can't deliver, but I will promise to work hard and represent our community to the best of my ability," Smith stated.

If elected, Smith would like to hear from the residents of Central Huron about what matters most to them. He'd also like to work on improving voter turnout, as an involved community is a strong community.

When it comes to top priorities in the

area, Smith believes council needs to focus on keeping taxes affordable, creating more housing opportunities and supporting the Bluewater Youth Centre project.

"I believe we need to be careful with taxpayer dollars while still getting the things our community needs done," said Smith.

Smith says he wants Central Huron to be a place where people can live, work, raise a family, and feel like they belong. He wants to see local businesses and farmers succeed, give young people reasons to stay, and welcome new families to the community.

Most importantly, Smith believes in being honest, fair, respectful, and responsible with the job council members have been given.

Smith would like to see the important

projects in the community move forward, while keeping a close eye on spending and taxes.

A measurement for success for Smith, halfway through the term, is looking at what council has accomplished, how projects are progressing and whether council has been responsible with taxpayers' money.

"I'm proud to call Central Huron home, and I'm proud to have served as your councillor," Smith stated.

"I'll continue to listen, work hard, and represent our community with honesty and common sense. I'd appreciate your vote."

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

ACW Deputy Mayor Candidate: Lauren Rooyakkers

KATHLEEN SMITH

Editor

Born and raised in Goderich, Lauren Rooyakkers (nee MacEwan) seeks a position of ACW Council this coming election.

With previous experience, Rooyakkers is keen to contribute to the growth of ACW.

In 2021, Rooyakkers and her family moved to East Ferris (south of North Bay), and she ran in the 2022 election, where she was appointed Deputy Mayor. She continues to finish her term on council in East Ferris, even though she moved back home.

Rooyakkers moved back to Huron County in 2026 and currently works in Goderich with private practice in counselling.

During this term, Rooyakkers was on the Public Works committee, Planning and Committee of Adjustments, and the Board of Directors for the local library

and the North Bay Mattawa Conservation Authority.

Since moving back to Huron County, Rooyakkers stepped down from East Ferris Deputy Mayor position as she believes the Deputy Mayor should be living in the community.

"I think my experience along with my willingness to learn, research, and ask questions would be valuable to ACW," stated Rooyakkers.

Rooyakkers has been and continues to be involved in the community in a variety of roles, including Secretary of the Northern Ontario Women's Association (2024 until present), Board of Directors of the Wasi Ski Club, Senior Villas East Ferris (2025-2026), Roots of Empathy Instructor (2011-2018), Parent Advisory Committee for Huron Centennial School (2002-2013), Rural Response for Healthy Children – Board of Directors (2009-2013), and Seaforth Children's Cooperative Centre –

Board of Directors (2000-2005, and 2007-2008).

Rooyakkers believes her roots to Huron County and time on council in another municipality offers a unique perspective.

Rooyakkers started her Master of Arts in Counselling Psychology in 2016 when she was 50 years old. She ran for council in a new community where no one knew her, and she got the most votes at 56.

"I have been in uncomfortable situations looking at lake studies, subdivision plans, hydrogeological studies, and I have had to ask a lot of questions to understand what is happening presently and what would be the consequences of a decision," explained Rooyakkers.

Top priority local issues for Rooyakkers includes using the Strategic Plan as a guiding document, focus on economic and community development, and continue to focus on the environment.

Rooyakkers says she values communi-

ty and wants to promote local businesses and protect local resources (parks, trails, childcare, schools) that allows community to come together and helps retain residents.

If elected, in four years, Rooyakkers would like to see what ACW Council could accomplish through respectful dialogue on the issues at hand in an open and transparent manner.

"Council's role is governance. The municipal staff find the funding sources, write the applications, and submit the applications," Rooyakkers said.

"I want council to continue its healthy relationship with the municipal staff - working together so ACW is progressive."

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

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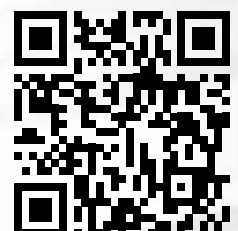
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ACW Council Candidate: Murray Curran

KATHLEEN SMITH

Editor

Having lived in ACW his entire life, Murray Curran is now seeking a position with the ACW Council.

With a strong connection to the community, Curran has owned and operated a cash crop and beef cow farm since 1996.

Curran says he is running for council because he is disappointed in the way the township has been run and is concerned that many non-locals are trying to get in power.

Curran served on ACW Council from 2010 until 2014.

He is currently serving a second nine-year term as a director for the Lucknow district Co-op and has served as a director on a cattle feeder finance coop in previous years.

"I do not think I am set apart from the other candidates, but I do believe my views are more aligned with most of the locals," admitted Curran.

"The constituents should consider voting for me if they want someone who has common sense and no desire to spend money on non-essential wants, over needs."

In spring 2026, Curran and his son opened Huron Shores Marine and Equip-

ment in Goderich and continues to educate himself by taking courses on accounting and finance.

If elected, Curran would like to change when council meetings are held, to allow for more citizens to be a part of proceedings.

Another priority issue for Curran is replacing roads and bridges to create safer transportation.

"My vision is to provide what is needed in the community over what is wanted," Curran stated.

"To achieve this, I intend to concentrate on repairing or replacing aging infrastructure before considering creating new in-

frastructure that will require more funding to maintain."

If elected, Curran's biggest goal is to get one bridge between Dungannon Road and Hawkins Road suitable for farm equipment.

"I am a big believer in saving money," added Curran.

"I will not look at the residents as a cash cow to spend money foolishly. I strongly believe this township does not require a tax increase every year."

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

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Central Huron East Ward Candidate: Jennifer Cox

KATHLEEN SMITH

Editor

Born and raised in Clinton, Jennifer Cox graduated from CHSS and then attended University of Windsor with a BA in Communications.

Cox is now looking for another term on Central Huron's Council.

Cox has worked for AMDSB for over 20 years and is currently an Online Literacy Practitioner with The Learning Hub, Centre for Education and Learning with AMDSB.

Cox says the past four years on council provided her with knowledge and confidence in this role, and has ideas, plans and goals for the municipality.

"I want to implement them and see ex-

isting projects through to completion," said Cox.

"The wheels of municipal progress can move slowly, and four years is not enough time to accomplish everything."

Over the years, Cox has been involved in the community in other ways, apart from her role on council.

Cox has served in or is currently serving in roles for municipal committees including Central Huron BIA, Former Sloman Park Committee, Ball's Bridge Committee, BCH Ice Dogs Minor Hockey, Clinton Co-Op Childcare Board, Rural Response for Healthy Children, AMDSB Parent Involvement Committee, and HPHA Community Council.

If elected, strategic planning, housing and traffic and pedestrian safety are top

priorities for Cox.

She would like to see a plan created that considers how tourism initiatives can be balanced with sustainable improvements on business areas, along with maintenance and improvements. Cox believes this plan should be transparent to the taxpayers and show how goals are being met with timelines and data.

Although housing and healthcare are not municipal mandates, Cox understands that municipal council does have an obligation to advocate to Provincial partners on these issues.

Furthermore, Cox would like to see more community participation in things like municipal surveys for planning and project ideas.

"We have excellent community partners

such as the YMCA, the REACH centre, and the Raceway, as well as our amazing volunteer community service groups," said Cox.

"We need to continue to work with them and consider their perspectives when planning and looking at available Provincial and Federal grants."

Grateful for the last four years on council, Cox is keen for another four years, to continue to earn the trust of residents while helping improve the community in an intentional manner.

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

Central Huron Candidate: Kaushik Patel

KATHLEEN SMITH

Editor

With a bachelor's in commerce and running a small business called Charlie's Variety in Huron County since 2007, Kaushik Patel believes it is time to get involved in

municipal government and is running for a position for Central Huron East Ward.

With the aim of trying to better help the community continue to grow, Patel believes he can offer a different perspective, a different insight into the needs of the community, to make a difference.

Involved in the BIA for almost six years, and at present, a member of the Board of Clinton Public Hospital since 2022, Patel has also volunteered for soccer clubs when his kids were in school and helped at the high school when they were older.

"I'm running to help grow the area for

the future of coming generations," stated Patel.

Each candidate was presented with the same interview questions. What is presented in these profiles, is a result of the responses received.

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Where Music Lives: Visiting artist Lisa Golem at the Goderich Co-op Gallery

GODERICH CO-OP GALLERY

Sun Contributor

The Goderich Co-op Gallery is pleased to welcome Lisa Golem as its visiting artist for October. Golem is a member of the gallery and lives in the Goderich area.

Where Music Lives looks at the places music can be found beyond listening to it. In Golem's paintings, instruments appear out of landscapes. Rhythm

shows up in city lights and their reflections. Sound takes shape through colour, movement and imagination.

Some of the paintings began with a musical idea. In others, the music only appeared as the painting developed. The collection moves between landscape, abstraction and a touch of whimsy. It invites viewers to look a little longer and find where music might be hiding: in nature, in unexpected places, and perhaps within ourselves.

Painting and music have been part of Golem's life for as long as she can remember. In this exhibition, the two come together as one visual language, where the world is something to be listened to as well as seen.

Her exhibition, *Where Music Lives*, opens with a reception on Saturday, October 3, at 2 p.m. at the gallery, 54 Courthouse Square, Lower Level (downstairs from Elizabeth's Art Gallery). Golem will give a live painting

demonstration at 2:30 p.m. Everyone is welcome.

Where Music Lives will be on display throughout October. The gallery is open Tuesday to Saturday, 10 a.m. to 5 p.m.

On the second Wednesday of the month, October 14, it opens at 12 p.m. and stays open until 5 p.m. For more information, visit gcgallery.ca.

To see more of Lisa Golem's work, visit her Facebook page at facebook.com/lisagolemart



(CONTRIBUTED PHOTOS)

Examples of the artwork by Lisa Golem that will be displayed throughout October at the Goderich Co-op Gallery.



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Fire Safety Week focuses on safe charging

GODERICH SUN STAFF

info@goderichsun.com

Fire Prevention Week focuses on safe charging habits and simple steps people can take to help reduce the risk of lithium-ion battery fires to keep homes and communities safer.

Safe charging means making smart choices every time you plug in.

Many devices used in our daily lives – phones, tablets, laptops, tools, toys, e-bikes and scooters – run on rechargeable lithium-ion batteries, which store a lot of energy in a small space.

If damaged, or charged the wrong way, they can overheat, start a fire, or even ex-

plode.

Last year, in Canada's largest city there were 91 lithium battery fires reported, which is an all-time high and represents a significant increase compared to previous year. This indicates a growing trend of lithium battery fires in Canada.

Advice to prevent lithium battery fires includes using the original cord and charger that came with your phone, remember to charge on a hard, flat surface, unplug when fully charged, for larger items like e-bikes, scooter and power tools, charge outside, stop using your device if it feels very hot or starts to swell, smell strange, leak, smokes or makes hissing sounds, and when on a plane, keep devices where

you can see them while charging.

When these batteries are not used, stored, installed, disposed of, or charged properly, they can overheat, leak, burst, or cause a fire or explosion.

If the battery overheats or there is a different smell, noise (hissing), bulging, cracking, change in the shape or colour, or any other sign that is not usual, move the battery or charger away from items that can catch fire if safe to do.

According to local fire department staff, if a fire occurs, evacuate the area immediately and call emergency services. Lithium batteries can explode and cause injuries.

The way batteries are charged can make

a difference in helping prevent home fires. It comes down to using simple habits each time the device is plugged in.

Other advice includes installing a smoke detector in the area where the battery is charged and develop emergency response procedures to address scenarios related to battery charging and fires.

Goderich Fire Department is hosting an open house on Tuesday, October 6 to meet local firefighters, watch live demonstrations, explore fire trucks and equipment, and learn more about fire safety.

Residents are also asked to bring in their fire extinguishers for a free inspection by trained technicians from Huronia Welding and Industrial Supplies.

SMOKE DETECTORS SAVE LIVES

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Weekend Quiz

By Jake Grant

1. What is the traditional birthstone of October?
2. Who bet Eddie Murphy \$100,000 he couldn't make a hit song?
3. Who was selected 1st overall in the 2026 NFL draft?
4. What is the name of the famous clock tower in Ottawa?
5. In what year did ABBA win Eurovision?
6. What disease used to be called consumption?
7. What brand introduced the first-ever fully automatic drip coffee maker in the 1970?
8. What is the color of an emerald?
9. The offspring of a polar bear and a grizzly is a what?
10. Montana shares a northern border with which 3 Canadian provinces?

This week's answers are found on pg. 31

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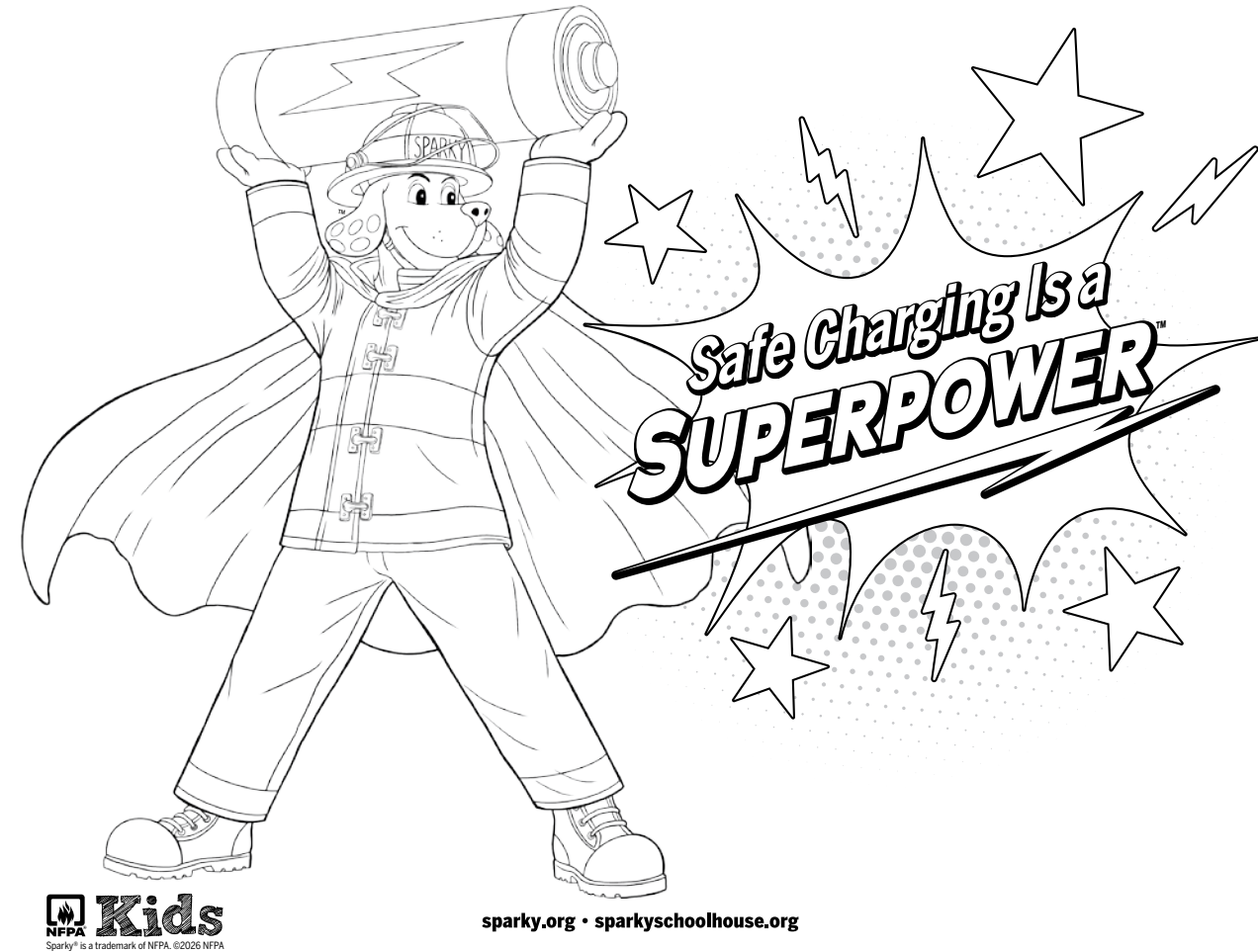


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Safe charging means making smart choices every time you plug in. Everyday charging habits can help prevent lithium-ion battery fires.

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CHEAP CHARGER? DON'T CHANCE IT.

Use the cord and charger that came with your device or one approved by the manufacturer.

Why it matters: Using the wrong charger can damage the battery and increase the chance of fire. Cheap or off-brand chargers may not meet important safety standards.

SOFT SURFACE? HARD PASS.

Charge on a hard, flat surface like a table, desk, or bare floor.

Why it matters: Devices and chargers create heat during normal charging. Soft surfaces like beds, pillows, and couches can trap heat and block airflow, which can cause a battery to overheat.

FEELS HOT? STOP USING IT.

Stop using your device if it feels very hot, starts to swell, smells strange, leaks, smokes, or makes popping or hissing sounds.

Why it matters: A damaged battery can overheat and start a fire.

FULLY CHARGED? TIME TO UNPLUG.

Unplug your device when it is fully charged.

Why it matters: Leaving a device plugged in can increase heat and stress on the battery.

FOR TOOLS AND RIDES, CHARGE OUTSIDE.

Charge large items like e-bikes, scooters, and power tools outside when possible. Do not block exits when charging.

Why it matters: These batteries are larger and store more energy. Fires can grow quickly if the battery fails.

OUT OF SIGHT? NOT IN FLIGHT.

When on a plane, keep devices where you can see them while charging. Do not charge e-cigarettes or vapes on the plane. Tell a flight attendant if you notice a problem with your device, such as if it feels very hot, starts to swell, is smoking, or has a strange smell.

Why it matters: If a battery overheats or fails, it is important for the flight crew to be able to respond quickly.



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Goderich Sun SPORTS

Goderich Oldtimers finish fourth in seven-a-side tournament in London

GODERICH SUN STAFF

info@goderichsun.com

Goderich Oldtimers Soccer Club recently travelled to London to compete in a seven-a-side tournament hosted by the German Canadian Soccer Club.

Goderich Oldtimers finished fourth in the tournament, posting a solid record of two wins, two losses and two draws over the course of the tournament.

The Oldtimers also brought home individual honours.

Forward Ben Scholten captured the tournament's Golden Boot Award after leading the competition with five goals.

Goalkeeper Austin Baynton finished second in the Golden Glove Award standings, recording two shutouts and an impressive 0.83 goals-against average.

According to Aurelio Henriques of the Oldtimers, the tournament provided a great atmosphere at the German Canadian Club, with competition and camaraderie amongst the players.

The host team won the tournament.

The Goderich Oldtimers Soccer Club is a recreational soccer team, officially for players 30 or over, but the club welcomes players of younger ages for all practices and for some of the games.

Oldtimers practice at the Bannister Park field on Wednesdays at 7 p.m.

If interested in participating, Henriques says to show up at the field and speak with the team.



(CONTRIBUTED PHOTO)

The Goderich Oldtimers Soccer Club. (Top row, L-R): Aurelio Henriques; Ben Scholten; Jeroen Rommens; Peter Geene; Dan Scholten; Hassan Chamas; Vladyslav Loba. (Bottom row, L-R): Adam Hortian; Innocent Jahudi; Austin Baynton; Neil Rittenhouse; Sam Katchikian; Ken Costello. (Missing: Dan Depatie).

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Goderich Ringette celebrates community with annual Ringette Day

MEGAN FRAYNE

Sun Contributor

Goderich Ringette is getting ready for one of the biggest weekends on its calendar, and the association is inviting the entire community to come out and celebrate.

The weekend kicks off on Friday, October 23, with the annual Kids Halloween Dance at the GDCI gym. This much-anticipated event has become a favourite among local families, thanks in large part to the incredible volunteers who transform the gym into a fun and festive Halloween celebration.

With costumes, dancing, snacks, pizza and music from DJ Dan, the Halloween Dance is a great way for local kids to kick off the weekend. Tickets are \$10 per child, with parents admitted free. Tickets are available at the door or in advance at 360 Bikes n Boards or in the lobby of the arena on Thursday evenings in October.

Then, on **Saturday, October 24**, the celebration moves to the arena for **Goderich Ringette Day**.

Nine games will take place throughout the day, beginning at **9 a.m. and running until approximately 7 p.m.** Every Goderich Ringette team will take to the ice, along with a special 18+ game. It is a great opportunity for anyone who has never watched ringette to come out, grab a seat in the stands and see the sport in action.

But Ringette Day is about much more than the games.

The arena will be filled with activities and opportunities for the community to get involved. Visitors can stop by the bake sale for some homemade treats, test their

aim at Fling-a-Ring, check out the raffle baskets created by the teams, browse Goderich Ringette swag and enjoy activities for kids.

An online 50/50 draw will also give supporters a chance to take home a prize while supporting the association. And no trip to the arena would be complete without a stop at Loca Rolla.

Some of the activities and purchases at the arena will be cash only, so visitors are encouraged to come prepared.

For Goderich Ringette, the day is an opportunity to celebrate an organization that has been part of the Goderich community for **more than 40 years**.

Over those four decades, countless local children and families have been introduced to ringette through the association. Players have learned new skills, competed across the province, made lifelong friendships and grown up surrounded by teammates, coaches and volunteers who have helped make their ringette experience special.

The association has also developed a strong reputation within the ringette community across Ontario, and its teams are proud to represent Goderich wherever they travel.

Ringette Day is a chance to showcase that community spirit right here at home.

The association is especially excited to welcome back former players and families who have been part of Goderich Ringette over the years.

Alumni returning to the arena is always a special part of the day, providing an opportunity to reconnect with old teammates, coaches and friends while seeing



(CONTRIBUTED PHOTO)

Goderich Ringette invites the community to Ringette Day on Saturday, October 24 to celebrate more than 40 years of ringette in Goderich.

the next generation of players take the ice.

Behind the scenes, Ringette Day is made possible by a tremendous group of volunteers. From organizing the games and decorating for the Halloween Dance to preparing raffle baskets, running activities, working the bake sale and helping throughout the day, there are many people who contribute their time to make these events happen.

What makes Ringette Day special is the opportunity to bring the community together. For one day, the arena becomes a place to celebrate the athletes, the families, the volunteers and the many people who have helped make Goderich Ringette a part of this community for more than 40 years.

The association is proud of its roots in Goderich and excited to share that pride

with the community that has supported it for generations.

With a full day of ringette, activities, prizes and plenty of community spirit, Ringette Day is a celebration of where Goderich Ringette has been, where it is today and the future of the sport in our community.

Local businesses and community organizations interested in sponsorship opportunities for Goderich Ringette are invited to contact president@goderichringette.ca.

Goderich Ringette would love to see you at the arena on Saturday, October 24. Come out and celebrate more than 40 years of ringette in Goderich.

Megan Frayne is President of Goderich Ringette

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Central Huron Council Highlights: What you need to know

BRITTANY McKAY

Sun Reporter

Council backs call for E-scooter rules:

Council voted to support a letter from another Ontario municipality calling on the provincial government to address the regulation of electric scooters.

Councillor Russo said council should not simply wait for provincial action and suggested that Central Huron develop its own interim public-information approach, particularly around issues such as helmet use, passenger restrictions, basket placements, and other safety considerations.

"I know Goderich is having an issue with e-scooters and it's all over the place, I think before we run into the same situation, we should at least have some standard guidelines," said Russo.

Staff noted that Central Huron did not participate in the provincial e-scooter pilot program, and that e-scooters are currently not permitted under the applicable rules in the municipality as it falls under OPP jurisdiction.

"I know they're illegal. But look around you; the e-scooters are pretty much everywhere," added Russo, who expressed concern advising something should be done before something happens to a rider because they weren't informed about the process.

Council agreed to support the external letter and discussed providing information to residents about the current legal status of e-scooters on the website mentioned by Mayor Ginn. Motion was carried to support the project.

Council supports correspondence on Conservation Authorities:

The council also agreed to support correspondence concerning the province's proposed changes involving conservation authorities.

Councillor Alison Lobb expressed concerns about the provincial process and the potential implications for municipalities, while council voted in favour of sending

a letter supporting the concerns raised by another municipality.

Council also supported correspondence calling on the province to reconsider the Ontario Provincial Police municipal policing cost model and develop what the originating municipality described as a more predictable and sustainable approach for small rural municipalities.

Fire Department leadership remains under review:

Council also discussed the future leadership structure of the fire department. Council reported that Sean Flynn is currently serving as Acting Fire Chief while the municipality considers its longer-term options.

Council is also discussing a possible more formal shared-service arrangement with the Town of Goderich that could include additional full-time capacity for fire inspections and public education.

The municipality has not yet made a final decision on a permanent Fire Chief or Deputy Chief Structure. Council also recognized firefighter Matt Langendoen, who has retired after approximately 9.5 years of service with Central Huron Fire Department in Clinton, Ontario.

Community events recognised:

Major Ginn highlighted the success of Harvest Fest, while Community Improvement Coordinator Angela Smith noted the strong turnout among young children despite less favourable weather.

Council also recognised the Gateway Caregiver Awards, which honoured 21 caregivers serving children, adults and seniors. Smith thanked municipal staff for their work at the arena, particularly in connection with the Junior C season-opening game, which drew a strong turnout and positive feedback.

Clinton Council approves Albert Street purchases, King Street extension and new service agreements:

Central Huron council approved several significant municipal agreements and infrastructure projects, including the purchase of two Albert Street properties, a

Elect TREVOR BAZINET FOR MAYOR

People often ask me why I never left Goderich. The answer is simple. I've never had a reason to.

I was born and raised here. At 51, I appreciate this community more than ever. It's certainly no secret that Goderich shines in the warmth of its people, the pride we take in each other, and the way everyone comes together when it matters most. But what's really special about growing up in a small town?

For me, it's lifelong friendships built on stories from when you were nine years old. Familiar faces at every turn, at every table and event, and at every crossroads. Neighbours who become family, even and especially when the years pass, and life gets complicated.

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Goderich has given me more than a place to live. It has given me a lifetime of memories, friendships that have lasted, a safe community to raise my family, and people who have always been there when it counted.

The older I get, the more I realize that home isn't just where you're from. It's where your heart lifts, and where it has always belonged. As the years go by, that place has always been Goderich.

And I wouldn't have it any other way.

Elect Trevor Bazinet For Mayor

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\$1.33-million King Street extension contract and new shared building services arrangements with Huron East.

Council carried motion to the purchase of 17 and 19 Albert Street for \$35,000 each. The total cost to the municipality, including legal and other fees, is expected to be approximately \$73,013.

The properties are located next to the municipal offices. Council authorized the agreements of purchase and sale through bylaws approved at the meeting.

Council awarded the King Street Extension tender to Leves Construction Inc. at a total cost of \$1,326,037.92, including applicable HST. Director of Finance Jeff Boyes told council the procurement was the municipality's first tender conducted under the province's new "Buy Ontario" procurement directive.

Under the procurement method used, bidders could receive an evaluation advantage based on the percentage of Canadian and Ontario goods incorporated into their bid.

Boyes explained that the adjustment is used only when evaluating bids and does not reduce the amount ultimately paid to the successful contractor.

Council members questioned how the percentages of Canadian and Ontario content are verified. Staff said bidders provide the information, and municipalities must determine the appropriate level of due diligence in verifying the submissions.

Shared building services with Huron East and grant approval:

Council approved a shared service agreement with the Municipality of Huron East for building services.

The agreement allows the municipali-

ties to provide chief building official and building inspection services to one another when required. Staff explained that Huron East currently needs access to a chief building official, as required under the Ontario Building Code Act.

The arrangement will also provide Central Huron with additional resources during vacations, illness, or emergencies. Council appointed Jeanette Zimmer as a building inspector for the purposes of the agreement.

Council said a similar shared-services agreement with Goderich is also being developed.

Council also approved an application for a Rural Ontario Development (ROD) grant to fund development of a business plan for an innovation hub at the Regional Equine and Agricultural Centre of Huron.

The proposed project has a total cost of \$150,000, with \$50,000 to be funded through the grant.

Traffic concerns near hospital:

Council also discussed a letter concerning traffic and vehicle noise near the hospital. Deputy Mayor Marg Anderson asked whether the area could be designated as a community safety zone, like areas around schools.

Municipal staff recommended collecting traffic-speed data before considering such a designation. Council agreed that a portable speed-monitoring device, or "speed spy," should be deployed to gather information about actual vehicle speeds.

Councillors noted that increased traffic from highway construction and closures may be contributing to residents' concerns about vehicle noise and speeds.

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OCTOBER EVENTS

- October 2 **Steak Night + Friday Meat Draw 5 p.m.** RSVP at the bar, Live Music Terry Bedard 5 p.m.
- October 3 **Live Band Country Junction 5 p.m.**, Meat Draw 5 p.m.
- October 7 **Wake Up Wednesday Consumer Protection Ontario 9 a.m.**, Legion General Meeting 7 p.m.
- October 8 **Pepper Cards 1 p.m.** Jubilee Hall
- October 9 **Friday Food + Friday Meat Draw 5 p.m.**, Jukebox Bingo 6:30 p.m., Live Music Jim Otterbein 5 p.m.
- October 10 **Live Band Macadam Road 5 p.m.**, Meat Draw 5 p.m.
- October 12 **Closed for Thanksgiving**
- October 13 **Ladies Auxiliary General Meeting 7 p.m.**
- October 14 **Wake Up Wednesday MTO: Driving Safety Into Your Senior Years 9 am**
- October 16 **Friday Food + Friday Meat Draw 5 p.m.**, Karaoke 7 p.m.
- October 17 **Live Band The Daves I Know 5 p.m.**, Meat Draw 5 p.m.
- October 21 **Wake Up Wednesday MTO: Vulnerable Road Users 9 a.m.**, Legion Executive Meeting 7 p.m.
- October 23 **Friday Food 5 p.m.**, Jukebox Bingo 6:30 p.m.
- October 24 **Live Band Jellybean Blue 5 p.m.**, Meat Draw 5 p.m., Poppy Campaign Begins
Honour and remember
- October 27 **Ladies Auxiliary Executive Meeting 5 p.m.**
- October 28 **Wake Up Wednesday MTO: Safe Winter Driving 9 a.m.**
- October 30 **Lasagna Dinner \$15 5 p.m.** RSVP at the bar
- October 31 **Halloween Mega Meat Draw 5 p.m.**, Mostly Sideways 5 p.m., Halloween Howl 8 p.m.
Full Nelsons 8 p.m.

- Every Monday Cornhole 7 p.m. On Summer Break • Goderich Reads Book Club Oct 19 10 a.m.
- Bingo every Sunday Afternoon doors open @ 11:30 a.m.
- Euchre every Tuesday night 7 p.m. Please bring a partner. • Jammers every Wednesday night 7 p.m.
- Every Wednesday Senior Technology Camp - 10 a.m. • Fun Darts every Thursday 7 p.m.
- Second Thursday Pepper Cards 1 p.m.
- Line Dance Lounge every Wednesday 7 p.m. • Cribbage every Friday afternoon 1:30 p.m.
- 5 Card Bingo Every Friday 3:30 p.m. • Every 4th Friday Jukebox Bingo! - Hosted By Taylor Jones - 6:30 p.m.
- Monday - Friday - Cafe 109 - 9 a.m. to 1 p.m. - Coffee Provided By Steve & Marys On The Square

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Ausable Bayfield Conservation recognises local land trusts with Decade Award

GODERICH SUN STAFF

info@goderichsun.com

Presented during Ausable Bayfield Conservation Area's (ABCA) 80th anniversary year this year, the work of local land trusts will be honoured with a Decade Award.

This award recognises the work of local land trusts stewarding the gifts of generous and forward-thinking donors. This is the eighth of nine awards ABCA is presenting this year.

Recognised with the award were Huron Tract Land Trust Conservancy (HTLTC).

Dave Marsh, Vice Chair of the ABCA Board of Directors thanks land trusts and donors.

"Thanks to your boards, your volunteers, and the foresight and generosity of your donors, you are leaving a local land legacy of nature and habitat preservation for today and for generations to come," said Marsh.

Land trusts are non-profit, charitable organisations that acquire land or interests in land for the purpose of conservation, access to nature, and community connec-

tion. The land trusts protect and care for these lands and conservation easements for future generations.

"Land trusts are strong partners in conservation," explained Nathan Schoelier, ABCA's Acting General Manager and Secretary-Treasurer.

"We share common goals with land trusts, and their vision is complementary to the work of conservation authorities like ours."

Schoelier added that the work done together strengthens the ability of land trusts, conservation authorities, and donors to protect natural spaces.

Kerry Teskey, Chair of the HTLTC was grateful for the recognition for the important work completed in land stewardship.

"Our permanent preservation of important natural areas is only possible thanks to the generosity of the visionary people who leave lasting local land legacies through donations or land and endowments," remarked Teskey.

"I would like to thank all the people in the community who donate to the work of your local land trusts."

For more information visit abca.ca



(CONTRIBUTED PHOTO)

Ausable Bayfield Conservation Authority (ABCA) recognized the work of land trusts working in the area with a Decade Award during ABCA's 80th anniversary year (2026). In photo, from left to right, are David Marsh, Vice Chair, ABCA Board of Directors; Kerry Teskey, Chair, Huron Tract Land Trust Conservancy (HTLTC); Roberta Buchanan, Lambton Wildlife Inc. (LWI); Pete Chapman, Lambton Wildlife; Lily Vuong, Conservation Director, Thames Talbot Land Trust (TTLT); Daria Kosciński, TTLT Executive Director; and Nathan Schoelier, ABCA Interim General Manager and Secretary-Treasurer. The award announcement ceremony was held on Tuesday, September 15, 2026, at the TTLT's Joany's Woods property near Thedford.

Benefits of gardening, autumn tips to focus on

BETTY HENDRIKS

Sun Contributor

A friend recently sent me a lovely verse about why gardening is good for us.

Besides providing fresh, organic food that helps us eat healthier, there are additional benefits such as saving money and not adding packaging to the recycling bin.

Gardening keeps our hands and backs busy, providing us with the physical benefits of keeping our muscles and bones strong.

When we are alone on our knees weeding or planting, we can relax. By focusing on the details necessary for these tasks, we improve our concentration. Caring for your garden can be gratifying and purposeful.

With gardening, you have the future in mind by growing something green, real, alive. It is a hopeful thing to do. This form of nurturing allows us the time and space to truly feel peace, pride and satisfaction.

In Japan, there is a growing trend called, "forest bathing," where people immerse themselves in the outdoors to refresh, unwind and boost their concentration.

Studies have shown that forest bathing forces people to disconnect from their

distractions and become more mindful of their immediate surroundings.

Working in your garden also provides Vitamin D, thanks to time in the sun, which helps to build and maintain strong bones.

Getting your hands dirty can improve your mental well-being. Scientists have discovered that the mycobacterium found in soils can improve brain function while boosting moods.

The mycobacterium found in soils increases serotonin produced in the brain.

Serotonin is also known as a happy chemical. Stress levels can also go down in a calm, green environment. Gardening routines like watering and weeding can give you joy.

These tasks can create a soothing rhythm to reduce stress. If you do not have a garden or a yard, you can investigate joining a community garden group where you live.

This is a great way to learn about gardening if you are new to growing and caring for plants as well as an opportunity to socialize with others.

Some items should be planted in the autumn months.

Garlic is planted in the fall so that it can be harvested in July. You can prepare your soil by adding two inches of compost and working it in with a shovel or garden fork.

Compost will add nutrients and organisms that are important to your soil's ecosystem. It also helps to retain moisture if your soil is sandy.

Break the cloves off the garlic bulb and plant them in a hole that is three to four times as deep as the length of the clove, with the pointy end up.

Leave many layers of skin on the clove. The prolonged cold of winter prompts the clove to break open after a period of dormancy so that it will grow in the spring.

Garlic doesn't take up a lot of room so you can plant the rows 10 to 12 inches apart. Garlic is a good companion plant to most vegetables except peas, asparagus, beans, sage and strawberries. It is a natural pest and fungus deterrent. Some people believe that garlic also keeps bunnies and deer out of your garden.

Purchase seed garlic. Do not use garlic that has been purchased from the produce department of your grocery store.

If you use the supermarket variety, you run the risk of infecting your garden with

foreign-based diseases.

Plant garlic that is from stock produced in your growing zone which will be better acclimatized than bulbs ordered from out of province. Lots of mulch is recommended for the winter.

A few inches of weed free straw will lessen the damage of sudden temperature changes. You can leave the straw in place in the spring. The garlic will grow through the straw.

Garlic should be rotated to another area of your garden every three years to prevent soil fungus and bacteria that cause disease from building up in the soil.

If you want garlic scapes, buy a Hardneck variety of garlic. Scapes can be harvested in the spring when they have curled twice and before they straighten up. If they are left on the plant, the bulb will be smaller.

Scapes can be cut up like chives and added to almost any dish that you would typically add garlic to. The cut-up scapes can be kept in your freezer for several months.

Betty Hendriks is the President of the Goderich District Horticultural Society (GDHS)

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Psychologist-baker-entrepreneur celebrated with I Am Huron award

MARK NONKES

Sun Contributor

For anyone who has attempted to make pie, it's easy to imagine pinching dough and putting savoury or sweet filling inside the pie shells.

For perogies, Nataliia says, the process is pretty much the same, except everything is miniature, bite-sized pieces handcrafted as time disappears in a cloud of flour, sugar and salt.

"In Ukraine, I had a small business, and I made desserts for people, like cookies, cakes, marshmallows," said the mother of two, who now calls Goderich home.

In truth, baking was Nataliia's side hustle, a hobby that turned into profit. Baking was Nataliia's way of decompressing after her demanding job as a psychologist in Ukraine.

"I love how people enjoy my food. It's really one of my favourite things in life," Nataliia remarked.

Nataliia, in her 40-something years on earth, has accomplished an incredible amount. After growing up on a small family farm in Ukraine, she completed three university degrees and had careers in each respective field: as a railway engineer; an economist; and a psychologist.

When the war interrupted life in Ukraine in 2022, Nataliia and her family knew they needed to leave. She had a friend in Goderich, someone who had married a local man and moved to the community in 2017, so Nataliia reached out.

"I knew nothing about Canada, about real life here," admitted Nataliia.

"I just watched some videos and movies, but I didn't know anything from a real person. And [my friend] said, 'if you come to Goderich, I would help you'. And she helped. She helped a lot."

Nataliia's friend helped her family find funds to pay for plane tickets, and a billeting host who offered rooms in her home while the family got settled.

Nataliia remembers arriving in Toronto after travelling for 37 hours.

"My cat was in the carry-on bag, and she really wanted to kill us, she was angry. My one-year-old baby was crying, tired, hungry, all that stuff. She cried all the way from Toronto to Goderich," Nataliia recalled.

Far from being an omen of things to come, Nataliia says she was overwhelmed by the



(CONTRIBUTED PHOTO)

Nataliia has been nominated for an I Am Huron award, which recognises newcomers to Canada who are creating a positive impact in their community.

support from residents from the moment her family arrived.

"The community is, was just amazing to us. It was so kind, so friendly," Nataliia said.

"I still cannot believe these people even exist, these kinds of people."

Nataliia says the generosity has even extended to a local woman donating her family a car, a vehicle she calls "my lovely Buick."

"I always think people are the most important resource for a country, for jobs, people are the heart of everything," noted Nataliia.

"When I came, it just surprised me how much all the people here did such an amazing job for Ukrainian people. They were so welcoming."

Nataliia says she loves Lake Huron, a place she visited the first day she arrived in Goderich. She says she feels confident she's in the right spot for herself and her daughters. She's developed a great network of friends and helped other newcomers settle in the area, by offering support and time to practice driving in her car.

And just like in Ukraine, Nataliia's diverse

career has continued in Huron County. She's worked as a pharmacist's assistant, a cleaner at an events' venue, a bank teller, and now, as a counsellor for youth with a local organization.

"I really love my job, I'm so happy. I always wanted to work in my field. I want to help people and be useful to them," Nataliia explained.

"I want to share my experience, share my personality, and help. It's an amazing position."

While adjusting to life in Canada, baking has continued to be a constant. Nataliia remembers unveiling her culinary skills as a vendor at the Huron Multicultural Festival in 2023.

"It was the first place where I presented my products, my pierogies. And within 30 minutes, they were just gone. I wasn't prepared properly. But it was a great lesson for me," she said.

Since then, she's launched a pierogi business that's sold direct-to-customers at local farmers' markets and through custom online

orders. It's a local business that's created a loyal following of customers and sparked cultural conversations and joy among many residents.

"I have thought about opening a place in Goderich to present Ukrainian food, maybe a cafe or a bistro," Nataliia commented.

"I love feeding people."

Before that, there remain hurdles to overcome. Canada's promise to Ukraine was to provide safe harbour for the country's residents while the war was ongoing. While the Canadian government offered a temporary open work permit for Ukrainians, Nataliia hopes she and her daughters can remain in Canada in the future.

"I feel safe here and I know my kids are safe. I think it's one of the most crucial things. I advertise to everyone to move here. Goderich is beautiful, it's safe, the lake is so wonderful. For people who value peace and calm and a great community, this is a good spot," Nataliia said.

Nataliia's contributions to the community have not gone unnoticed. Earlier this year, she was nominated for an I Am Huron award, an award that recognizes newcomers to Canada who are creating a positive impact in their new community.

"As a single mother raising two children on her own, she demonstrated resilience, determination, and an inspiring work ethic while building a new future for her family," wrote her friend Iuliia Dovzhenko who nominated Nataliia for an I Am Huron award.

"Nataliia is known as a hardworking, compassionate, and community-oriented person who continuously strives to help others while creating a stable and positive life for her children. Her dedication, courage, and willingness to contribute have made a lasting impact on the community around her."

The I Am Huron awards celebrate the contributions immigrants and newcomers to Canada make in Huron County's communities. Nominations are received from the community, reviewed by a committee with lived experience of immigration, and awarded at a ceremony.

The project is funded with support from Immigration, Refugees and Citizenship Canada.

For more about this campaign, visit: <https://www.huroncounty.ca/i-am-huron/>

Mark Nonkes is a Local Immigration Partnership Manager with the County of Huron



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Pick Up Locations

Count Dracula takes the stage as Goderich Little Theatre brings gothic horror to The Livery

VICTORIA MAKCROW

Sun Contributor

As the crisp October winds sweep off Lake Huron and autumn shadows lengthen across the Square, Goderich Little Theatre (GLT) is preparing to transport audiences into the darkest corners of Victorian Gothic horror.

Opening October 22 at the historic Livery Theatre, William McNulty's action-packed adaptation of Bram Stoker's classic Dracula promises an edge-of-your-seat theatrical experience.

Directed by Colleen Caesar, this production leans into the thrilling, visceral nature of Stoker's legendary tale.

Forget the quiet, slow-burn melodrama of classic adaptations, McNulty's script speeds through the narrative with high-stakes tension, rich atmospheric dread, and a relentless battle between light and darkness.

Accentuated by atmospheric soundscapes crafted by Musical Director Cappy Onn, the show creates an immersive experience that will keep audience members on the edge of their seats.

"Dracula has been a play that I have been thinking about staging for a few years now," says Director, Colleen Caesar.

"Timing and the right team came together to set things in motion, and I am so very excited for audiences to come and experience this show. The overall goal of our team was to create a production that sucks the audience in and makes them feel as if they are in a horror story. This is not a romantic Dracula; this is the evil presence that lurks in the shadows, that uneasy feeling and that sends chills down your spine."

Caesar says that everyone who is working on this show is fantastic from the production team, actors, behind the scenes people - they are what makes seeing a show at The Little Theatre such a special experience. Caesar is hopeful this is an experience that audience members will



(CONTRIBUTED PHOTO)

The cast of Dracula are preparing to bring the gothic horror story to Goderich. (Back row, L-R): Rebecca Lowey, Danyelle Kuhl, Caitie Cochrane-Chick, Colleen Caesar, Brian Cox, Samantha Moon, Mandy Levencrown, Jesse Gill. (Front row, L-R): Paul Cook, Art James, Siwi Vodden, Mark Starratt, Ben Hustis.

talk about for years to come.

Leading the talented ensemble as the sinister and alluring Count Dracula is Art James, whose commanding presence anchors the darkness descending upon Victorian England. Opposite him, making an exciting debut on The Livery stage, is Mark Starratt in the pivotal role of the relentless vampire hunter, Abram Van Hel-sing.

The story follows solicitor Jonathan Harker, portrayed by Ben Hustis, whose ill-fated trip to Castle Dracula sets off a nightmare that reaches the shores of England. Siwi Vodden stars as Mina Grant alongside Samantha Moon as the vulnerable Lucy Westphal, both caught in the Count's predatory sights.

Rounding out the cast of compelling characters are:

- **Brian Cox** as Dr. Seward and love

of Mina

- **Ian Rutherford** as the unhinged, bug-eating Renfield
- **Jesse Gill** as Norbert Briggs, the asylum's caretaker
- **Mandy Levencrown** as Margaret Sullivan, Dr. Seward's assistant
- **Paul Cook** as The Monster
- **Catie Cochrane-Chick, Rebecca Lowey, and Danyelle Kuhl** as the seductive and deadly Brides of Dracula
- **Amilia Cook and Violet Thompson**, who share the role of The Child

Whether you are a lifelong fan of gothic literature or looking for the ultimate Halloween outing, GLT's production of Dracula is a must-see community event.

Details & Tickets

- **Where:** The Livery Theatre, Goderich
- **When:** Wed. Oct. 21 PWYW, 8

p.m., Oct. 22 - 24 and Oct. 29 - 31 at 8 p.m., Oct. 25 and Nov. 1 at 2 p.m.

- **Tickets:** Online at www.thelivery.ca Box Office opens Tues. Oct. 6 (Tues and Fri. at 10 a.m. - 1 p.m., and Wed. and Thurs. at 2 p.m. - 4:30 p.m.)

Seating is limited for this highly anticipated run, tickets first come first seated and are expected to sell quickly as Halloween approaches. Bring your courage, leave your wooden stakes at home, and secure your seats today for an unforgettable night of classic horror.

Thank you to our Season Sponsor The Rotary Club of Goderich and our Production Sponsor 2nd Streetlight Estate Winery, without them we couldn't do what we do to entertain you.

Victoria Makcrow is the Dracula Production Manager for GLT at The Livery

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Ask the Vet: Fluffy, fat, or too thin? How to tell if your pet is at a healthy weight



DR. SOPHIE FARRELL

Sun Contributor

I recently saw a client who was worried that her dog was underweight since he was noticeably thinner than other dogs that she was seeing around town (her dog was in perfect body condition, which was great news for her and her dog).

On the flip side, I also often see clients who think that, since their pet looks like others around them, their pet's weight is fine, when their pet is overweight.

Since different breeds (of cats as well as dogs) have different body types and the majority of pets in North America are overweight (making it harder to compare even pets of the same breed to one another), it's no wonder that people have trouble figuring out if their pet is at a good body weight or not.

The good news is that there is a way for you to get a pretty good idea of whether your pet is at a healthy weight, at home, with no special equipment, for free: the Body Condition Score.

The Body Condition Score is a standardized method used to determine body fat using touch, specific landmarks on the body, and overall body shape.

It's scored on either a five-point scale or a nine-point scale, with the scores ranging from 1-5 or 1-9 (our practice uses a nine-point scale as it allows for more precision). We want pets to be at either a 3/5 or a 4-5/9, which is ideal.

There are two steps to assessing a Body Condition Score. It works for all breeds of cats and dogs, and the method is the same for both, with one caveat for cats (see below).

Look at your pet:

- **From the top with them**



(CONTRIBUTED PHOTO)

Moriarty.



(CONTRIBUTED PHOTO)

Celery.

standing on a flat surface: Looking from directly above, you should see a noticeable tuck at the waist, starting just behind the ribcage, creating an hour-glass shape.

• **From the side with them standing:** At eye level, you should see a noticeable tuck behind the ribs creating a "swoosh" up to the hips. You shouldn't be able to see the entire ribcage with the pet standing squarely, but, in short-coated dogs, if you can *just* see the back edge of the last rib, that's still okay.

Two things to keep in mind with the visual evaluation:

1 - Our canine model Celery is a breed with a very pronounced "abdominal tuck", however ALL breeds will have one to some extent, no matter their body shape. For pets with a long or heavy coat, it may be harder to see this unless their coat is soaked down from a bath or swimming, so you may have to rely more on the touch evaluation than visual cues.

2 - Many cats develop a "primordial pouch" - a flap of loose skin hanging down from the lower belly - as they reach adulthood. It can vary significantly in size from one cat to another

(you can see that Moriarty has a small one whereas Zombie's is quite pronounced), and is completely normal, but it will prevent you from seeing the abdominal tuck from the side.

The pouch in a cat who is a healthy weight will be just loose skin and fur, will feel soft and kind of like jelly, and will sway when they walk. If the flap is firm and it doesn't sway much (or at all), there's fat buildup in the pouch and the cat is too heavy. If your cat lets you touch their belly, you should be able to gently move the pouch to one side and feel the abdominal

tuck.

Feel your pet

• **Feel your pet's ribcage and spine:** Place your fingers on your pet's ribs and spine (if they're fluffy, work your fingers through the fur until you're touching their skin), and press gently. The ribcage and spine should feel like the bones in the back of your hand between your wrist and knuckles: there is a little bit of padding over top, but you can still feel them easily. If the ribs or spine feel like the back of your knuckles when you make a fist, the pet is underweight. If they feel like your knuckles when you feel them through your palm, there is too much fat cover over them.

And that's it. If your pet looks and feels like what I described above, they're in an ideal body condition, congratulations.

If they're on either side of ideal, reach out to your vet for help in figuring out what could be causing the issue and how to correct it. If you want to try to get a more precise idea of what your pet's body condition score is, there are tons of great diagrams of Body Condition Score scales available online (I highly recommend the World Small Animal Veterinary Association one - just search "WSAVA body condition score").

The Body Condition Score isn't going to give you the whole story of your pet's health and fitness, but it's a great tool to help you figure out if there's a concern, or to help track how a weight management program is going at home.

P.S. Moriarty and Zombie are both proud rescues from Bayfield's Forgotten Felines. They wanted me to remind you that if you're currently hiring for the role of feline overlord, they have plenty of wonderfully qualified friends seeking forever homes, so be sure to check out their available cats for adoption.

Do you have a question about pet care? Send it to reception@clintonvet.ca and it may be featured in a future column.

Dr. Sophie Farrell is a veterinarian at Clinton Vet Services in Clinton, Ontario. She practices small animal, emergency, and honeybee medicine.

Visit us online at www.goderichsun.com

Grey Matters: How do we measure happiness?



ANNETTE GERDES,

Sun Contributor

It sounds like a simple question, but happiness is difficult to measure. There isn't a blood test, a scale or a number on a chart that can tell us how happy someone is.

Researchers often look at things such as life satisfaction, relationships, positive emo-

tions, sense of purpose and overall well-being. But even those can be difficult to measure because happiness means something different to everyone.

After spending many years in nursing and now working as a General Manager in a retirement home, I have had the privilege of being around a lot of people with very different ideas about what makes them happy.

And I've noticed something interesting: what makes us happy seems to change as we get older.

When we're younger, happiness might be connected to excitement, accomplishments, money, vacations, careers or having the newest things. We often think, "I'll be happy when..."

When the kids are older.

When I get that promotion. When I buy that house. When I retire.

Then we get older and realize that life doesn't necessarily become perfect just because we reached the thing we thought would make us happy.

Instead, the things that bring happiness may become much simpler.

I see it every day. A resident's face lighting up when a family member walks through the door. Two friends laughing over coffee. Someone hearing an old favourite song. A resident proudly showing me something they made. A good meal, a sunny afternoon or simply having someone to talk to.

These moments may seem small, but they aren't small to the person experiencing them.

I've also learned that being

happy doesn't mean being happy all the time. We can worry about our health and still laugh. We can miss someone terribly and still enjoy a wonderful memory. We can have a bad day and still find one good moment.

Maybe happiness isn't about eliminating the difficult parts of life. Maybe it's about noticing the good parts when they happen.

So, how do we measure our own happiness?

Perhaps instead of asking, "Am I happy?", we could ask:

Do I have people I care about?

Do I have something to look forward to?

Do I feel useful or needed?

Do I still laugh?

Do I notice the little things that bring me joy?

And perhaps the biggest ques-

tion is: Am I paying attention to the moments when I am happy?

I think that may be one of the things we learn as we age. When we're young, we often spend our time chasing happiness. As we get older, perhaps we become better at recognizing it.

This month, try asking yourself a different question:

"What made me happy today?"

It doesn't have to be something big. It could be a phone call, a cup of coffee, a favourite song, a visit, a laugh or simply a beautiful day.

Happiness may be difficult to measure, but perhaps it's easier to find when we slow down long enough to notice it.

Annette Gerdes is the General Manager at the Goderich Place Retirement Residence

Better Mental Health: 12 Steps to a healthier mind

TANYA MACINTYRE,
RED ROOF RECOVERY

Sun Contributor

I'm grateful to have lived long enough to experience freedom from addiction.

For several years, I attended AA and NA meetings and genuinely wanted to change. Yet almost every year brought another setback. The program wasn't failing me. I simply wasn't ready to do the deeper work. I thought I was ready. I said I was ready every morning: "Today will be different." By 6 p.m., I might be meeting my dealer in the LCBO parking lot.

Addiction taught me that knowing what I should do and

being able to do it are very different things. The craving can be cunning, baffling, and powerful. It can also be an attempt to soothe pain, stress, loneliness or disconnection. Recovery, for me, has meant becoming curious about what lies underneath the behaviour rather than simply judging myself for having it.

Knowledge teaches us what to do. Practice teaches us how to do it.

Over time, I developed these 12 practices - not as rules for perfection, but as structured reminders to support a healthier relationship with myself and life.

1. Unclutter your life: If you haven't worn or used something in the past year, consider letting it go. The less you need to insure, protect, dust and move, the more room you create for what matters.

2. Simplify your commitments: Learn to say no. A crowded life can leave little space for rest or connection.

3. Prioritize self-care:

Think of the airplane oxygen mask: you can't help another until you've helped yourself first. Caring for yourself is not selfish; it's foundational.

4. Make time for movement: Give yourself 15 minutes each day to walk, stretch, practice tai chi or sit quietly. Use that time to reconnect with yourself.

5. Spend time in nature: Few things restore perspective like trees, fresh air, and open sky. Trees can remind us that healing is perpetual.

6. Step away from chronic criticism: We all need honest feedback, but constant fault-finding can erode our sense of worth. Offer a silent blessing when necessary and create distance from relationships that diminish you.

7. Invest in your health: Your body is the home you inhabit for a lifetime. Nourish it, move it, rest it - and listen to what it's telling you.

8. Watch your language: Our words influence our thoughts, moods and behaviours. Speak to yourself as you would to someone you love - with kindness and compassion.

9. Play. Play. Play: Rediscover curiosity, humour, creativity, and the simple pleasure of doing something for no productive reason at all.

10. Slow down: Breathe more slowly. Speak more slowly. Listen without preparing your response. Notice the sky, the trees, and the people around you. Sometimes presence matters more than another task.

11. Avoid unnecessary debt: Financial stress can become another source of anxiety. If you cannot afford something, consider letting it go. Learning to live with less can create more freedom than acquiring more.

12. Meet anxiety with action: When anxiety takes over, ask: "What can I

control right now?" Then return to this simple question: What can I do, from where I am, with what I have, today?

These practices haven't made my life perfect. They have helped make it more conscious. Recovery, I've learned, is not simply about removing a substance or behaviour. It's about learning to live differently - one breath, one choice, and one day at a time.

If you'd like to explore healthier ways of balancing and managing life, join us for weekly peer-support meetings. Email redroofrecovery@gmail.com for time and location details.

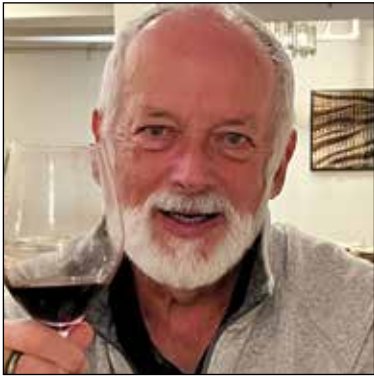
Tanya MacIntyre is a Certified CBT Specialist - and founder of Red Roof Recovery (RRR) and its training division Mental Health Fitness Alliance (MHFA).

DISCLAIMER: This content is not intended to constitute, or be a substitute for, medical diagnosis or treatment. Never disregard medical advice from a doctor, or delay in seeking it, because of something you have watched, read, or heard from anyone at RRR or MHFA.

SUBMIT YOUR LETTER TO THE EDITOR TO US

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OH, THE PLACES WE'LL GO: "Living in the border": a museum captures the new reality



PAUL KNOWLES

Sun Columnist

Those of us who live in southern Ontario have become very aware of our proximity to a country that was once our friend, but now, we're not so sure. We are familiar with the border between Canada and the United States, and with the new-found stress of crossing that border... or choosing not to.

But even living this close to our American neighbours, we Ontarians all share one reality – the United States is removed from us by bodies of water... Great Lakes, or the rivers that connect them, or the St. Lawrence. This may provide a certain sense of safe separation.

This is not the case in the communities in Québec's Eastern Townships, where the U.S. state of Vermont is, well... right there. A footstep away. But a footstep that is increasingly fraught with stress.

We learned a lot about this during a recent visit to the town of Stanstead. Stanstead is as far south as you can go in Québec, and still be in Canada. It abuts the American community of Derby Line. There are properties that straddle the border.

Once upon a time – in fact, for most of the history of these communities – they were truly neighbours, able to walk next door for a coffee, shop in stores regardless of



The Colby-Curtis Museum in Stanstead, Québec – a border town striving to maintain neighbourly connections across an increasingly challenging border.

(PAUL KNOWLES PHOTO)

border, join together in community organizations, have international family dinners.

Today, it is not so easy.

The story of the not-so-undefended border is told well in an exhibit on the second floor of Stanstead's Colby-Curtis Museum.

Ironically, the first-floor exhibits are all about the Colbys – an American family that moved to Canada in 1869, not out of any protest against the U.S., but because business prospects looked better here. They happily lived with a foot in both countries. Several generations of the family owned the house for 140 years, and eventually, the home was donated to the community to be used as a museum.

The exhibits on the first floor are interesting, documenting the changing times experienced by the Colbys through the decades.

But it was the "Living on the Border" temporary exhibit on the second floor that really caught

our attention. There, we encountered the contemporary stories of local residents trying to maintain cross-border friendships in an environment clearly designed to discourage such international conviviality.

Perhaps the best-known example in Stanstead is the Haskell Free Library and Opera House. The library, which straddles the Canada-U.S. border, was opened in 1908, with the expressed intention of providing the border communities with a centre for learning and cultural enrichment. The entrance was in Vermont, used freely by Stanstead's Canadian residents for 117 years... until the U.S. President changed the rules in 2025, insisting that Canadians had to clear customs each time they wanted to enter the library.

Clearing customs is no longer simple – local Canadian residents often find themselves being searched during their crossing.

There has long been a painted line on the floor of the library, marking the international border. It was intended as a symbol of cooperation, but we learned during our visit to the Colby-Curtis Museum that in October 2025, when the new rules came into effect, officers of U.S. Homeland Security stood with one foot in each country and chanted "51st State!"

But the Canadians refuse to abandon the long history of neighbourly cooperation. This summer, a new entrance to the library was opened on the Canadian side, and once again, residents from both countries can use the library without enduring a border crossing. Once inside, visitors can access the entire building. For now, at least.

You can tell that, even as they strive for community togetherness, the residents on both sides of the border are nervous. One group featured in the exhibit is the Choromondo women's choir, which in-

cludes singers from Québec and Vermont. They continue to meet and sing, but it is not always easy. Invited to do a concert in the Opera House that is the second floor of the library, some of the Canadian members were reluctant to set foot in the U.S., and their American colleagues understood.

But the concert proceeded. Choir member Abigail Stockman, an American, is quoted in the exhibit: "We were standing on the stage, because the stage is in Canada... The audience is in the U.S.... we were singing together in defiance of Trump's words, and of the international disrespect that he has paid to our Canadian friends and neighbours."

The exhibit includes a number of examples of ongoing connections, including an international curling club, and mutual cooperation between the fire departments of Stanstead and Derby Line. But concern remains. Museum Director Samuel Gaudreau-Lalande says it is never certain that such mutual efforts will be able to continue. But he expressed hope. "Members of the community say, 'No, we are united, we stand together'... In a time of struggle, you realize what is important to you."

As we left the museum, we drove a couple of blocks south, to an ominous border crossing. We u-turned, and followed our GPS instructions to our next stop. It took us through the village of Beebe, officially part of Stanstead, where on the left side of an intersection there were crossing gates, warning signs, and people in uniform. We turned right.

Paul Knowles is an author and travel writer, and past-president of the Travel Media Association of Canada. To contact Paul about travel, his books, or speaking engagements, email pknowles@golden.net.



The museum was created to tell the story of international cooperation over the decades. The first floor exhibits continue to do so; the second floor deals with the current, stressful challenges.



This photo of the Choromondo women's choir, part of the "Living on the Border" exhibition, shows the members of the choir who live in Stanstead, Québec, and Derby Line, Vermont.

COMING EVENTS

Email to inquire
info@goderichsun.com

GODERICH CHESS CLUB

On Tuesday evenings from 6 p.m. until 8 p.m. at the Goderich Library in the activity room and Friday evenings from 6 p.m. until 9 p.m. at the Goderich Legion in the games room.

This club warmly welcomes all chess enthusiasts of any age to join. Whether a seasoned player or a newcomer eager to learn the game, this is the perfect opportunity to immerse yourself in the world of chess.

Participants may come and go as they please during this timeframe.

Admission is free and equipment will be provided.

MACKAY CHORISTERS CHOIR PRACTICE

Thursday mornings from 9:30 a.m. until 11:30 a.m. at Lakeshore United Church, downstairs.

MacKay Choristers meet for a weekly, day-time community choir practice, directed by Linda Street.

Visit <http://themackaychoristers.ca> for more information.

SMART RECOVERY MEETINGS

Hosted every Sunday from 11 a.m. until 12 p.m. at Red Roof Recovery.

ENGLISH CONVERSATION CIRCLE

Join in on Mondays from 6:30 p.m. until 8 p.m. at the Goderich Library.

Make friends and practice speaking English while talking about culture, family, food, movies or anything you would like.

Hosted by the Huron Welcome Hub for Newcomers.

GODERICH READS BOOK CLUB

Join this book club that meets every two weeks at the Goderich Legion and come work with a variety of books. There are 185 members online and a core group of locals who come out to in-person meetings at Café 109.

Upcoming meetings:

Contact head of book club Holly Smith: 519-630-3962 for more information.

BIA FARMERS' MARKET

Every Saturday until October 10, from 8 a.m. until 2 p.m.

BIA SUNDAY MARKET

Every Sunday until October 11, from 9 a.m. until 2 p.m.

VISITING ARTIST FOR OCTOBER AT GODERICH CO-OP GALLERY

For the month of October, visit Goderich Co-op Gallery to see the exhibition 'Where Music Lives' by Lisa Golem.

Opening reception on Saturday, October 3 at 2 p.m. Golem will give a live painting demonstration at 2:30 p.m. Everyone is welcome.

HOME ALONE COURSE

On Saturday, October 3 from 12:30 p.m. until 3:30 p.m. at the YMCA for children ages 10-12.

Are you wondering when it's safe to leave your child at home alone for a few hours?

Kidproof can help your child be prepared and confident to be home alone.

Admission is \$40.

BABYSITTING COURSE

On Sunday, October 4 from 9 a.m. until 3 p.m. at the YMCA.

This course is for babysitters who would like to pick up some helpful hints on accident prevention, child behaviour, home safety, emergency procedures, and creative children's activities.

The program is a recognised course of the Canadian Red Cross Society.

Students will receive a manual and certificate upon successful completion of the course and exam.

Admission is \$50.

TOWN OF GODERICH COUNCIL CANDIDATES MEETING

On Tuesday, October 6 at 7 p.m. until 9 p.m. at Lakeshore United Church in Goderich.

The Maitland Trail Association (MTA) invites Goderich residents to come out and hear directly from the candidates who are seeking election as Town of Goderich Councillors.

This meeting will focus specifically on the candidates running for councillor positions. It's an opportunity to hear their priorities, perspectives and ideas for the future of Goderich.

Submit questions in advance here: <https://forms.gle/tgSS-mmYrKVXkiUUz5>

Questions will be selected to cover a broad range of topics. This meeting will be livestreamed on the Lakeshore United YouTube Channel for those who cannot attend in person.

Everyone is welcome.

BOOK RELEASE AND READING

On Wednesday, October 7 at 3:30 p.m. at Steve and Mary's in Goderich.

Join James White as he releases a proper whodunnit novel called 'Eight+', a rowing mystery about a crew of rowers who are being systematically injured by a mysterious saboteur.

Will they survive to race at Henley, the premier regatta? Come hear a reading by James White on October 7.

ANNUAL TURKEY BURNER WORKOUT

On Saturday, October 10 at 9 a.m. on the Square.

Hosted by Goderich Fit Body Boot Camp.

Open to the public, this event is a fundraiser for the local food bank.

If raining, the event will be held at the gym.

GDHS GUEST SPEAKER EVENT

On Tuesday, October 20 at 7 p.m. at the MacKay Centre. Join the Goderich District Horticultural Society (GDHS) as they welcome guest speaker David Yates to present on the beautiful gardens of Bingham Park.

There is no charge for this event.

WARM HEARTS HARVEST DINNER AND AUCTION

On Saturday, October 24 at 5 p.m. at South Huron Rec Centre in Exeter.

As part of the Precious Blood Church – Lake Huron Catholic Family of Parishes.

Pineridge barbecue chicken dinner, with live entertainment, cash bar, door prizes, silent auction, live auction.

Tickets are \$50 each.

Doors open at 5 p.m. Dinner served from 5:30 p.m. until 7 p.m.

Supporting the Warm Hearts Strong Foundation campaign.

Contact: Caroline Klaver – 226-374-9145.

ANNUAL TEXTILE SHOW AND SALE

On Saturday, November 7 from 10 a.m. until 5 p.m. and Sunday, November 8 from 12 p.m. until 4 p.m. at Huron County Museum in Goderich.

Hosted by the Goderich Quilters' Guild, Huron Tract Spinners and Weavers and Y2K Rug Bugs.

All manner of traditional and modern weaving, spinning, wool and quilted items for sale, plus demos and a 'new to you' boutique.

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Rev. John Trembulak 519-524-2235,
(cell) 519-878-0327

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2:00 pm

All other Sundays of the Year
8:30 am

Facebook: @bereagoderich



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[Knox Presbyterian Church Goderich - YouTube](https://www.pccweb.ca/knox-goderich)

Worship materials available online

www.pccweb.ca/knox-goderich

Riddles

- Why did the turkey cross Canada?**
To get to the other side of the gravy!

Canadian Thanksgiving is just like American Thanksgiving...
Except we celebrate it before winter really settles in!

Why was the pumpkin invited to Thanksgiving dinner?
Because it was good squash-pany!

What did the turkey say when it was complimented?
“Aww, shucks—I'm just winging it!”

What’s the most Canadian thing to say at Thanksgiving dinner?
“Sorry, I took the last dinner roll.”

Why did the cranberry sauce break up with the turkey?
It needed some space to jell.

What did the mashed potatoes say to the gravy?
“You complete me.”

Why did the turkey join a hockey team?
It already had plenty of feathers for a good power play!

What’s the best thing about Canadian Thanksgiving?
Three words: leftover turkey sandwiches.

Sudoku

3	4	9	7					
	6		3				5	8
	5	2		9				
					5			1
		3			2		4	
4		7		8	6	3	2	
6				1	3			
		8				7		6

Solutions on page 31

Featured Pets



OSCAR

Oscar is a rescue who was saved from a puppy mill at only a few weeks old. Though he started his life with a rocky start of foster families, needing multiple antibiotics and surgery, his resilient spirit and love of all shines through. He is happiest running through the forest, chasing a ball, or getting snuggles and cuddles on demand. He has brought more laughs and joy to our family, we couldn't imagine ourselves without him.



Nominate your Pet of the Month by emailing info@goderichsun.com

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www.petvalu.ca

Word Search

THANKSGIVING TABLE

A	N	N	L	L	T	X	O	F	F	D	O	H	H	Q	B	E	C	C	K
G	A	T	H	E	R	I	N	G	A	N	B	V	M	W	S	Y	X	B	S
I	I	T	L	C	W	C	C	B	K	W	Y	J	K	W	F	I	F	N	Y
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Y	I	V	O	U	O	E	U	T	L	S	V	F	O	R	A	D	U	Q	O
R	Z	E	F	E	A	S	T	T	E	N	O	G	I	G	A	D	V	D	P
T	D	R	Z	G	R	H	B	N	V	A	N	N	I	N	Y	H	Y	T	E
D	V	S	Q	I	H	N	H	A	E	K	C	D	Z	D	G	Q	A	A	G
D	I	N	N	E	R	J	S	Y	A	C	O	W	Z	I	C	L	H	L	Z

- CASSEROLE
- CENTERPIECE
- CORNBREAD
- CORNUCOPIA
- CRANBERRY
- DESSERT
- DINNER
- FEAST
- GATHERING
- GOURD
- GRATITUDE
- GRAVY
- HARVEST
- LEFTOVERS
- PARADE
- PUMPKIN PIE
- STUFFING
- SWEET POTATOES
- TABLE
- TURKEY
- WISHBONE

Parkinson's Walk in Goderich raises over \$25,000

GODERICH SUN STAFF

info@goderichsun.com

Blessed with good weather for the annual Parkinson's Walk in Goderich, participants walked along the shoreline on the boardwalk to raise funds and awareness during the 2026 Parkinson's Walk.

As of September 21, the total from the walk is at just over \$25,000 with money continuing to come in online.

Top fundraising teams were Wuerth Every Step (\$7,472), Team Rosser

(\$5,542), Team Corriveau (\$4,139), and Team Fisher4Hope (\$2,845).

The Goderich and area walk for Parkinson's is one of 14 fundraising walks held on the same day.

Goals of the walk involve raising enough funds and awareness to help research find a cure as well as fund the groups that support people living with the disease.

A portion of the proceeds from the Goderich walk will fund local support groups and the remainder stays with the Parkinson's Society of Southwest On-

tario (PSSO).

This year's walk was sponsored by many local businesses including Jenkins Recycling Ltd., Wuerth Shoes, Microage Basics, Domino's Pizza, Compass Minerals, Tim Horton's, and Ron Allin for the music.

Goderich Legion Branch 109 made a generous donation to the walk, and the MacKay Centre for Seniors continues to support those living with Parkinson's by holding support group meetings each month.

"Parkinson's disease doesn't hit the

pause button, and neither do we," said Ron Corriveau.

"Every day, thousands of individuals and families navigate the daily challenges of living with Parkinson's. This walk is more than just a fundraiser – it's a powerful gathering of community, resilience and hope."

Corriveau explains that participants lace up their sneakers to show those living with Parkinson's they are never walking alone, while raising funds to support critical research to one day find a cure.



(CONTRIBUTED PHOTO)

Team Wuerth Every Step – John and Linda Wuerth were the top fundraising team, raising \$7,472.



(CONTRIBUTED PHOTO)

Bill and Paula Rosser.

CLASSIFIEDS

Email to inquire
info@goderichsun.com

FOR SALE

Shade Trees; Maples, Oaks, Birch, Beech, Honey Locusts, Elms, Magnolia, Hydrangea Tree, Tulip Tree, Crab apples, Ivory Silk Lilac, Chanticleer Pear, Golden Weeping Willows and more. Apples, Pears, Peaches, Plums, Apricots, Nectarine, Blueberry, Haskap etc. Lots of healthy strong Spruce, Cedars and White Pine for your privacy hedges and windbreaks. Hundred of flowering shrubs. Reg Hours 7 a.m.- 6 p.m. Mon-Sat at Martins Nursery c/o Emanuel Martin. 42661 Orangehill Rd., Wroxeter, ON

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WANTED TO BUY – All collectibles including sports cards, beanie babies, Funko pops and stamps. Highest prices paid. Free appraisals. Are you downsizing or need an estate clean out? We can help. We are at the Pinery Market at Grand Bend every Sunday from 9 a.m. to 5 p.m. Call or text Stan anytime 519-868-3814.

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OBITUARY

**KEITH JOHN HOPKINSON**

Keith John Hopkinson passed away in Calgary, Alberta on Sunday, September 6, 2026 at the age of 84.

Born in Goderich, Ontario on August 7, 1942, John spent a lifetime in aviation, eventually founding Hopkinson Aircraft Sales in Calgary, Alberta. Most important to John were the family, friendships and relationships he built along the way.

John is lovingly remembered by his wife and partner of 42 years, Christina; his children, Andrew (Nicole), Keith, Sandra and Ruth; his grandchildren, Jack, William, Henry, Duncan, Hannah, Avery and Zachary; and his sisters, Anne (Michael) Tafeit and Jane (Clare) Sager.

John is predeceased by his mother, Ethel Bettger Hopkinson (1949), his father, Keith Sandling "Hoppy" Hopkinson (1964), and his step-mother, Isabel Hopkinson Sully (2018).

A Celebration of John's Life was held at 240 Aviation Place NE, Calgary, Alberta on Saturday, September 19, 2026. Final Interment will be in Maitland Cemetery Goderich, Ontario at a later date.

In lieu of flowers, please consider a donation in John's memory to the Canadian Aviation Hall of Fame at <https://donorbox.org/in-memory-of-John-Hopkinson>.

Blue skies and tail winds, John, somewhere west of the Sunset. We will meet again.

Curtains Up: First adult drama club meeting draws a full house at the Legion

PAMELA CLAYFIELD

Sun Correspondent

What began as a simple idea quickly turned into a full-blown community gathering on Tuesday evening, when Amanda Swartz hosted the very first meeting of a new Adult Drama Club at the Goderich Legion.

Unsure whether anyone would show up — or if the idea would resonate at all — Amanda was met with an enthusiastic crowd of about 20 people, with several more reaching out to say they were interested but unable to attend.

The turnout was far beyond what she imagined.

The inaugural meeting was all about exploring possibilities. Attendees shared what they hoped to learn, try, or contribute, and the ideas came fast: behindthescenes work, singing, improv, writing, and even audition preparation for those dreaming of stepping onto the stage at the Livery Theatre.

Workshops were a popular suggestion, especially for

newcomers eager to build confidence or try something creative in a supportive environment. Others expressed interest in having an audience — a safe place to test out improv scenes, monologues, or character work.

The atmosphere was relaxed, welcoming, and full of laughter. For many, it was a chance to reconnect with creativity; for others, it was an opportunity to try something completely new.

What united the group was a shared excitement about building a space where adults can play, perform, learn, and collaborate.

With this kind of early momentum, the Adult Drama Club is already shaping up to be a vibrant addition to Goderich's arts community — and a promising bridge to future productions at the Livery and beyond.

Despite not yet having a permanent home, weekly meetings are expected as the group begins shaping its direction, exploring workshops, and discovering the talents waiting in the wings.

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read newspapers weekly.



SUDOKU

3	4	9	7	5	8	1	6	2
7	6	1	3	2	4	9	5	8
8	5	2	6	9	1	4	3	7
9	2	6	4	3	5	8	7	1
5	8	3	1	7	2	6	4	9
4	1	7	9	8	6	3	2	5
6	7	5	8	1	3	2	9	4
1	9	4	2	6	7	5	8	3
2	3	8	5	4	9	7	1	6

QUIZ ANSWERS

1. Opal
2. Richard Pryor
3. Fernando Mendoza
4. Peace Tower
5. 1974
6. Tuberculosis
7. Mr. Coffee
8. Green
9. Groaler or a pizzly bear
10. BC, Alberta, Saskatchewan

Goderich Sun

Deadline: Friday prior at 3 p.m.

Contact: info@goderichsun.com

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- If your event is not free admission or you would like to include more details than stated above, you have the following options:
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