



Goderich Sun

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SEPTEMBER 3, 2026

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Fall Farm Frolic invites visitors to explore Huron County farms, food and arts

GODERICH SUN STAFF

info@goderichsun.com

Residents and visitors are invited to get a behind-the-scenes look at local agriculture during the Fall Farm Frolic on Saturday, September 19.

This free, self-guided event opens the gates at seven farms and agricultural businesses across Huron County.

Fall Farm Frolic aims to give visitors an opportunity to meet local farmers, learn how food is grown and produced, meet farm animals, shop for local products, and experience the diversity of agriculture in the region.

"The Fall Farm Frolic is a chance for people to experience Huron County agriculture in a fun and approachable way," said Rick Sickinger, County of Huron Tourism Officer.

"Visitors can talk directly with farmers, discover the variety of food and agricultural products produced here, and enjoy some great arts and cultural experiences along the way."

Visitors can choose the farms they would like to explore and create their own route through the Huron County countryside.

Farms will be open from 10 a.m. until 4 p.m.

Participating farms include: Weth Mushrooms, Bayfield Lavender Farm, Harm-N-E Longhorns, Govers Family Farm and Pumpkin Patch, Maelstrom Winery,

CONTINUED TO PAGE 2



(CONTRIBUTED PHOTO)

Schoemaker finished sixth out of over 50 golfers at the All Abilities Golf Tournament in Ottawa.

Dixon Schoemaker finishes sixth out of 59 athletes at All Abilities Golf Tournament

KATHLEEN SMITH

Editor

Local golfer Dixon Schoemaker recently travelled to Ottawa to compete in the All Abilities Golf Tournament.

The 20-year-old golfer was born with cerebral palsy, but Dixon didn't let that hinder his love for the sport, nor his competitive spirit.

"I love sport and competition, and golf is the game that I excel in, so having Cerebral Palsy never stopped me from playing," Dixon admitted.

Finishing sixth out of 59 golfers at the tournament, this result has opened the door for future competitions including the Para Olympics and Special Olympics, as well as other all abilities golf tournaments.

Battling his nerves and the heat for his first time at the tournament, Dixon had such an amazing time meeting other people and competing at the All Abilities Golf Tournament.

"I feel proud that I finished, but I know I could have done better if I didn't have a few double bogeys and missed a few birdie putts," Dixon said.

"I was very nervous on the first day."

Now, Dixon is involved in the special Olympics and the Para Olympics and already has a couple of tournaments to prepare for, coming up in September.

Dixon and his family would like to thank the whole community for their generosity. Whether it was people golfing with Dixon and encouraging or helping with his swing, or helping him train for the event in Ottawa.

On September 16, Dixon will compete at Special Olympics in London at Maple Ridge Golf Course.

September 27 he will compete again in the Para Olympics in Niagara Falls at the Legends Golf Club.

Dixon suspects he will compete in the All Abilities tournament again next year.

First launched in 2019, this tournament was an im-

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Schoemaker

CONTINUED FROM FRONT

portant step toward making golf more accessible and giving athletes with disabilities a platform to compete at a high level.

The event is open to golfers with a range of physical, sensory and intellectual disabilities.

The tournament is designed for people with limitations, whether physical or psychological. The Canadian All Abilities Championship is a new but significant addition to Golf Canada's portfolio. It was introduced to promote inclusivity and showcase the talents of golfers with disabilities.

Fall Farm Frolic invites visitors to explore Huron County farms, food and arts

CONTINUED FROM FRONT

Malette Family Farm and Meeting Place Organic Farm.

For visitors who would rather leave the driving to someone else, a limited-ticket VIP experience is also available for \$75 plus HST per person.

VIP guests will travel by highway coach to all seven locations, departing from and returning to the Walmart park-

ing lot in Goderich.

The experience includes farm visits, tours, arts programming, a swag bag of local goodies and lunch and a wine tasting at the winery.

For the complete list of participating farms, locations, programming, downloadable event map and VIP ticket information, visit the Ontario's West Coast Fall Farm Frolic website.

Watsons Fall Fashion Show

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(CONTRIBUTED PHOTO)

The Goderich U11 Tier 2 Girls went undefeated in their season.

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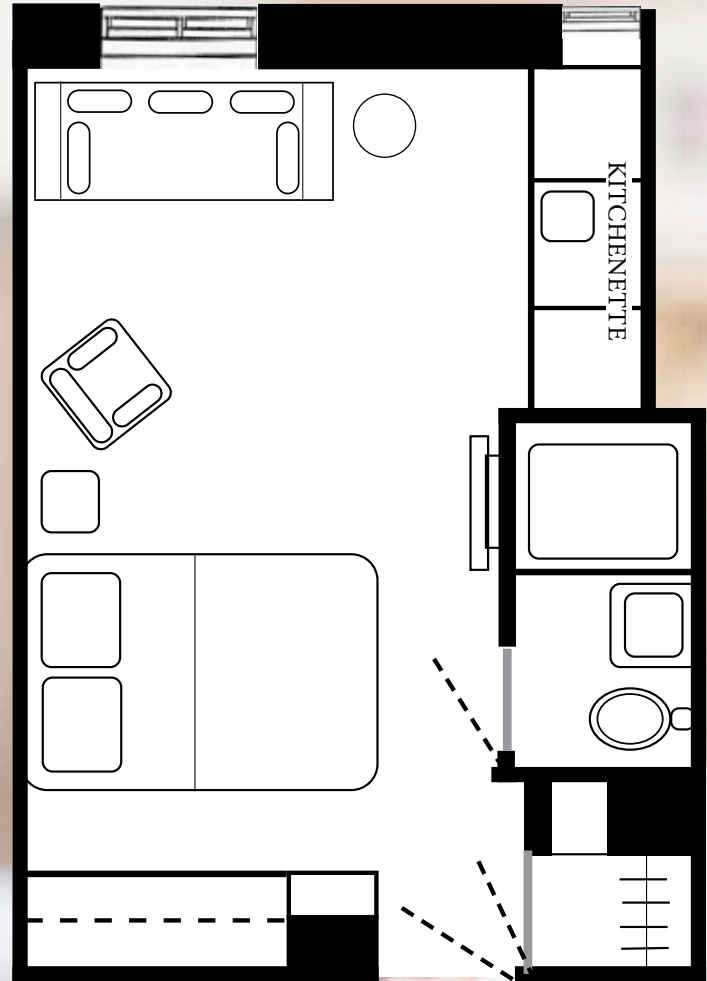
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Ausable Bayfield Conservation recognizes trail groups with Decades Award

GODERICH SUN STAFF

info@goderichsun.com

Ausable Bayfield Conservation Authority (ABCA) recognised the work of local community groups that are building, enhancing and maintaining trails.

To honour these groups, ABCA presented a Decade Award to recognize local trail groups for their efforts to provide the community with opportunities to experience outdoors.

Bayfield River Valley Trail Association (BRVTA), Lambton Shores Nature Trails, Friends of South Huron and Friends of North Middlesex Trails were recognised.

"We're fortunate to have access to nature trails across the whole watershed," expressed Nathan Schoelier, Acting General Manager at ABCA.

"These are places where people can connect with the environment and with each other. These trails are a reflection of community spirit in the watershed and are supported and maintained by dedicated volunteers."

ABCA is presenting Decade Awards in honour of the conservation authority's 80th anniversary (1946-2026). The most recent award (the seventh of nine to be presented in 2026) recognises work in the 2000s and onward.

The preservation and maintenance of trails in Ausable Bayfield watersheds is possible thanks to a strong local partnership between ABCA and trail groups along with donors and landowners.

"I would like to thank all the volunteers with these trail groups and everyone who supports these trails with donations," said



(CONTRIBUTED PHOTO)

Ausable Bayfield Conservation Authority (ABCA) has presented its latest ABCA 80th Anniversary Decade Award. An announcement and presentation ceremony was held on Tuesday, August 25 at Bayfield River Valley Trail Association's Varna Nature Trail. Shown in photo, from left to right, are: Nathan Schoelier, ABCA Acting General Manager; Ross Atkinson, Lambton Shores Nature Trails (LSNT); Norm Eckel, South Huron Trail Mobile volunteer driver; Tracey Puchala, Friends of North Middlesex Trails; Jim Hayter, Trail Mobile volunteer driver; Kelly Vader, Bayfield River Valley Trail Association (BRVTA); George Finch, Friends of South Huron Trail; Roger Lewington, BRVTA; Ray Chartrand, Chair, ABCA Board of Directors; Mary Lou Tasko, LSNT; Ed Hunter, LSNT; and Dave Frayne, Friends of South Huron Trail.

Ray Chartrand, Chair of the ABCA Board of Directors.

"These valuable community assets are available for public use because of the community, because of the volunteers, and because of the generous donors."

With Decades Awards, ABCA previously honoured, the following recipients:

1. 1940s – Member municipalities, for vision in forming Ontario's first conservation authority and for con-

tinued partnership in the decades that have followed.

2. 1950s – Ontario Parks – For establishing and stewarding Pinery Provincial Park.
3. 1960s – Ontario Ministry of Natural Resources (formerly Department of Lands and Forests) for a lasting local legacy of reforestation.
4. 1970s – Ausable Bayfield Conservation Foundation – For work in

the community since ABCF was formed in 1974.

5. 1980s – Local community service groups, recognizing decades of strong partnerships in our watershed communities.

6. 1990s – Innovators for soil. ABCA will continue to honour recipients during the ABCA 80th anniversary year (2026).

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Goderich Sun

Guiding Principles

1. Everyone has a story
2. The news should be free for all to enjoy
3. Good news beats bad news
4. A Newspaper should be a community effort (contribute to your local paper!)
5. Newspapers document history
6. Newspapers strengthen communities
7. Advertisers, big or small, should profit from their ads (meaning sensible ad rates)
8. Newspapers should be locally-owned and operated

Choosing Grace: The quiet shift towards autumn

PAMELA CLAYFIELD

Sun Correspondent

Have you noticed? September arrives this year without much noise with Labour Day being delayed as the calendar has shifted.

The air is starting to cool just enough to make mornings feel crisp enough to grab a sweater or jacket. The light changes in a way that's hard to describe but the lights need to go on earlier.

Suddenly summer doesn't feel endless anymore. It's not a dramatic shift; it's just a gentle turning of the season.

It's sad to see the end getting closer as the slow pace ramps up with buying school supplies and new clothes. There is some-

thing comforting about this time of year.

The evenings feel like they're growing quieter and the campfires don't burn as long. In that quiet, we often find ourselves reflecting on what the past months have given us — the warmth, the laughter and the moments in the sunshine.

September invites us to welcome change without rushing it. Notice the small signs like a leaf beginning to turn, a cooler breeze and the return of familiar routines.

It's a reminder that transitions don't have to be overwhelming. They can be soft, steady, and full of grace.

As we step into the last that summer has to offer, may we embrace this gentle shift. May we carry summer's warmth with us, even as the season begins to change.



NOTICE OF ELECTION

Municipal Elections Act, 1996

Municipal Election notice is hereby given to the Voters of the Town of Goderich that an Election will be held for the following Offices:

Mayor (one to be elected)

Trevor Bazinet
Steve Buchanan

Deputy Mayor – Acclaimed

Randy Carroll

Councillor (5 to be elected)

Jacob Bjerg
Chris Garnier
Will Kernohan
Katherine (Kate) Krouskie
Vanessa McMillan
Rishad Dell Mohamed
Charles Oliver
Elizabeth (Liz) Petrie
John Thompson

English Public School Board Trustee (one to be elected)

Joseph Cohen
Robert Hunking

English Separate School Board Trustee (one to be elected)

Alanna Fitzpatrick
Nickolas Vaessen

Rachid Barrima has been declared Acclaimed to the position of Trustee for the French Public School Board – Conseil Scolaire Viamonde (representing Huron, Perth, Waterloo, Wellington and Middlesex).

Michael Salvatore has been declared Acclaimed to the position of Trustee for the French Separate School Board – Conseil Scolaire Catholique Providence (representing Huron, Perth, Bruce, Grey and Lambton).

METHOD OF VOTING

The Town of Goderich 2026 Municipal Election in October will be convenient and accessible to all eligible voters. Identical to the voting methods used for the 2018 and 2022 Municipal Elections, electors will be voting by **internet and telephone only**. There will not be any polling locations and there will not be any paper ballots. In early October, electors who are on the Voters' List will be mailed a Voter Information Letter which includes a Personal Identification Number (PIN) and detailed instructions on how to vote.

Internet and Telephone Voting opens at 9:00 a.m. on Tuesday, October 13, 2026, and closes at 8:00 p.m. on Monday, October 26, 2026

Vote in the privacy and comfort of your home (or anywhere in the world) 24 hours per day, using a device of your choice. If voters require assistance or access to the internet, a Voter Help Centre will be available.

VOTER HELP CENTRE LOCATION AND HOURS

Goderich Town Hall, 57 West Street, Goderich

- Tuesday, October 13th from 9:00 a.m. to 4:00 p.m.
- Weekdays from Wednesday, October 14th to Friday, October 23rd during regular office hours (8:00 a.m. to 4:00 p.m.)
- Monday, October 26th between the hours of 10:00 a.m. to 8:00 p.m.

For additional assistance, please call the Goderich Elections Team at 519-524-8344 ext. 210 or email vote@goderich.ca

Dated this 3rd day of September, 2026

Andrea Fisher,
Returning Officer/Clerk
Town of Goderich



Goderich Sun

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Historical sites that made Goderich: Hotel Bedford

KATHLEEN SMITH

Editor

Hotel Bedford in Goderich has a rich history dating back to its establishment in 1896.

Built upon the foundations of the original Albion Hotel, destroyed by fire in 1895, the Hotel Bedford has played a significant role in the town's identity for 130 years.

John Bedford and A.C. Pace constructed and opened the Hotel Bedford. Construction began in spring 1896, on the building that commands its corner location with Romanesque arches along the ground floor and restrained Italianate decorative elements above the entrance.

Construction throughout the spring and summer of 1896 was eagerly followed in the local papers. The result of the construction of the Bedford Hotel is what Heritage Goderich describes as a building which 'commands its corner location with Romanesque arches along the ground floor and restrained Italianate decorative elements such as the large cupola and projecting balustrade above the entrance'.

Now, the Bedford's cupola, or dome, is one of the Square's signature features.

Officially opened on September 21, 1896, with its prime location on the Square and access to Polley's Livery on South Street, the hotel was ideally situated to the commercial class of travelling salesmen.

According to Yates, in 1898, the Bedford Hotel claimed it was one of the largest hotels in Ontario.

Although he never owned the hotel, Jonathan Miller was its first proprietor. Miller with an imposing 465-pound girth was dubbed the 'biggest man in Canada'. His giant stature matched the size of the new hotel.

Miller kept the Bedford until 1903, when he became the proprietor of Seaforth's



(CONTRIBUTED PHOTO)

Grip House.

Over the years, the hotel has been owned and operated by several families including Ethel Litt, followed by her daughter Aileen and husband Art Curry.

The Curry's daughter Mary, and husband Bruno Lapaine, were next in line to take control. This family ran the place for over 50 years.

During its 130-year history, notable visitors included Sir Sam Hughes (Canadian politician, soldier, journalist and Minister of Militia and Defence during the First World War), Walt Disney, and several Canadian prime ministers including Louis St. Laurent and Brian Mulroney.

This hotel has maintained the atmosphere of a bygone era with its 25-step staircase, with lovely wooden railings leading to the second-floor accommodations.

In the 31-room hotel located on Goderich's historic courthouse square, the hotel is within walking distance to shopping, the museum and the beach.

With its iconic dome and architecture bringing its guests back to a bygone era, Hotel Bedford sits proudly standing high above the square as an iconic historic site, blending the town's history with modernity.

Over the decades, and various owners, it was the multitude of local and dedicated staff made the hotel a successful place in Goderich. According to Yates, one employee, Frank Clark, started at the hotel in 1938 and was still working at the hotel in 1972.

According to Yates, in 1912, Sir Sam Hughes, the Minister of Militia, was feted by the Mayor and Board of Trade in the hopes that a permanent military base

would be established in Goderich.

In the aftermath of the Great Storm of 1913, shipping officials headquartered their ground search and recovery operations from the hotel.

On October 9, 1916, the Bedford hosted a dinner for the 161st battalion's Goderich company who were leaving for overseas the next day.

For some, Yates says it would be their last supper in Huron County ever.

It wasn't until 1929 when Ethel Litt bought the Bedford and began a family dynasty for four generations.

Ethel Litt was a single businesswoman and mother at the height of the Great Depression.

The 1914 Canada Temperance Act prohibited the sale of alcohol and shut down 'wet' bars like the Bedford for decades.

In 1942, the hotel was briefly licensed to sell alcohol for the duration of the war. According to Yates, with so many British airmen stationed in the area, it was a sensible relaxation of the rules during wartime.

However, that license was revoked in 1946, and the Bedford went dry again, until 1964 when Goderich voters allowed alcohol sales in licensed taverns, which helped the hotel business.

Today, it stands as the last of the grand hotels that once catered to the travelling classes of a bygone era.

With many owners over the years, a promise was made so that the hotel would continue to carry the Bedford name.

Since 1896, the majestic Hotel Bedford has stood proud on the southeast side of the Square and is the last of the grand hotels of a bygone era.

This is an ongoing series of historical features to tell the story of Goderich, in each issue of the Goderich Sun, from June 2026 until June 2027, in anticipation of its bicentennial.

A history of Goderich: From 1890s through the early 1900s

KATHLEEN SMITH

Editor

The late 1880s and into the 1890s were transformative years, characterised by industrial growth, urbanisation and evolving domestic and social life.

It was the 1890s that laid the groundwork for social and economic changes that would come from the 20th century.

Originally a nation of farmers, fishermen, loggers and fur traders, with the 20th century, a full-scale societal transformation happens in the early 1900s.

Under the 15-year leadership of Prime Minister Wilfred Laurier (served 1896-1911), Canada pursued policies for great economic growth and a rising standard of living for almost everyone.

This next period from a young dominion of the British Empire to an increasingly independent nation was marked by rapid population growth, economic expansion, social reform, and eventually two world wars.

By the early 20th century, Goderich established itself as a modest commercial hub on Lake Huron.

Its location on the lake made it a key point for regional transport, with stagecoach routes connecting the town to London and Galt, and regular steamboat services linking it to other lakeside communities.

The early 1900s also saw gradual improvements in roads and public services, reflecting the town's slow but steady growth.

Its population growth was slower than other Ontario towns due to its remote location and exposure to harsh lake winds. Despite that, it remained a stable community.

The early 1900s in Goderich were marked from its 19th-century foundations – reliance on the harbour, on small-scale industry, and community institutions.

These elements set the stage for later development in tourism, and heritage preservation.

By the late 1800s, salt works lined the lakefront, pumping brine from the ground and evaporating it in large metal pans to produce high-quality salt for export.

Large vessels – and steamships – lined the docks at Goderich Harbour to carry

salt, timber and grain across the lake.

Children walked kilometres every day to reach one-room schoolhouses, where a single teacher handled every grade at once. Slate boards replaced paper and lunch tins were a daily staple.

Winters were harsh, families relied on horse-drawn sleighs to travel, and evenings were spent around wood-burning stoves.

Summer brought flocks to the shores to swim, canoe and socialising, gathering on the bluffs above the lake or afternoons on the beach.

Despite the quiet life on the shores of Lake Huron, news of a distant war made it to the ears of those in Goderich and Huron County.

In October 1899, an all-absorbing topic in local papers was the war between Great Britain and the Boers of South Africa.

According to Yates, as soon as war was declared in October 1899, war fever gripped the area.

Patriotic displays were everything. On the Square, store windows were bedecked by flags, banners and pictures of Queen Victoria.

Eight Huron-based men went overseas in the first Canadian contingent.

It was during this time that the Ah-Meek and Maple Leaf chapters of the IODE in Goderich were initially formed for the express purpose of supporting Canadian soldiers fighting in South Africa.

There were no lost Huron County men to mourn.

When the war ended on May 31, 1902, the town and church bells rang but there were no public celebrations, bonfires and parades.

The arrival of the Grand Trunk Railway connected Goderich and the shores of Lake Huron with other villages as well as opening markets to larger cities.

Goderich in the early 1900s was a modest, yet industrious lakeside town, balancing historical roots with gradual modernisation, while maintaining the role of a regional hub.

The Goderich branch of the Canadian Pacific Railway (CPR) was officially opened on September 12, 1907, almost three years to the day when a steam shovel scooped the first sod on the north bank of the Maitland River.

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A history of Goderich: From 1890s through the early 1900s

CONTINUED FROM PAGE 6

According to local historian and author David Yates, townsfolk eagerly anticipated the railway's completion as it brought the promise of what local journalists hoped would be an 'era of quickened developed and increased prosperity'.

Yates says the CPR was the second railroad into Goderich.

In 1858, the Grand Trunk Railroad had opened a Buffalo to Lake Huron line through Stratford, Seaforth and Clinton.

The CPR followed a more northerly route from Guelph to Walton, Blyth and Auburn before crossing the Maitland River at Goderich.

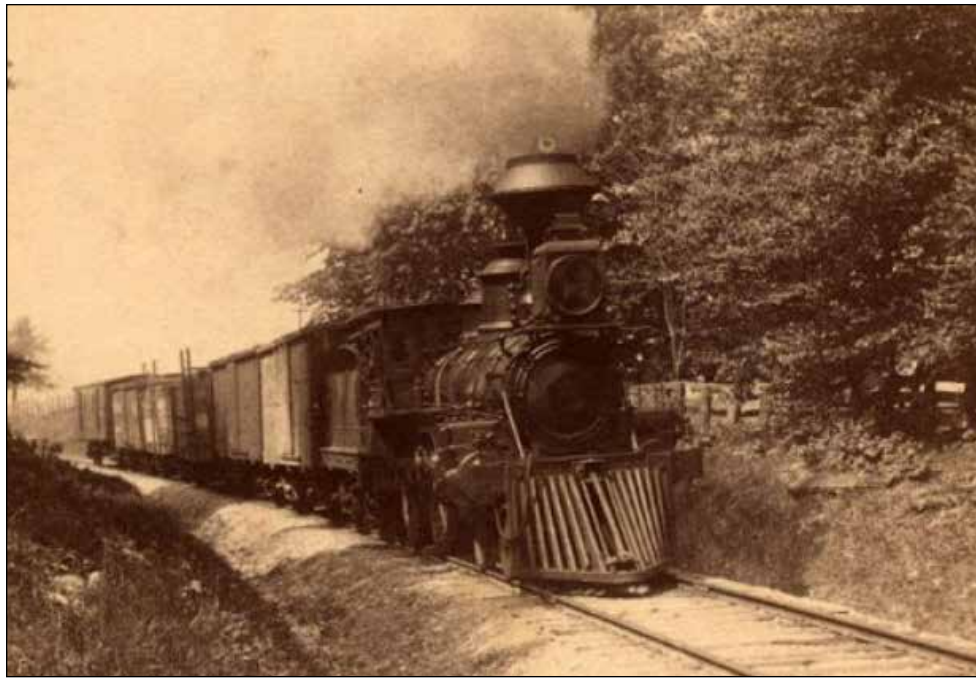
Constructing the CPR bridge over the Maitland proved more of a challenge than first anticipated.

At the peak of bridge construction, it was estimated that nearly a 1,000 men and 50 teams of horses worked the line between Lake Huron and the base of Dunlop's Hill.

On August 26, 1907, the first passenger train pulled into the Goderich CPR station. Reuben R. Sallows snapped a picture of the crowd awaiting its arrival.

In a portrait taken by Reuben R. Sallows, a group of men standing in dark suits, coats and wearing hats watch as a steam shovel turns the sod to make space for the iron rails scattered in the foreground and the Maitland River flats and town of Goderich in the background.

Bringing the CPR to Goderich was an important event, yet transportation pat-



(CONTRIBUTED PHOTO)

terns soon changed with the invention of the automobile.

Despite the loss of service, the stations have survived as a nostalgic relic of a bygone era of travel.

With the emergence of service groups to support men involved in the military fighting far off wars, and the changes that the CPR was bringing – connecting more towns – recreation was becoming more organised and official.

Shinny hockey had been played for decades on the harbour ice and lake, but it

was not until December 1895 that the first Goderich ice hockey club was organised.

Alex McIvor, a member of the first Goderich team, recalled that the club was organised by Billy Bucko Babb.

Monday, February 3, 1896, stand as a monumental day in local sports as the first organised hockey match took place in Goderich at the West Street rink.

According to Yates, the Goderich team only had spring skates clamped to winter boots and had a lack of uniforms.

Undaunted, the Goderich team pushed

on.

Early hockey games were played without goal nets, which caused endless disputes and fights on and off the ice.

Fighting was an integral part of the game then.

By 1898, the Goderich team was informally known as the 'Goderich Seven', and they became the town's pride.

Local papers gave detailed coverage of each match.

It wasn't until March 1899 the first appearance of a Goderich team called the Sailors was reported.

By 1900, the Huron Hockey League consisted of only three teams – Clinton, Goderich and Seaforth, and Canada's game had taken root in Goderich and Huron County.

Although a far away war in a distant land didn't impact the economic, recreational and social growth and peace in Goderich and Huron County, the people of Goderich were soon entering into a new era with the beginning of the 20th century.

Soon, unbeknownst to everyone, by the 1910s, something unimaginable was around the corner. The eventual Great War would impact lives in Goderich and Huron County and change industry, social and economic aspects of life in the area and shroud the town in a mournful state.

This is an ongoing series of historical features to tell the story of Goderich, in each issue of the Goderich Sun, from June 2026 until June 2027, in anticipation of its bicentennial.

Bluewater Golf Course clubhouse destroyed by raging fire

KATHLEEN SMITH

Editor

Huron County emergency services responded to a structure fire on Bluewater Highway just after 8 p.m. on August 26.

A fire was raging and because of the blaze, the golf course clubhouse sustained a total loss.

Fire crews extinguished the fire, and

no injuries were reported, but the scene is being held for the Office of the Fire Marshall to attend and investigate the cause.

According to Bluewater Golf Course's social media, the course was to be closed until further notice, following the devastating fire.

"Thank you to our staff for their hard work and quick response," was posted on

socials on August 26.

"We would also like to extend our sincere thanks and appreciation to all of the first responders who attended the fire so quickly. Your prompt response and dedication are truly appreciated."

In a turn of events, as of August 29, the course took to social media to share the news that the course would reopen on Tuesday, September 1. Bookings will

need to be done online, and the phone system will be up and running around on September 2.

"Thank you so much for your incredible support, patience and understanding over the past few days," wrote the course team.

"It truly means a lot to us."

As of August 31, there was no official report on the cause of the fire.



(CONTRIBUTED PHOTO)

Local fire crews worked to maintain the blaze, keeping it from spreading further into the course.



(CONTRIBUTED PHOTO)

The clubhouse sustained total damages, but the course will re-open for golfers who can book online or via telephone, starting September 2.

Huron Perth Public Health names newly appointed Associate Medical Officer of Health

GODERICH SUN STAFF

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Huron Perth Public Health (HPPH) shared that the Ministry of Health recently approved the appointment of Dr. Lauren Hayward as Associate Medical Officer of Health for HPPH.

Dr. Hayward has served as a physician consultant for HPPH since 2021, including as the Director of the Population Health Department.

She has also provided sexual health services with former Perth District Health Unit and HPPH since 2017.

Dr. Hayward brings 12 years of family medicine experience in Huron and Perth counties, most notably as a family physician in North Perth in addition to varied clinical experience in other communities across Canada.

"This appointment marks an important milestone for Huron Perth Public

Health and reflects Dr. Hayward's expertise and commitment to advancing public health in our region," stated Dr. Miriam Klassen, Medical Officer of Health and CEO for HPPH.

Dr. Hayward holds a medical degree from Western University, family medicine certification (CCFP) from McMaster University, and a Master of Public Health from University of Waterloo.

Dr. Hayward also has the role of adjunct professor for the department of Family Medicine at Western University.

She is passionate about upstream, preventative and population-based health. Dr. Hayward looks forward to continuing to work with the skilled and committed HPPH team and partnering with Huron and Perth communities to help improve health and wellbeing.

For more information visit www.hpph.ca

Huron Chamber report examines potential local effects to U.S. tariffs

GODERICH SUN STAFF

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A new report by the Huron Chamber of Commerce examines the potential local effects of the U.S. tariffs on businesses across Huron County.

The report begins with the results of the Chamber's U.S. Tariff Impact Survey, which was developed specifically in response to the new Section 338 tariffs scheduled to take effect August 19.

According to the Chamber, those measures would impose additional 50 per cent duties on a wide range of specified Canadian products.

The survey found that exposure to the new tariffs could extend beyond businesses that export directly to the U.S.

Of the survey respondents, 65 per cent purchase goods, materials and components from the U.S. The same proportion of respondents believe their customers will be affected by the tariffs as well, in the form of pricing changes.

"What concerns us is the way these pressures can move through the local economy," said Colin Carmichael, Executive Director of the Huron Chamber of Commerce.

"A tariff may begin with a manufac-

turer, an importer or an exporter, but if it changes investment decisions, employment of household confidence, the effects can eventually reach retailers, restaurants, contractors, real estate businesses and other employers throughout Huron County."

While the survey focused on the Section 338 measures, the report took a broader look at the current Canada-U.S. trade environment.

It examined the existing Section 232 sectoral tariffs, including measures affecting steel, aluminum, copper, autos, trucks, lumber and other products.

These tariffs are particularly relevant to manufacturers and supply chains depending on affected materials.

The report also provides context to the newer Section 301 tariffs, which apply more broadly to Canadian goods.

Additionally, there is an analysis within the report that includes an update on ongoing negotiations between Canada and the U.S.

The report also offers a plain-language Section 338 Tariff Guide to help businesses identify products potentially affected by the August 19 measures.

The report can be found at: <https://tinyurl.com/4pes343h>

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Walking Together: Ben's Story

PSSO

Sun Contributor

When Ben Munnings was diagnosed with Parkinson's in January 2023, he approached the news much as he has approached other challenges in his life.

"I tend to 'roll with the punches,' so the diagnosis was just another punch that I had to live with," Ben shared.

A retired cross-border truck driver from Clinton, Ben had likely been experiencing symptoms for about two years before his diagnosis. His wife first noticed that he was leaning to the right while driving, and Ben was also experiencing tremors on his right side.

Since his diagnosis, Ben has found ways to stay active, connected, and involved in his local Parkinson's community.

He has participated in Walk for Parkinson's in previous years and continues to show his support for an event that brings people affected by Parkinson's together. He has also learned firsthand that Parkinson's is much more than what people can see.

"To most people, Parkinson's is just the tremors, but it is far nastier than that," he said.

"You can talk to 2,000 people with Parkinson's and get 2,000 different stories. It affects everyone differently."

For Ben, staying active is an important



(CONTRIBUTED PHOTO)

Ben Munnings with his wife, Carol.

part of living with the disease. He takes part in exercise and support programs offered through One Care and Parkinson Society Southwestern Ontario (PSSO), where he can connect with others who understand some of the realities of Parkinson's.

"The support programs offered by PSSO allow people living with Parkinson's the

chance to communicate with others also dealing with Parkinson's, so we know there is help and that we are not alone," he added.

That sense of connection is also part of what brings Ben back to Walk for Parkinson's. The event gives people living with Parkinson's, their families, friends, and neighbours a chance to show up for one

another while raising funds that help keep programs and resources available close to home.

Ben also sees fundraising as an important investment in the future.

"The most important thing about Parkinson's is to find a cure," he stressed.

"The only way that is to happen is to have research, and that requires funding."

For those supporting someone living with Parkinson's, Ben has three simple words of advice: "Patience, patience, patience." He encourages people to allow individuals to continue doing what they can for themselves and to offer help when it is needed.

This year, Ben will once again take part in the Goderich Walk for Parkinson's on Saturday, September 12 at the Cove, beginning at 10 a.m.

"Parkinson's has many symptoms, some visible, some not," Ben explained.

"Support from family, friends, and even strangers willing to help is great and brings added peace of mind."

For Ben and so many returning participants, the Walk for Parkinson's is an opportunity to be surrounded by people who care and understand.

Every person who walks, donates, volunteers, or shows their support helps remind those living with Parkinson's that they are not facing it alone.

Walk for Parkinson's returns to Goderich this September

GODERICH SUN STAFF

info@goderichsun.com

As the Walk for Parkinson's returns to Goderich on September 12, Parkinson Society Southwestern Ontario (PSSO) asks – who are you walking for?

This September, people across southwestern Ontario will lace up their shoes and come together to support those living with Parkinson's.

From care takers, to partners, families, friends and neighbours, all are welcome to take part in the annual walk, to reconnect with a community that understands what living with Parkinson's can mean.

Funds raised have an impact right here, as every dollar stays in the area, helping PSSO provide programs, support groups, counselling, education, resources and other services for individuals or families affected by Parkinson's.

Funds raised also help support research

aimed at expanding knowledge and improving quality of life for those living with the disease.

Participants can register as individuals or create a team to support their fundraising efforts. Many choose to dedicate their walk to someone, making each step along the walk, a personal way to show support.

According to PSSO, walk day is open to the entire community, and locations are wheelchair accessible, children and pets are welcome, and volunteer opportunities are available.

Goderich Walk for Parkinson's will take place at Rotary Cove Pavilion #4 on Saturday, September 12. Registration is at 10 a.m., walk begins at 11 a.m.

Goderich Walk's fundraising goal is \$27,000 and as of August 24, the total raised was already past \$10,000.

Visit <https://tinyurl.com/35xa9x5t> to learn more, register for the local walk, or to make an online donation.

Huron Chamber resources aim to help businesses navigate U.S. trade war

GODERICH SUN STAFF

info@goderichsun.com

Huron Chamber of Commerce launched a new guide to serve as a companion to the Chamber's 'Guide to the U.S. Section 338 Tariffs'.

According to Colin Carmichael, Executive Director of the Chamber, together, the two resources will help businesses assess tariffs affecting Canadian exports to the U.S. and goods imported into Canada from U.S. suppliers.

"Our members are dealing with a trade environment that can change in a matter of hours, while the tariff schedules themselves contain hundreds of lines of technical codes," shared Carmichael.

"As part of our broader role in supporting local businesses, we're working to make timely information and practical

resources easier to access as companies assess the changing trade environment."

The guide organises more than 800 affected tariff items by product category.

It is designed to help businesses identify products from the U.S. that may become more expensive when Canada's new tariffs take effect.

Carmichael explains this is important for manufacturers, agricultural businesses, retailers, contractors and other companies that purchase equipment, components, materials or finished goods from the U.S.

The guides are intended as screening tools as the Huron Chamber of Commerce is committed to helping its members understand and respond to the continuing trade war.

For more information, visit <https://huronchamber.ca>

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Regional labour market shows unemployment rate fell this summer

COLIN CARMICHAEL

Sun Contributor

The Stratford-Bruce Peninsula unemployment rate fell to 5.0 per cent in July, down from 5.6 per cent in June and 5.9 per cent in May.

While the lower rate is generally positive, the underlying numbers show a more complicated regional labour market.

Total employment was essentially unchanged in July at approximately 168,000 people. The larger movement came from a decline in the size of the labour force, meaning the lower unemployment rate was driven more by fewer people actively participating in the labour market than by a significant increase in hiring.

There was also continued movement in the type of employment. Full-time employment increased by about 1,400 in July, while part-time employment declined by about 1,600.

Looking back over the past year provides important context. Compared with July 2025, approximately 3,200 more

people are employed across the Stratford-Bruce Peninsula economic region, including about 7,000 more people working full-time.

At the same time, the unemployment rate is higher than the 4.1 per cent recorded last July. That does not mean the region has lost jobs. Rather, the labour force has grown faster than employment over the past year, leaving more people looking for work even as the total number of people employed has increased.

The July figures point to a regional labour market that has become somewhat less tight than it was a year ago, but they do not indicate broad-based employment losses.

The data are drawn from Statistics Canada's Labour Force Survey, with local labour market reporting and analysis from the Four County Labour Market Planning Board, a member of the Huron Chamber of Commerce.

A more detailed analysis of the local labour market, including sector-specific trends and additional context from the

past year, is available exclusively to members of the Huron Chamber of Commerce. If you are not currently a member and would like to receive this analysis along with other Chamber member benefits, you

can join the Huron Chamber for as little as \$220 per year.

Colin Carmichael is the Executive Director of the Huron Chamber of Commerce

STRATFORD-BRUCE PENINSULA LABOUR MARKET UPDATE

JULY
2026

Key takeaways from the latest labour market data

UNEMPLOYMENT RATE
5.0% ↓
Down from 5.6% in June and 5.9% in May.

EMPLOYMENT STEADY
Total employment was essentially unchanged in July at approximately **168,000 people**.
The lower unemployment rate was driven more by fewer people participating in the labour force than by a significant increase in hiring.

FULL-TIME UP, PART-TIME DOWN
Full-time employment increased by about **1,400**, while part-time employment declined by about **1,600**.

OVER THE PAST YEAR
Compared with July 2025, approximately **3,200** more people are employed, including about **7,000** more people working full-time.

THE BIG PICTURE
The unemployment rate is higher than it was a year ago (4.1% in July 2025). That does not mean the region has lost jobs. The labour force has grown faster than employment over the past year, leaving more people looking for work even as the total number of people employed has increased.

The labour market has become somewhat less tight than a year ago, but it does not indicate broad-based employment losses.



Source:
Four County Labour Market Planning Board

Infographic:
Huron Chamber of Commerce

(CONTRIBUTED PHOTO)

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County seeking applicants for boards and committees to make a difference

GODERICH SUN STAFF

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Residents are invited to help make a difference in their community by applying to serve on one of three County of Huron boards or committees.

Currently, applications are being accepted for the Huron County Accessibility Advisory Committee, Huron County Library Board and Huron County Audit Committee – citizen representative.

According to the County of Huron, all positions are voluntary and include a small honorarium and reimbursement of eligible expenses.

“These boards and committees provide

an important opportunity for residents to bring their experience, knowledge and perspectives to the work of the County,” explained Susan Cronin, Huron County Clerk.

“We encourage anyone with an interest in accessibility, public libraries, or municipal financial oversight to consider applying.”

Meetings are held in person, virtually and in hybrid formats, depending on the board or committee.

The Huron County Accessibility Advisory Committee provides advice to Huron County Council and member municipalities on accessibility issues related to municipal buildings, facilities and services.

The committee also works with commu-

nity groups on accessibility matters and supports efforts to create an inclusive community.

The Huron County Library Board is responsible for the governance of the library and works closely with Huron County Council, which provides most of the funding for library operations.

The library serves residents through 12 branches across the county, as well as through online services, providing access to information, resources, technology, programs and opportunities for learning and connection.

The Huron County Audit Committee is made up of members of County Council and one citizen representative.

It meets twice each year with the county’s external audit firm to review the audit plan, annual audited financial statements and audit findings, and to support the financial integrity and accountability of the county.

The citizen representative is appointed for a four-year term and may serve a maximum of two terms.

Those interested in applying for any of these positions are asked to submit a written application or letter of interest by September 14 to the Office of the County Clerk.

For more information, visit <https://www.huroncounty.ca> or email clerk@huroncounty.ca

Gateway Webinar: Plans and progress for housing and homelessness in Huron County

ALEXA HUGILL

Sun Contributor

Rural Ontarians are facing increasing struggles in finding adequate, appropriate, and affordable housing. There is a mental toll of experiencing homelessness that needs to be addressed.

Gateway Centre of Excellence in Rural Health (CERH) is hosting an upcoming webinar series event on Tuesday, September 15 from 12 p.m. until 1 p.m. via ZOOM.

The topic is “Housing and Homelessness in Huron County: Plans and Progress.”

This session will focus on the unique challenges of responding to housing and homelessness in rural areas, and the need for appropriate servicing of mental health services.

Community leaders in Huron County will describe their interventions and what they are planning to do to tackle the problem at an individual, community, and regional level. Partnership is important. This webinar highlights the importance of collaboration and working together to solve a hard issue.

For this discussion, we welcome several

speakers.

Lynn Higgs is the Chief Nursing Executive and Vice President of Clinical Services with the Huron Health System, serving both the Alexandra Marine and General Hospital and South Huron Hospital.

Ryan Erb is the Executive Director of Perth-Huron United Way. He has 25 plus years of non-profit management, community development, and fundraising experience.

Erin Schooley is the Homelessness Programs Supervisor with the County of Huron for over nine years. They have a his-

tory working in Emergency Management with the Canadian Red Cross.

Anyone in the community is welcome to attend. To attend this event and future presentations, please register: https://us02web.zoom.us/webinar/register/WN_XlO2os_USV6y1gl28r8_UQ#/registration - Zoom

For more information, contact Gateway Centre of Excellence in Rural Health at info@gatewayruralhealth.ca

Alexa Hugill is the Marketing and Communications Coordinator with Gateway

Huron Perth Public Health urges community to take action to prevent overdose

GODERICH SUN STAFF

info@goderichsun.com

For 25 years, August 31 has marked International Overdose Awareness Day.

This day serves as a time to remember those who have been lost to overdose, to support those who are grieving and to take action to save lives.

Huron Perth Public Health (HPPH) reminds the community that overdose can affect anyone, regardless of age, income, background or gender.

According to HPPH, reducing stigma around substance use can help remove barriers to supports and services, making it easier for people to access care, treatment and hard reduction resources when needed.

The unregulated drug supply in Ontario, including Huron and Perth counties, continues to pose serious risks to people who use substances.

“Fentanyl remains a concern, and the increasing presence

of multiple substances in the drug supply can make overdose response more complex,” said Julie Bergman, public health nurse at HPPH.

“Although the opioid toxicity mortality rate in Huron Perth remains lower than the provincial average, opioid-related harms continue to be a local public health concern.”

According to the Office of the Chief Coroner for Ontario, there were nine opioid-related deaths in Huron Perth in 2025.

Recognising the signs of an opioid overdose, knowing how to respond, and carrying naloxone can help prevent overdose deaths.

HPPH offers free naloxone kits and training to people who use drugs.

HPPH continues to monitor opioid-related deaths and naloxone distribution to help understand local trends and inform prevention efforts.

To learn more about opioids, overdose response and naloxone, visit www.hpph.ca/naloxone

Weekend Quiz

By Jake Grant

1. Who plays the piano in Charlie Brown?
2. What is the birthstone for September?
3. How many equinoxes are there in a year?
4. What's the name for the science of growing apples?
5. What does AKA mean?
6. What dog breed was traditionally kept by monks in the Swiss Alps to find lost travelers?
7. How many members does the South Korean band BTS have?
8. What are baby goats called?
9. What ball has 32 panels?
10. A pantheon is a temple dedicated to who?

This week's answers are found on pg. 27

Gateway CERH wraps up another successful summer of BRAVE-F screenings

ALEXA HUGILL

Sun Contributor

Gateway Centre of Excellence in Rural Health (CERH) wrapped up another successful summer BRAVE-F (Benefitting Rural Areas Volunteer Emergency Firefighters) screening evening.

On August 18, Gateway continued its commitment to supporting the health and well-being of rural volunteer firefighters.

The BRAVE-F initiative provides free, confidential health screenings and cardiovascular education tailored to the unique needs of volunteer firefighters across Huron County.

This summer, Gateway CERH completed five screening events at Brussels, Ethel, Seaforth, Central Huron, and Brucefield firehalls.

A total of 85 firefighters participated, bringing the program's overall impact to 17 screening events, and more than 280 firefighters screened since the initiative began.

Each event included a health education session focused on practical ways fire-



(CONTRIBUTED PHOTO)

Brucefield Firehall.

fighters can reduce their risk of cardiovas-

cular disease and prioritize their long-term

health. The screening event followed the presentation with volunteer nurses from across Huron County helping to measure key health indicators such as blood pressure, blood glucose, cholesterol, and more.

These screenings help firefighters identify potential health concerns early and encourage timely follow-up with their primary healthcare provider when needed. By promoting early detection and prevention, BRAVE-F helps ensure the health of the dedicated volunteer firefighters who work to keep our communities safe.

Gateway CERH extends its sincere thanks to the fire chiefs who helped coordinate each event, the volunteers who generously donated their name and expertise, and the firefighters whose enthusiastic participation continues to make the program a success.

To learn more about BRAVE-F or other Gateway CERH projects, please contact us at info@gatewayruralhealth.ca or visit our website at www.gatewayruralhealth.ca.

Alexa Hugill is the Marketing and Communications Coordinator with Gateway



(CONTRIBUTED PHOTO)

Ethel Firehall.



(CONTRIBUTED PHOTO)

Seaforth Firehall.



(CONTRIBUTED PHOTO)

Brussels Firehall.



(CONTRIBUTED PHOTO)

Central Huron Firehall.

Sunsets of Goderich



Taken from Lighthouse Park overlooking Goderich Harbour on August 27.

(KATHLEEN SMITH PHOTO)

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Ontario accepting new applications for the Community Sport and Recreation Infrastructure Fund

KATHLEEN SMITH

Editor

Funding the construction and repair of local sport and recreation facilities, the Community Sport and Recreation Infrastructure Fund (CSRIF) was increased from \$200 million to \$500 million in the most recent provincial budget.

The CSRIF is now open for applications

being accepted between August 17 and December 22, and this round of CSRIF will make \$100 million available for funding.

This program aims to support local community projects, creating good-paying jobs, promoting active, healthy living and giving the next generation of Ontario athletes a place to train and work on their skills.

According to the office of MPP Lisa Thompson, the first round of CSRIF has already enabled nearly 100 projects, including the construction of 17 new facilities and the revitalization of 77 more.

This cost-shared program aims to foster healthier and more active lifestyles for families, make sport more accessible, support local jobs, and help more communities across the province host local,

national and international sporting events and competitions.

There are two streams for this program. Stream 1 repairs and upgrades existing sport and recreation facilities, while Stream 2 builds new and transformative sport and recreation facilities.

Contact csrif@ontario.ca for more information on the program and deadlines to apply.

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AXIOM MUTUAL INSURANCE COMPANY **Director Nomination**

The Annual General Meeting of the Members of Axiom Mutual Insurance Company will be held at the Ailsa Craig Recreation Centre, 155 Annie Ada Shipley Street, Ailsa Craig, Ontario on Thursday, the 18th day of March 2027 at 2:00 p.m.

At this Meeting Five (5) Directors are to be elected:

- Three Directors, each for a three-year term;
- One to complete the remaining term of one year resulting from the retirement of a Director; and
- One to complete the remaining term of two years resulting from a resignation.

In accordance with the Corporation's By-laws, any person wishing to seek election as a Director must file their intention to stand for election in writing with the President of the Corporation at least one hundred fifty days prior to the Annual General Meeting, being October 19, 2026.

Applications may be sent to:
Shawn Durnin, sdurnin@axiommutual.ca

Dated the 17th day of August, 2026
By the order of the Board

Shawn Durnin
President/CEO

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Goderich's Catch the Ace hits a whopping \$700,000 jackpot

PAMELA CLAYFIELD

Sun Correspondent

The Goderich Catch the Ace lottery has officially reached its 49th week with the progressive jackpot now sitting at a record-breaking Jackpot of \$700,000 and the weekly prizes are closing in on \$40,000.

With only four envelopes left on the board, each weekly draw brings growing anticipation along with growing support for local organizations.

Catch the Ace, operated jointly by the Knights of Columbus, Royal Canadian Legion Branch 109, and the Goderich Kinsmen Club, has become one of the region's most impactful fundraising efforts.

While the jackpot draws the headlines, the real story is how the proceeds strengthen the community year after year.

Funds raised through the lottery support a wide range of local causes, including food security programs, youth sports, health services, emergency assistance,

and charitable outreach.

Past beneficiaries include the Huron County Food Bank Distribution Centre, St. Vincent de Paul, Salvation Army, Huron Hospice, Alexandra Marine & General Hospital (AMGH) Foundation, Artemis Huron, and the Huron County Christmas Bureau.

Youth programs — from minor hockey and baseball to ringette, figure skating, basketball, and the Air Cadets — also receive vital support.

The service clubs emphasize that every ticket purchased helps keep these programs strong.

"The excitement of the draw is wonderful," organizers say, "but the real win is what we're able to give back."

As Week 49 approaches and the jackpot continues to rise, community members are watching closely, not just for the chance at a lifechanging prize, but for the ongoing impact the lottery has on the people and organizations who rely on it.

Visit us online at
www.goderichsun.com



FORM 19 - NOTICE OF THE POSTING OF THE VOTERS' LIST

Municipal Elections Act, 1996

NOTICE IS HEREBY GIVEN that the list of all persons entitled to be electors for the municipal elections in this municipality has been prepared by the Clerk's office.

As of September 1, 2026 all electors should ensure that their names and relevant information are correct on the Voters' List.

A person may make an application to the Clerk requesting that the person's name be added to or removed from the Voters' List or that information on the Voters' List relating to the person be amended by completing and filing the prescribed form available at:

The Office of the Clerk
The Town of Goderich
57 West Street
Goderich, ON N7A 2K5

during regular office hours between September 1, 2026 and October 23, 2026 and from 10:00 am to the close of voting on October 26, 2026. The application shall be in writing on the appropriate form (Town of Goderich Form 8) available at the municipal office and shall be filed in person, by the applicant or his/her agent or by mail, by the applicant.

Dated this 1st day of September, 2026.

Andrea Fisher
Municipal Clerk
Town of Goderich

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SEPTEMBER IS WORLD SUICIDE PREVENTION MONTH

Changing the Narrative on Suicide

Suicide Prevention starts by breaking the shame and ending the stigma

KATHLEEN SMITH

Editor

Suicide is the intentional act of ending one's life, and an attempt is an indication that a person needs help and is at a higher risk for suicide.

Every year, according to Stats Canada, approximately 4,500 people in Canada die by suicide, which is equivalent to 12 people dying by suicide every day.

Every day, more than 200 people in Canada attempt suicide.

Those at high risk include men and boys, survivors of loss, some First Nation and Metis communities, members of the 2SLGBTQI+ community and women.

Suicide-related behaviours can include thinking about or considering suicide, planning or attempting.

Those contemplating suicide are often feeling depressed, like they are a burden, like they have no purpose in life or reason for living, like they are trapped in a situation, or are hopeless about the future.

Behaviours to watch for include being agitated, changing eating habits, changing sleeping habits, giving away possessions, increasing substance use, like drugs and alcohol, withdrawing from family or activities they normally enjoy, anxiety or mood changes, reckless driving, and increased anger, sadness or helplessness.

According to public health, people who die by suicide don't necessarily want to end their lives. They often want to stop significant or unbearable mental, emotional or physical pain.

They want to end their suffering or put an end to a situation that is overwhelming.

Sadly, there is a stigma – negative associations – around suicide and mental illness.

Using the proper terms can help end that stigma. Using the term attempt and died by suicide break the stigma, while using the term commit suicide puts a negative connotation on it, like it is a criminal offence.

Suicide affects more than just one per-

son. It's a tragedy that affects many people including peers, friends, coworkers, communities and family members, as well as coaches, teachers, spiritual leaders, recreational staff, mental health professionals and health and social service providers.

It can also affect first responders who contribute to suicide prevention.

They may experience increased risk of suicide because of their exposure to trauma on the job.

According to CAMH, there are many resources for suicide prevention including a 9-8-8 crisis helpful, where a trained responder will be available 24/7 to provide immediate support.

CAMH also has a free smartphone app called Hope, which provides suicide prevention information, tools and crisis resources to support and guide people when struggling.

There is also Kids Help Phone at 1-800-668-6868 (toll free) or text CONNECT to 686868.

According to CAMH, suicide affects people of all ages and backgrounds.

There is no single cause of suicide. Having mental health problems can increase your risk, but many factors or circumstances can contribute to someone

contemplating to end their life.

Things like loss, addictions, trauma, depression, serious physical illness and major life changes make people feel unable to cope.

Yet, talking about suicide does not make someone more suicidal. Asking someone if they have been thinking about suicide can open the conversation and help them share their feelings.

CAMH stresses that suicide is not a moral weakness or a character flaw. It is not selfish or a cry for attention.

These ideas are all part of the stigma that surrounds suicide. Stigma can cause someone who is thinking about suicide to believe that their feelings are something to be ashamed of.

Talking about it can break down the shame and propel someone to seek help.

If you feel like or contemplate suicide or struggle with your mental health and suicidal ideation, there are local agencies that can help as well. This includes CMHA Huron Perth Addiction and Mental Health Services, the Tanner Steffler Foundation, CMHA Huron Perth, and the Mental Health Outpatient Unit at both AMGH in Goderich and SHH in Exeter.

For more information visit <http://www.cmhahuronperth.com>

What are the warning signs of social isolation?

Human beings are wired for social connection, but millions of people confront isolation every day. Many of those people are seniors who lose contact with loved ones as time goes by. While temporary loneliness can be tolerated, prolonged isolation can be very harmful.

Research by the National Academies of Sciences, Engineering and Medicine found roughly one-quarter of American adults age 65 and older live in isolation. Identifying the early warning signs of isolation may help to prevent the physiological and psychological toll isolation can take.

Here are some signs of social isolation to watch for.

- Withdrawal from events: An early indicator of social isolation, according to Healthline, is a pattern of canceling plans, not answering phone calls, and withdrawing from established social circles or hobbies.

- Self-care is not prioritized: Another sign of social isolation is personal hygiene

and other self-care habits like eating nutritious meals becomes neglected. It can signal that a person's routine has changed due to a lack of social accountability.

- Home upkeep falters: A person who is withdrawing from social connections may feel it's no longer necessary to keep a home clean and tidy since they don't anticipate visitors.

- Irritability and low mood: Persistent isolation can trigger a sense of hopelessness. Individuals may become defensive or experience dramatic shifts in mood and sleep patterns, according to Healthline.

- Reliance on social media or television: Socially isolated individuals may turn to television or non-interactive social media scrolling as a proxy for human interaction, offers HealthDirect.

Social isolation can take its toll on anyone, particularly seniors. Individuals are urged to check in with friends, family or neighbors they suspect may be isolating to provide the companionship and help they may need.

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Ontario

Canada

Trail Talk: Be aware of varying trail conditions

PATRICK CAPPER

Sun Contributor

Trail conditions can vary from week to week.

This was evident because on June 13 there were swarms of biting insects when we hiked the Maitland Trail at the Auburn end, so it was a pleasant surprise on August 20 to find there were hardly any insects in sight.

The previous day at the Hullett Sugar Bush, the insects were still bothersome, though not as bad as a couple of weeks earlier. I suspect the insect problem is related to all the ponds and marshes in the Sugar Bush.

Another problem at this time of year is Tall Agrimony seeds, which are a bit like mini burdock seeds. Koda, a border colie, collected over 150 (I counted them) all had to be carefully removed.

On our hike, thanks to the keen eyes of Susan, we saw four Monarch caterpillars, all on milkweeds close to the trail and none were seen on the vast numbers of milkweeds further away.

One big change is the extensive cutting of shrubs in the Hullett Provincial Wildlife Area. This is in order to ensure there is more open area. The other change is that the paint trail blazes have been replaced with small circular plastic indicators similar to those used at Wawanosh.

Recently I hiked twice on the Maitland Trail east of Sharpes Creek Line using the new trail extension.

Around 11 a.m. on one day I saw two Eastern Giant Swallowtails, and on the next day one Eastern Giant Swallowtail and one Great Spangled Fritillary.

Most of the Maitland Trail is in wooded areas, which are great for hiking on a hot day as they give shade, but not good for seeing butterflies other than the occasional Cabbage Whites, so it was great to see these large butterflies. I have also seen these butterflies at Bannockburn Tract. The Eastern Giant Swallowtail caterpillar food plant is the Prickly Ash, while the Spangled caterpillars like Violets.



(CONTRIBUTED PHOTO)

Clearing shrubs at Hullet Marsh.

There is a Maitland Trail Association contest if you wish to share your "Maitland Trail Moment", whether it was a few minutes or perhaps a day, a 100–500-word submission can be sent to jmorris@maitlandtrail.com. Describe what brought you to the trail, what you saw or experienced, how the trail made you feel and why the memory stayed with you. Your submission will be shared on the MTA blog. Full details are in the Maitland Trail Newsletter.

EVENTS:

Saturday, September 5 at 1:30 p.m. - 3:30 p.m. - Hike Goderich Parkland Vista and Waterfront Experience Beginning at the Huron County Gaol, the group will review the route and choose a pace and distance that can be completed within two hours.

An 8 km route is available, with shorter options for the group. The terrain is mostly level, except for the transitions between the bluff and the lakefront. The walk will finish with time to reflect on Goderich's urban trail network and how community trails can be supported and strengthened

elsewhere.

Meeting Location: Huron County Gaol.

Distance: Up to 8 km; shorter routes are available.

Terrain: Mostly level with bluff-to-lake transitions.

Cost: No fee.

Registration Deadline: Pre-register by 12 p.m. on the day of the event.

Please complete the MTA annual waiver in advance. Contact Con Melady at 519-530-8998 or cmelady@maitlandtrail.ca to pre-register.

Saturday, September 12 at 1:30 p.m. - 3:30 p.m. - Cycle Goderich to Auburn Return on the G2G Rail Trail Ride from Goderich toward the Maitland River near Auburn and return along the crushed gravel G2G Rail Trail. The route is mostly treed and includes bridges over the Maitland River and a creek, with a gentle downslope on the return toward Goderich Meeting Location: North Harbour Road Parking Area W, Goderich.

Distance: 12.5 km each way; approximately 25 km return.

Difficulty: Beginner.

Surface: Crushed gravel trail.

What to bring: Water.

Annual Waiver: Complete the MTA Cycling waiver Helmets required. Pre-register by calling/texting Donald Andrew at 519-530-9019.

Sunday, September 13 at 9 - 10:30 a.m.

- Hike Maitland Trail and Robertson Tract Hike Explore the Maitland Trail near Auburn and the trails of the Robertson Tract. This area has no significant hills and is suitable for a moderately paced morning hike.

Meeting Location: Bottom of Bridge Road near the Auburn end of the Maitland Trail.

Difficulty: Level 1.

Pace: Moderate to Brisk.

Terrain: No significant hills.

Annual Waiver: Complete the MTA Annual Waiver Pre-register with Susan Ethelston at susan.ethelston@gmail.com. Be prepared to show proof of the waiver and provide emergency contact information when you arrive.

Saturday September 19 and Sunday, September 20 - The Maitland Camino. Many hikers will be on the Maitland Trail.

NOTES:

The Maitland Trail between Londesboro Road and Little Lakes Road remains closed due to a landslide.

The Maitland Trail map shows distances that were about 300m different from the km posts. The posts have now been moved to correspond with the map distances.

Tuesday Trompers meet at 9 a.m. on Tuesday to hike for about an hour. If you wish to be on this email list, send an email to mta@maitlandtrail.ca

Midweek hikers meet at 9 a.m. and hike for 1.5 to 2 hours on Wednesdays and Thursdays. Contact Patrick Capper at pcapper99@gmail.com

LIFE hikers meet every Friday for a hike of about 1.5 hours, with a choice of pace, striders moving a little faster than the strollers. The hikes now start at 9a.m. and can be joined through ONE CARE.



(CONTRIBUTED PHOTO)

One of the new signs at Hullet.



(CONTRIBUTED PHOTO)

A Monarch caterpillar.

Bayfield Artist Guild named Goderich Co-op's Visiting Artists for September

LINDA WIEBE

Sun Contributor

This September, the Goderich Co-op Gallery welcomes the Bayfield Artist Guild as its visiting artists. The Guild has exhibited annually at the Co-op over the past number of years, and its members have brought a range of new work from just down the coast.

The Bayfield Artist Guild is a group of artists who live, work, and play along the shores of Lake Huron in the village of Bayfield.

The Guild is dedicated to nurturing and inspiring its members, creating an inclusive space for all visual arts and skill levels. Members can look forward to workshops, guest speakers, plein air outings, and access to gallery exhibits.

Earlier this month, the Guild held a special art show called "We Love Where We Live," marking Bayfield's 150th anniversary. The show featured artwork celebrating the community, including a showcase centered on the village's lighthouse.

The Guild has also partnered with the

Village Bookshop for past shows in its garden on Main Street, often alongside the Bayfield Photography Club and other local vendors during the Main Street Arts Festival.

Goderich residents can see the Guild's work at the Co-op Gallery throughout September. Also, on display this month is the gallery's member Feature Wall exhibit, "Renewal," which coincides with the finishing touches on the Square's renovation. The gallery's gift shop offers cards and artful gifts at comfortable prices.

The Goderich Co-op Gallery is open Tuesday to Saturday from 10 a.m. to 5 p.m., with a later 12 p.m. opening on the second Wednesday of each month. The gallery is located at 54 Courthouse Square, downstairs from Elizabeth's Art Gallery.

For more information, visit gcgallery.ca or follow the gallery on Facebook and Instagram.

More on the Bayfield Artist Guild can be found through its Facebook and Instagram pages.



Work by Trish Pemberton.

(CONTRIBUTED PHOTO)



Example of work by Lorrie Thompson that will be on display in September.

(CONTRIBUTED PHOTO)

Goderich Duplicate Bridge Club Results

Robert McFarlane directed the club on August 18:
NORTH/SOUTH:

- 1st – Mary Lynne Telford and Alje Kamminga – 67.56%
- 2nd – Mary Lapaine and Joan Lounsbury – 56.85%
- 3rd – Roma Harris and Leslie Bella – 52.98%
- 4th – Arnie Parker and Frank Martin – 48.21%

EAST/WEST:

- 1st – Tom Rajnovich and Shirley Thomas – 75.00%
- 2nd – Pat Lewington and Brenda Blair – 52.98%
- 3rd – Doug Elliott and Virginia Elliott – 50.60%
- 4th – Joyce McIlwain and Kay King – 49.70%

Robert McFarlane directed the club on August 25:
NORTH/SOUTH

- 1st – Michele Hansen and Greg Bowman – 64.75%
- 2nd – Mary Lynne Telford and Alje Kamminga – 62.44%
- 3rd – Nancy Craig and Rose Marie Young – 54.12%
- 4th – Doug Elliott and Virginia Elliott – 53.70%

EAST/WEST:

- 1st – Steven Watson and Tom Rajnovich – 59.23%
- 2nd – Pat Lewington and Brenda Blair – 56.87%
- 3rd – Steven Jacob and John Legate – 54.58%
- 4th – Keith Allen and Bob Dick – 54.15%

The Goderich Duplicate Bridge Club meets every Tuesday at 12:45 p.m. at the Christian Reform Church, Mill Road, Goderich.

If you are interested in playing, the club is welcoming new members. If you have a partner, you can simply arrive to play if you need a partner, the club will do our best to find someone from our spare list.

For more information, please call Club President: Michele Hansen 519-441-3275.

The Goderich Duplicate Bridge Club's Website is <https://bridgewebs.com/goderichbridge/home.html>.

SUBMIT YOUR LETTER TO THE EDITOR TO US!

CALL 519-655-2341 OR EMAIL info@goderichsun.com

Film screening and talkback: The creation story of Michael 'Cy' Cywink

GODERICH SUN STAFF

info@goderichsun.com

A screening of the documentary film 'The Creation Story of Michael 'Cy' Cywink' will be held at the Huron County Museum in Goderich on September 19.

The film honours the life and enduring legacy of the late Anishinaabe muralist, author, and curator, Michael 'Cy' Cywink.

For over 40 years, Cy dedicated his life to breaking down cultural walls, sharing oral traditions and mentoring youth through community-led public art.

From Manitoulin Island, Cy was an internationally recognised artist, author, curator, muralist and band member of the Wiikwemkoong Unceded Territory on Manitoulin Island.

Cy was also an alumnus of the Museum Studies Program at the Institute of American Indian Arts in Santa Fe, New Mexico.

Previously, Cy was the arts coordinator, as well as a First Nation's cultural consultant with Walt Disney Imagineering.

He interned at the Canadian Museum of Civilization of Man in Quebec, now the Canadian Museum of History, the National Museum of American Indian, Smithsonian, in D.C., and throughout the 1980s he was a counselor/contract street worker for at risk youth in Toronto.



(CONTRIBUTED PHOTO)

It wasn't until 1979 that he began exhibiting his work in 1979.

Following the screening, attendees will be offered a chance to discuss in a Q and A session with local filmmaker Cory Bilyea.

Filmmaker Bilyea is an award-winning Onyota'a:ka journalist, photographer and

documentary filmmaker dedicated to deconstructing colonial state frameworks and archiving contemporary oral histories.

A prominent voice in regional and national Canadian media, she is a former CJF-CBC Indigenous Journalism Fellow, whose impactful reporting consistently

kindled the public conscience on issues of systemic failure, institutional trauma, and off-reserve cultural reclamation.

Bilyea's work is informed by her lived experience as a Sixties Scoop survivor and former unhoused youth.

Rather than allowing these structural traps to define her, she utilised the sharp observational and environmental-assessment skills to become an elite investigative truth-teller.

Beyond the press room, Bilyea is an accomplished multi-disciplinary visual storyteller.

She spent seven years writing, directing and producing the powerful documentary, showing at the museum on Sept. 19.

The Creation Story of Michael 'Cy' Cywink is a project that explores Indigenous artistic philosophy, resilience, and healing.

According to Huron County Museum, the screening is included with regular admission to the museum, or free with a library card or museum membership. Seating in the theatre is limited, so RSVPing is recommended to save a seat.

Screening begins at 2 p.m.

Visit <https://www.huroncountymuseum.ca> for more information or to reserve a seat at the theatre.



Elect Charles Oliver

Goderich Town Council

cmoliverelect.com
519.524.0377

Since settling in Goderich, I have committed myself to serving the community in a number of ways.

Where can you find me?

- Co-Chair of the Economic Development Committee — dedicated to the growth of our local economy
- Active volunteer and Executive member, Goderich Legion Branch 109 (look for me on the grill every Friday evening!)
- Active volunteer and Board member, Goderich Memorial Community Centre — rejuvenating an historic community hub for all to enjoy
- Partner, neighbour, and friend to our resident cats

By way of background, I have a career filled with experience in both large and small businesses including:

- CEO/Owner, Healthy Paws Inc. (quality raw pet food manufacturer)
- Senior Vice President, Brewing and Distribution, Labatt's North America
- Managing Director/Vice President, Walt Disney Canada (Home Video)
- Senior management roles, Unilever Canada (Good Humor Breyers, Lever Brothers)

Throughout my career I have developed strong management abilities, particularly in leading teams from various disciplines, with a focus on delivering exceptional financial results. I intend to bring these skills to the Council table to work with other representatives to build a solid and exciting future for our current residents, as well as generations to come.

Questions? Please reach out at cmoliverelect@gmail.com 519-524-0377

Authorised by Charles Oliver



SEPTEMBER EVENTS

September 2	Legion General Meeting - 7 p.m.
September 4	Friday Food Fun - Steak Night - 5 p.m. - Rsvp At The Bar
September 5	Live Band - Jellybean Blue - 5 p.m.
September 8	Ladies Auxiliary General Meeting - 7 p.m.
September 11	Friday Food Fun - Grilled Chicken On A Bun - 5 p.m., Jukebox Bingo - Hosted By Taylor Jones - 6:30 p.m.
September 12	Live Band - Macadam Road - 5 p.m.
September 13	Legion Golf Tournament - Sunset Golf Course - 10:30 a.m. Shotgun Start Teams Of 4 - \$200 Per Team - Includes 18 Holes, Power Cart & Bbq At The Legion - Bonus Hole-In-One Prize!
September 16	Legion Executive Meeting - 7 p.m.
September 18	Friday Food Fun - Burger Night - 5 p.m., Karaoke - 7 p.m.
September 19	Live Band - Highway 19 - 5 p.m.
September 20-26	Legion Week
September 20	Legion Band Jam - 12 p.m.
September 25	Friday Food Fun - Bbq Sausage On A Bun - 5 p.m.
September 25	Jukebox Bingo - Hosted By Taylor Jones - 6:30 p.m.
September 26	Live Band - Irish Cowboys - 5 p.m.
September 29	Ladies Auxiliary Executive Meeting - 5 p.m.

- Every Monday Cornhole 7 p.m. On Summer Break • Goderich Reads Book Club September 14 & 28; 10 a.m. • Bingo every Sunday Afternoon doors open @ 11:30 a.m.
- Euchre every Tuesday night 7 p.m. Please bring a partner. • Jammers every Wednesday night 7 p.m.
- Every Wednesday Senior Technology Camp - 10 a.m. • Fun Darts every Thursday 7 p.m. returns September 10
- Second Thursday Pepper Cards 1 p.m. • Every Friday Catch the Ace live Draw 7 p.m.
- Line Dance Lounge every Wednesday 7 p.m. • Cribbage every Friday afternoon 1:30 p.m.
- 5 Card Bingo Every Friday 3:30 p.m. • Every 4th Friday Jukebox Bingo! - Hosted By Taylor Jones - 6:30 p.m.
- Monday - Friday - Cafe 109 - 9 a.m. to 1 p.m. - Coffee Provided By Steve & Marys On The Square

56 KINGSTON STREET, GODERICH • 519-524-9282

Art of Ideas Gallery – A hidden gem right in our backyard

WENDY LAMOND

Sun Reporter

One of the perks of my job is to be able to meet some inspiring people and to come across some hidden gems in our community that need to be shared.

I came across one of these hidden gems when I met with Elena Dumitru and took a tour of the Art of Ideas Gallery located at 236 Jones St. East in St. Marys.

Many people in our town know the house. It is that big beautiful red brick home at the corner of Jones and King Street that has unique architecture and some very creative art on the lawn. What many don't know is that inside one can find stunning art and creations, all brilliantly displayed in a story telling format from the ingenious mind of Romanian Canadian artist Eugen-Florin Zamfirescu, who is also Dumitru's husband.

Many artists have one genre or one colour palette. What makes Zamfirescu so unique is his willingness to cross categories when expressing his creative visions, whether it be oil paintings, sculptures, photography, installation art and so much more.

The couple are both Romanian. After leaving their native country, they lived in England for six years and then decided to move to Toronto. When the apartment that they were living in was filling up with art, they decided it was time for more space. Originally, they were looking in Stratford but took a drive St. Marys where they came across, and fell in love with, their current house, which was for sale at the time. After a series of events that fell into place, one being their current street in Toronto was King Street to the house of their dreams being also on a King Street, the couple felt like it was meant to be. The rest, as they say, is history.

The Art of Ideas Gallery has been open for close to four years now and offers three guided tours. No matter which tour you take, you will experience the whole space as well as the art.

"An Unexpected Journey" takes approximately 90 minutes and is a journey into the mind of Zamfirescu, a tour where you will learn about his art and artistic ethos,



(WENDY LAMOND PHOTO)

The beautiful Art of Ideas Gallery is located at 236 Jones St. East. Not only is the architecture of the outside unique, but the inside is also stunning.

about our past, present as well as a possible future. As you travel to the upper galleries, you will be swept from string theory into deep space.

Many visitors have shared with Dumitru that the name "An Unexpected Journey" is exactly how they describe the tour. It goes over and above what they were anticipating.

The second tour is called "Echoes of Elegance". This tour also takes approximately 90 minutes but covers a history of the house, its unique architecture and most famous inhabitants, fascinating stories about pieces of furniture and more, a truly wonderful journey through time.

"Dial, Discover and Dream: A Fascinating Tour of Ingenious Machines" is the third tour. For someone that enjoys vintage measuring and communication equipment, consider this one. It is a journey through imagination, progression, and technology of the past, present and future.

The tours are available on Saturdays, Sundays and Monday in the summer. However, if the times for the set tours are not doable, Dumitru said that they are flexible and will find a time that does work

for other days and times of the year. The set times can be found on their website at <https://www.artofideasgallery.com>.

What makes Art of Ideas Unique is that it is not a public gallery, nor a private commercial gallery. It is a private home and an artist studio full of stories to be told and heard, all originating from a brilliant mind.

According to Dumitru, Zamfirescu doesn't like to be put in a square because his mind is not in a square.

"He loves arts, he loves science, he loves technology, history, time, old instruments and so much more. He also loves carpentry, taking things apart and creating things, so you can just imagine the curiosity that drives his creativity," she said.

What caught my attention walking in was not only the old bend work wood-working but Zamfirescu's oil paintings in the lower gallery. The paintings tell a story from the history of civilization. Each painting took the artist a year to complete as he uses the techniques of the Old Masters of the Renaissance. Every painting represents a period in or history, from primitive times, to present, to far into our

future. One of the paintings depicts a ship in a storm symbolizing difficult times such as war, plague or any other hardships that we as humans have encountered throughout history.

Another picture that stood out is one of Dumitru's father who passed away three years ago. The painting is called MNE-MOSYNE (the Goddess of Memory). It is of an old cowboy who can no longer ride a horse but by holding the saddle, can remember the old days. Dumitru's father was the model, and the details are so accurate that according to Dumitru, if her dad was there, his hand would be identical to the painting.

As we arrive in the upper galleries we encounter the String Theory series, a group of paintings that involves elements from the periodic table. Every atom in the universe vibrates, but we as humans, cannot hear that vibration. In the creative mind of Zamfirescu, he has put into painting how these elements, these atoms would look and sound when being played as a frequency generator in a musical instrument. The beauty of it is also the fact in every painting there is a hand of real musician.

What does the future hold for the gallery? According to Dumitru, there is so much potential to tap in to. There are potential garden tours and interactive art tours for kids. One suggestion that we discussed was the possibility of an art show that includes art, music, poetry and film.

I could go on about this remarkable place, but it needs to be seen in person to appreciate all Zamfirescu's creations.

"The goal of art and the goal of our gallery is to open new horizons, to help the viewer see inside the mind of an artist, in this case a living artist. Art is open to interpretation, which makes it even more interesting because its meaning can differ from one person to the next, depending on how it is viewed," said Dumitru.

Not only is seeing Zamfirescu's creations inspiring, but the knowledge also that Dumitru has when running a tour is very inspiring. Be prepared to learn a lot. Not only will you learn about the past, but you will also open your mind to the future.



(CONTRIBUTED PHOTO)

Artist Eugen-Florin Zamfirescu shows one of his incredible pieces of art from inside the Art of Ideas Gallery.



(WENDY LAMOND PHOTO)

This is a photo of the MNEMOSYNE painting. You need to see it in person to get the full effect.

Ask the Vet: A stress-free guide to trimming your pet's nails



DR. SOPHIE FARRELL

Sun Contributor

QUESTION: My dog has long nails, but I'm scared to trim them. She wiggles and I'm worried about cutting them too short. How can I trim them safely?

Trimming nails is an important part of pet care. Overgrown nails can get caught in carpets, collars, clothing, etc., and are more prone to painful breaks and bleeding; can push the toes to uncomfortable angles and change the way the pet walks; and can even curl around and grow into the toe pads, causing pain and infection.

Nail trims can seem scary, and we frequently have clients tell us that they're anxious about trimming nails, especially if their pets have dark nails that make it hard to see the 'quick', if they're nervous about causing bleeding by trimming a nail too short, or because their pet isn't particularly cooperative.

The good news is that with a few simple techniques, some time and some positive reinforcement, nail trims can become a stress-free bonding experience.

How do I know when to cut my pet's nails?

Since there are many different factors that will affect your pet's nail growth and wear, there is no hard-and-fast rule about how often you should give your pet a mani/pedi.

However, there are a few guidelines to help you know when it's time:

- There should be a gap between the tip of the nail and the floor when they're standing square on the foot. If the nail is touching the floor, it needs to be trimmed.
- They shouldn't be starting to curl back towards the toe.
- For cats, they should be trimmed whenever they're



(DESIRAE TREBLE PHOTO)

Bear enjoying a lick mat while his nails are trimmed.

starting to get sharp again

It's better to do regular trims, taking off less nail each time than less frequent "big" trims as this will keep you pet used to having their nail care done, which will make it less stressful for them.

How to trim your pet's nails?

First, gather your supplies and have them ready to go.

A good pair of nail clippers specifically designed for pets (don't use human nail clippers). To find the right size for your pet, look for the semi-circular notch in the end of the blades; your pet's nail should comfortably fit in the notch.

Alternatively, you can use a Dremel-style rotary grinder or a nail file designed for pets.

A reward your pet really loves, like special treats, a favourite toy, etc.

Some styptic powder, or a small amount of flour or corn starch (in case you happen to hit the quick)

If needed, an assistant to help feed treats or snuggle your pet

Pick a time when both you and your pet are relaxed (after a meal or when they're sleepy before a nap is great!) and treat nail trim time like snuggle time.

Pick up a foot to a height that's comfortable for them (be mindful of mobility limitations for pets with arthritis). Some pets prefer to have their feet "flipped" behind them (so that their toe pads are pointed towards the ceiling) rather than held out in front of them. Holding the foot in your hand, gently press down on the back of the "knuckle" of a

toe to extend it.

If you're using clippers, place the nail in the notch of the blades at the level of your cut, and firmly squeeze the handles of the clippers together. The cut edge can be sharp and scratch human family members, so once you reach the desired length, you may want to do a few very light "shaving" cuts along the cut edge to blunt the tip of the nail slightly.

If you're using a grinder, gently and slowly grind the nail back to the desired length and round/blunt the tip of the nail.

Don't forget the dewclaws and bonus toes. Many dogs have dewclaws (their version of thumbs) on their front and/or back feet while some cats can have extra "bonus" toes. These can get missed during nail trims, and they're often the ones where we find nails grown into the toe pads.

If you have a polydactyl cat (the kind with extra toes), look between their normal toes since they sometimes have toes and nails hiding in there.

Use lots of positive reinforcement during the process so that your pet associates nail care with good things.

How do I find the quick?

The quick is the part of the nail that contains nerve tissue and blood supply, and it will sting and bleed if you cut (or grind) into it, so you want to make sure to leave at least a few millimeters of nail in front of it.

If your pet has clear nails, the quick will look like a pink tri-



(DR. SOPHIE FARRELL PHOTO)

Nail quicks.

angle growing from the base of the nail. If your pet has a mix of clear and dark nails, the quicks on each foot will be about the same length, so use the clear nails as a guide.

If your pet's nails are all dark, take very small cuts at a time and look for a small grey or dark dot in the center of the cut surface; stop cutting when it appears. Nails that have been long for an extended amount of time will have longer quicks than nails that have been kept trimmed.

If your pet has long quicks, you may not be able to get the nails back to an ideal length right away, but if you keep them trimmed as described above, the quicks will gradually shorten, and you will be able to take more length off the nails.

What do I do if I cut the quick?

It happens to all of us at some point, so don't feel guilty. Yes, the nail is going to bleed, and it will be painful, but it's not an emergency.

Stay calm and keep your pet as calm and still as possible because increased heart rate or blood pressure can slow down blood clotting.

Apply a pinch or styptic powder to the cut surface or dip the toenail into the powder. If you don't have styptic powder, flour or cornstarch will also work, but as they don't have clot-promoting properties like styptic powder, it will take a bit longer for the bleeding to stop.

Apply firm pressure to the cut surface of the nail with a clean paper towel or cloth until the bleeding stops (5min or so).

General tips to make nail trims easier:

If you have a new pet, start handling their feet and trimming nails right away, and make sure to use lots of rewards to make the experience positive and fun - just like any other training. Ask the

staff at your vet's office to show you how to get nail care off on the "right foot".

If your pet hates nail trims, you can work on counterconditioning training to reframe your pet's view of nail trims from "this is tickly and weird, and I hate it" to "good things happen when I get my nails done". Ask your vet's office for advice on the best way to do this with your pet.

There is no law that says that all four feet must be done in one go.

Multiple short, positive sessions will be much more effective in the long run than one longer session where your pet has enough before you're finished and starts struggling to leave. The best time to stop a nail care session is when your pet is still having a good time and looking for more rewards.

Even if you only get one or two toes done at a time, if your pet sees nail trims as a fun time, that's a win. Do another toe or two later, or on a different day.

Handle your pet's feet when it's not time to trim their nails, using lots of positive reinforcement, so that your pet doesn't only associate having the feet touched with having their nails trimmed.

If you're still having trouble, if your pet is very fearful or aggressive when having their feet handled or if you're just not comfortable with the process, that's okay.

Reach out to your veterinary team and they'll help you figure out a plan to safely keep your furry friend's feet in tip-top shape.

Do you have a question about pet care? Send it to reception@clintonvet.ca and it may be featured in a future column.

Dr. Sophie Farrell is a veterinarian at Clinton Vet Services in Clinton, Ontario. She practices small animal, emergency, and honeybee medicine.

SUBMIT YOUR LETTER TO THE EDITOR TO US

CALL 519.622.2341 OR EMAIL INFO@GODERICH.SUN.COM

Grey Matters: Living with purpose; the secret ingredient to healthy aging



ANNETTE GERDES,

Sun Contributor

September is Healthy Aging Month, and I always think it's the perfect time of year to reflect.

Summer begins to wind down, the kids are back in school, the mornings are a little cooler, and before we know it, the leaves will be putting on their spectacular autumn show.

Fall has always felt like a season of fresh starts to me not just for students, but for all of us. It's

a chance to slow down, reset our routines, and think about what really brings us joy.

When people think about healthy aging, they often picture eating better, exercising more, or remembering to drink enough water. While those habits are certainly important, research continues to show that one of the greatest contributors to a long, healthy, and happy life is something much simpler: having a sense of purpose.

Purpose doesn't have to mean changing the world. It can be as simple as looking forward to your morning coffee, tending your garden one last time before winter, baking your famous apple crisp, volunteering, helping a neighbour rake leaves, enjoying a walk through the colourful trees, or meeting a friend for coffee.

Having something meaningful to look forward to each day gives us motivation and reminds us that every stage of life has value.

Working with seniors over

the years, I've learned that the happiest people aren't necessarily the busiest or the healthiest they're often the ones who have something, or someone, that gives them a reason to smile each morning. Sometimes it's a weekly card game, a phone call from a grandchild, caring for a pet, or simply knowing someone is counting on them. Those little moments often make the biggest difference.

Studies have found that people with a strong sense of purpose tend to experience lower levels of stress, better heart health, improved memory, and greater overall well-being. They also stay more socially connected and physically active, both of which play an important role in maintaining independence as we age.

Retirement often gives us the gift of time, but it can also leave us wondering, "What's next?" The wonderful thing is that it's never too late to discover a new

passion.

Maybe this fall is the perfect time to join a walking group, learn a new recipe, pick up that book you've been meaning to read, take an art class, volunteer in the community, or finally learn how to use that smartwatch your family bought you. Every new experience keeps both the mind and spirit engaged.

As the leaves begin to change, nature quietly reminds us that every season has its own beauty. Aging is much the same. Each year brings new experiences, new wisdom, and new opportunities to appreciate life's simple pleasures. We may not move quite as quickly as we once did, but we often notice more, appreciate more, and understand what truly matters.

This Healthy Aging Month, I encourage you to ask yourself one simple question: What gives me a reason to look forward to tomorrow? It doesn't have to be something extraordinary.

In fact, it's often the smallest things a favourite hobby, a visit with family, a good laugh, a beautiful fall sunset, or a quiet walk on a crisp September afternoon that fill our lives with the greatest meaning.

So, as you pull out your cozy sweaters, enjoy everything pumpkin-spiced, and watch another beautiful Ontario autumn unfold, remember that healthy aging isn't about trying to stay young. It's about embracing each new season with purpose, gratitude, and a heart that's open to finding joy in the everyday.

Until next month, take time to enjoy the colours of fall, breathe in the crisp autumn air, and don't forget to make time for the people and moments that give your life purpose. Sometimes the best medicine isn't found in a prescription it's found in living each day with intention.

Annette Gerdes is the General Manager at the Goderich Place Retirement Residence

For Better Mental Health: Unconditional acceptance

TANYA MACINTYRE,
RED ROOF RECOVERY*Sun Contributor*

"Acceptance is the answer to all my problems today. When I'm disturbed it's because I find some person, place, thing, or situation - some fact of my life - unacceptable. I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and my attitudes."

I think this excerpt from the program of Alcoholics Anonymous (AA) was influenced by the ancient wisdom of Stoic philosophy because it's also consis-

tent with the fundamental principles of cognitive behavioural therapies (CBT): we may not be able to control what happens, but we can learn to change how we respond.

When it comes to managing emotions and refraining from harmful substances and behaviours, the concept of unconditional acceptance - of myself, others, and life - has been one of the most valuable tools.

Unconditional self-acceptance begins with recognising that my worth isn't determined by my mistakes, my past, my productivity, or the opinions of others. I can't change what happened yesterday, but I can influence what happens next. Repeatedly practising compassionate thoughts can help strengthen healthier neural pathways and build resilience - and resilience gives us more space between an emotional trigger and our response.

Unconditional acceptance of others doesn't mean approving

of harmful behaviour or abandoning healthy boundaries. It means recognizing that another person's behaviour is often shaped by their own history, pain, limitations, and unmet needs. Understanding isn't the same as excusing. But when I stop demanding that people be different before I can be at peace, I create room for forgiveness - including forgiving someone who isn't sorry and accepting an apology that may never come.

Unconditional acceptance of life helps us accept that there will never be a shortage of disappointment, loss, or change. My Philosopher Dad used to regularly quote Mark Twain: The only certainty of life is life's uncertainty. We can't eliminate uncertainty, but we can learn to become less frightened by it.

For me, a structured routine has been the glue that holds life together. Sleeping, eating, moving my body, and connecting with others at relatively consistent times can provide a sense

of order and accomplishment. When life feels chaotic, predictable healthy habits can give the mind and body something steady to rely on. That has been an essential ingredient in my recovery.

It's also worth remembering that direction is more important than speed. I had setbacks almost every year for a few years, but I kept going to meetings and kept doing the work. Setbacks weren't evidence that I was broken. They were opportunities to understand myself better and practise a different response.

Recovery isn't about finding the perfect program or becoming a perfect person. It's about developing awareness, support, and tools that help us keep moving forward. For me, that has included science-based strategies, spiritual growth, community, and plenty of self-compassion.

Acceptance doesn't mean we stop trying to change. It means we stop fighting reality long enough to see clearly what we

can change.

You're welcome to join us at either (or both) of these weekly peer-support meetings in Goderich:

SMART Recovery: Sundays at 11 a.m.

Goderich Women's Serenity Group (AA): Mondays at 7 p.m.

Both programs offer a framework for personal growth, emotional resilience, healthier relationships, and a more purposeful way of living.

Email me at redroofrecovery@gmail.com for location details.

Tanya MacIntyre is a Certified CBT Specialist - and founder of Red Roof Recovery (RRR) and its training division Mental Health Fitness Alliance (MHFA).

DISCLAIMER: *This content is not intended to constitute - or be a substitute for - medical diagnosis or treatment. Never disregard advice from your doctor, or delay in seeking it, because of something you've watched, read, or heard from anyone at RRR or MHFA.*

Submit your letter to the editor to us!
Call 519-655-2341 or email info@goderichsun.com

COMING EVENTS

Email to inquire
info@goderichsun.com

GODERICH CHESS CLUB

On Tuesday evenings from 6 p.m. until 8 p.m. at the Goderich Library in the activity room and Friday evenings from 6 p.m. until 9 p.m. at the Goderich Legion in the games room.

This club warmly welcomes all chess enthusiasts of any age to join. Whether a seasoned player or a newcomer eager to learn the game, this is the perfect opportunity to immerse yourself in the world of chess.

Participants may come and go as they please during this timeframe.

Admission is free and equipment will be provided.

SMART RECOVERY MEETINGS

Hosted every Sunday from 11 a.m. until 12 p.m. at Red Roof Recovery.

English Conversation Circle

Join in on Mondays from 6:30 p.m. until 8 p.m. at the Goderich Library.

Make friends and practice speaking English while talking about culture, family, food, movies or anything you would like.

Hosted by the Huron Welcome Hub for Newcomers.

GODERICH READS BOOK CLUB

Join this book club that meets every two weeks at the Goderich Legion and come work with a variety of books. There are 185 members online and a core group of locals who come out to in-person meetings at Café 109.

Upcoming meetings:

Break until September 14 with new selections.

September 14 – New selection, 'Lady X' by Molly Fader.

September 28 – 'Lady X Part II'.

Contact head of book club Holly Smith: 519-630-3962 for more information.

BIA FARMERS' MARKET

Every Saturday until October 10, from 8 a.m. until 2 p.m.

BIA SUNDAY MARKET

Every Sunday until October 11, from 9 a.m. until 2 p.m.

BIA THURSDAY EVENING CONCERT SERIES

On Thursdays from 7 p.m. until 9 p.m. at the Courthouse Performance Stage.

Join in this weekly celebration of music, community and the simple joy of coming together.

Every Thursday night at 7 p.m. the majestic Courthouse Performance Stage comes alive.

Admission is free.

GODERICH CO-OP GALLERY WELCOMES BAYFIELD ARTIST GUILD IN SEPTEMBER

This September, the gallery welcomes the Bayfield Artist Guild as its visiting artists.

The Guild has exhibited annually at the Co-op over the past number of years.

The gallery is open Tuesday to Saturday from 10 a.m. to 5 p.m., with a later 12 p.m. opening on the second Wednesday of each month.

Located at 54 Courthouse Square, downstairs. Visit gc-gallery.ca for more information.

SALT AND HARVEST FESTIVAL

Beginning on Thursday, September 3 at 7 p.m. at Courthouse Square.

Entering its fourth year, the award-winning festival will run from Sept. 3 until Sept. 6.

Thursday, Sept. 3: Sal's Alley performs at Courthouse Square Performance Stage at 7 p.m.

Friday, Sept. 4: Headlining pop sensations Spice and Spears tribute experience. Gates open at 4:30 p.m. Adult tickets: \$30. Under 13 years old: \$10. This is an all-ages, licensed event.

Saturday, Sept. 5: Battle of the Bands followed by headlining rock band Retrospect. This is an all-ages, licensed event.

Sunday, Sept. 6: Family-friendly events, games, activities and more.

SING WITH THE MACKAY CHORISTERS

On Thursday, September 10 from 9:30 a.m. until 11:30 a.m. at Lakeshore United Church in Goderich.

If you love singing, and can commit to weekly Thursday morning rehearsals, please check this out.

New members are welcome to the Autumn session beginning on Sept. 10.

All ages are welcome, no experience required.

Follow on Facebook and www.themackaychoristers.ca

ROTARY CHARITY GOLF TOURNAMENT

On Friday, September 11 at 12:30 p.m. at Woodlands Links Golf Course.

With a shotgun start, join to support local youth programs.

**BLUE BAYFIELD
CELEBRATES BAYFIELD'S 150
Saturday, September 12; 1:00 - 4:00 p.m.
Bayfield Library
Native Wildflowers (50)
White Spruce Seedlings (50)
These plants were donated by ABCA
Distributed at no cost**

Cost per golfer: \$175. Woodlands members get a \$20 discount.

Day includes 18-holes, with cart, steak dinner, prizes.

Visit www.goderichrotary.ca for tournament registration or sponsorship.

WALK FOR PARKINSON'S

On Saturday, September 12 at 10 a.m. at Rotary Cove Beach.

Registration at 10 a.m.

Walk at 11 a.m.

GROW BAYFIELD'S FUTURE

On Saturday, September 12 from 1 p.m. until 4 p.m. at Bayfield Library.

Come celebrate Bayfield's 150th anniversary by joining in the planting of free, native tree seedlings (White Spruce) and native wildflowers.

The best time to plant a tree was 20 years ago, the second-best time is now.

Hosted by Blue Bayfield and Ausable Bayfield Conservation.

GODERICH TO AUBURN RETURN ON THE G2G RAIL TRAIL

On Saturday, September 12 from 1:30 p.m. until 3:30 p.m. Meet at North Harbour Road parking area in Goderich.

Ride from Goderich toward the Maitland River near Auburn and return along the crushed-gravel G2G Rail Trail. Distance is roughly 12.5 km each way. Route and ride perfect for beginners to experienced.

Bring water and complete the cycling waiver.

Helmets are required. Pre-register by calling or texting Donald Andrew at 519-530-9019.

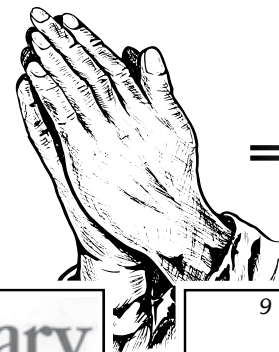
THINKING OF BECOMING CATHOLIC?

Register for the RCIA classes that open on September 13. Contact Nancy at lakehuroncatholic@dol.ca for more information.

CONTINUE TO PAGE 27

GODERICH BEACHSIDE RAPID CHESS TOURNAMENT
September 5th, 2026
10:00 a.m. - 4:30 p.m.
Location: Knights of Columbus – Main Hall (Goderich Columbus Convention Centre & Banquet Hall) 390 Parsons Court, Goderich, ON
Please visit goderichchessclub.com for more information.

Worship With Us



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to your worship
services.**

**Contact
info@goderichsun.com**



Berea Lutheran Church
326 Gibbons Street, Goderich
www.berea-zionlcc.ca • bnz@hay.net
Rev. John Trembulak 519-524-2235,
(cell) 519-878-0327

Family Worship Service
2nd and 3rd Sunday of the Month
2:00 pm
All other Sundays of the Year
8:30 am
Facebook: @bereagoderich



YOU ARE INVITED!
This Sunday @ 10:00am
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Goderich, Ontario
N7A 3G5
519-524-6445
www.cbcbgoderich.com

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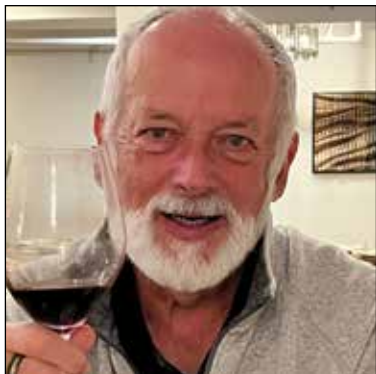
Sunday at 10:00 am

[Knox Presbyterian Church Goderich - YouTube](http://KnoxPresbyterianChurchGoderich-YouTube)

Worship materials available online

www.pccweb.ca/knox-goderich

OH, THE PLACES WE'LL GO: Witness to a 50-year-old mystery



PAUL KNOWLES

Sun Columnist

Laurie Wickens passed away last month.

I know what you are thinking: “That’s a very odd opening sentence for a travel feature.” I agree.

But the thing is, not many people have used a unique, personal experience to create a travel destination, a museum that has drawn visitors for two decades. But Laurie Wickens, and a few dedicated friends, did exactly that.

And three years ago, I had the chance to visit their museum, officially the “Shag Harbour UFO Interpretive Centre,” founded in 2006 by the Shag Harbour UFO Incident Society, and until his passing in July, usually staffed by Laurie Wickens. And that’s where I met him.

But the story goes back decades further, to the night of October 4, 1967. On that evening, a number of Shag Harbour, Nova Scotia residents saw something they could not explain, and would never forget. One of those witnesses was Laurie Wickens.

What they saw – and this was corroborated by several witnesses – was a flying object, about 60 feet in diameter, with flashing lights. It was flying above the waters of Shag Harbour, and then crashed into the sea, and disappeared.

Wickens, then a 17-year-old kid,



UFO witness Laurie Wickens, who helped turn that experience into a quirky tourist destination.

(PAUL KNOWLES PHOTOS)

and he had the presence of mind get to a pay phone and call the RCMP to report the incident.

Whoever answered the phone at the local RCMP office was skeptical. Instead of asking for more details, Wickens was asked if he had been drinking! The call ended. But a few minutes later, before he left the area, the phone rang. Turned out, the cops had been getting quite a few calls since Wickens’, and they all agreed that something mysterious was happening. Later on, the testimony of Pan Am pilots added to the veracity of the sighting – they had seen an object that matched the description flying over the Gulf of Maine that night.

Wickens’ answer to the return call from the RCMP? “I told you I wasn’t lying.”

In the end, the Shag Harbour UFO became officially noted as “the only government-documented UFO crash in the world.” So even the government agreed that some-

thing “unidentified” happened that night.

But to this day, no one knows what, exactly.

It’s probably important to note that Shag Harbour is located close to the southern tip of Nova Scotia. It’s 65 km south of Yarmouth, due east of Portland, Maine, and not all that distant from Boston.

Those proximities are probably important, because while Laurie Wickens and his colleagues were happy to talk about the Shag Harbour UFO, they didn’t insist that it was anything other-worldly.

Wickens told me that almost immediately following the crash, a large American navy vessel sailed into Shag Harbour. Townspeople were instantly aware that the place was suddenly teeming with American and Canadian military officers, and a U.S. Navy dive team was also in town.

The kerfuffle lasted for about five days. And just as quickly as the

American contingent had arrived, they were gone – the ship sailed away, the uniforms were gone, and everything was back to normal.

Including, it was eventually determined, the sea bed of Shag Harbour. No evidence was ever found – or at least, ever acknowledged by powers that be – of any crashed flying object, unidentified or not. A spokesperson for Canada’s National Defence Headquarters stated, “The Rescue Coordination Centre conducted a preliminary investigation and discounted the possibilities that the sighting was produced by an aircraft, flares, floats, or any other known objects.” Thus, by definition: an Unidentified Flying Object.

Local people, including Wickens – and occasional visiting UFO enthusiasts – continued to search, but to no avail.

There is a bit of a contradiction between the museum, and the actual opinions of Laurie Wickens and his colleagues. The museum includes a

lot of UFO theory, including figures that look remarkably like E.T.

But the witnesses and experts I met hold to one of two other possibilities – either the Americans spirited away a wrecked, experimental craft, or the Shag Harbour UFO was an amphibious vessel that left under its own power.

Either way, those in the know point straight south of the border for their answer, concluding that an American military vessel that had no business entering Canadian airspace or water, did so anyway.

Wickens was a fisherman by profession, but spent countless hours at the museum. His obituary, marking his passing in July, stated that he “was a huge part of the Shag Harbour UFO Incident Society and museum.”

Another publication, The Canadian Gothic, wrote, ““For many Canadians, and for countless people around the world fascinated by the unexplained, Laurie was much more than the primary witness to the Shag Harbour Incident. He was the reason the story endured. Laurie’s passing marks the loss of one of the last living connections to one of Canada’s greatest mysteries. His story, and the mystery that followed him for nearly six decades, will continue to inspire curiosity for generations to come.”

The Shag Harbour museum is one of the quirkiest, and most charming, small museums I’ve had the privilege to visit. I hope that it can continue to operate, after having lost one of its most valuable human resources, UFO witness and eager story-teller Laurie Wickens.

Paul Knowles is an author and travel writer, and past-president of the Travel Media Association of Canada. To contact Paul about travel, his books, or speaking engagements, email pknowles@golden.net.



Just the fact, folks.



A painting that reflects the memories of the UFO witnesses.

Riddles

Why did the student eat his homework?
Because the teacher said it was a piece of cake!

Why was the math book sad?
Because it had too many problems.

What did the pencil say to the sharpener?
“You’re really getting on my point!”

Why did the student bring a ladder to school?
Because they wanted to go to high school!

What’s a teacher’s favourite nation?
Expla-nation!

Why did the student sit on their watch?
They wanted to be on time!

What did the glue say to the paper?
“I’m stuck on you!”

Why was the computer cold at school?
It left its Windows open!

What did the zero say to the eight?
“Nice belt!”

Why did the student throw their clock out the window?
They wanted to see time fly!

What do you call a school where the students are always tired?
A snooze-atorium!

Sudoku

6		7	2		5			3
3			4					7
		1		3				5
1		5					2	6
				8	1	5		9
		6	7					
		2					9	1
			8			3		

Solutions on page 27

Featured Pets



QUEEN LATIFAH

Her name is Queen Latifah, she was found under a shipping container in 40+ heat last summer, so one of her nicknames is Sea Can. She likes to go in her bubble backpack and go on car rides, she very sweet and makes biscuits every morning, she’s playful but with the tortie pattern comes some attitude. She’s got a pink nose and a pink stripe on her lip. She’s got different coloured whiskers so it looks like she only has eyebrows on one side.



Nominate your Pet of the Month by emailing info@goderichsun.com

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AUGUST 2026 NEWS HIGHLIGHTS

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- LLOYD ROBERTSON
- BAD LETTUCE
- NATALIE HARP
- US TRADE WAR
- MARK CARNEY
- LAKE ONTARIO
- ANGRY TODDLER
- GOOGLE MAPS
- DOLLY PARTON
- NEPAL FLASH
- FLOOD
- LINDSAY CLANCY

OBITUARY



MC LEAN: RYAN OF GODERICH

It is with profound sorrow and broken hearts to announce that Ryan Glen McLean passed away at the Alexandra Marine and General Hospital in Goderich, Ontario, while surrounded by his loved ones at 1:45pm on Saturday August 1st, 2026, at the age of 42, after his courageous battle against cancer. Ryan was born at the Alexandra Marine and General Hospital just past 7am on Monday June 25, 1984. He is survived by his loving parents Rick & Colleen McLean of Goderich and his heartbroken older brother Rickie McLean. Ryan has joined his beloved late grandfather Robert (Bob) Straughan and was the cherished grandchild of Shirley Straughan and her partner Art Freeman. In addition, Ryan joined his loving paternal grandparents, Robert (Bob) and Edna McLean of Goderich. Ryan is survived by his loving uncles Jason Straughan, Randy (Judy) McLean, and Tim (Kathy) McLean and he was preceded in death by his uncle, Ronnie Straughan. Ryan will be forever missed by his many loving cousins and his cherished friends. Ryan was always a loyal friend who would do whatever he could to help his friends and family. He would fight for the ideals for which he stood for and that he thought was right and just. In Ryan's 42 years of life, he accomplished a lot. In his earliest years Ryan could be found singing in the choir at Knox Presbyterian Church, winning cross country running races, and setting track and field records for Robertson Memorial Public School. He could be seen running through the open fields and forests behind Suncoast Drive with his friends, riding his bike with friends to jump into his grandpa and grandma Straughan's pool, or walking the forest trails with his grandfather Straughan and his family at the lot in Saltford. Another fond memory Ryan had was his visits to see the horses at the Goderich Racetrack where he would spend time learning about horses from his grandpa and grandma McLean. Ryan's favourite time of the year was the second week of July because his family would travel to Wright Point Resort in Port Loring, Ontario to vacation with friends. Whether it was tubing behind the boat, fishing, or playing on the beach these cherished memories meant everything to Ryan. As a teenager during his high school years Ryan excelled at math and he loved to play golf, hockey, and baseball. Ryan was quite skilled at the sports he competed in and he had to travel long distances to play the games, and he would complete his homework during the travel. As Ryan became an adult his interests expanded to include researching history, politics, and learning about finance. Another cherished memory that Ryan had was the time his grandpa and grandma Straughan took him to visit his favourite singer Elvis Presley's home at Graceland. It brought a smile to Ryan's face when he realized that he would be the same age as Elvis when he would pass away. Ryan was usually seen wearing a Chicago White Sox hat and the jersey of his favourite athlete Wayne Gretzky. He always enjoyed telling the story about the time he was 11 years old and his older brother Rickie held him up over the glass so that he could pat Gretzky on the shoulder pad while he walked to the dressing room at the old Joe Louis Arena in Detroit. Ryan had a job since he was 8 years old. His first job was as a paperboy for the Goderich Signal Star. As a teenager Ryan went to work at the Sunset Golf Course. After high school Ryan worked for Volvo Motor Graders until the factory closed. Ryan's final job was as a driver for Ideal Supply. Even though he was in a lot of pain it meant so much to Ryan that in his final days he had the opportunity to leave the hospital and go to the beach and watch the sunrise and look out at Lake Huron with his father. As the 19th century minister and scholar Minot J. Savage said, "the brave die never, though they sleep in dust: their courage nerves a thousand living men." This quote encapsulates Ryan and his life as he was very brave in the face of death. In his final days and hours Ryan never wavered in his courageous resolve and he wanted to meet death his way and on his own terms. Earth lost a great fighter on Saturday August 1st, 2026, but heaven gained an angelic warrior. The McLean family would like to thank the Care Partner's staff of Julie Johnston, Amanda Rader, Meredith Marier, and Annerieke Van Beets who took wonderful care of Ryan in his final months. In accordance with their wishes, cremation has taken place through Haskett Funeral Home, Goderich. A Celebration of Life to honour Ryan's memory was held on Saturday August 29, 2026, from 1:00 – 5:00 PM upstairs at the Royal Canadian Legion Branch 109 in Goderich.



**With Sympathy
for Your Loss**

KLOSS, LIONEL OF GODERICH

It is with deep sadness that we announce the passing of Lionel Albert Rudolf Kloss of Goderich Ontario, peacefully on Sunday August 23 2026. Survived by his wife of 70 years, Marlynn, children Sandra, John (Andrea), grandchildren Doug (Bre), and Michele (Ryan), along with 4 great grandchildren and sister Rena. Predeceased by son Donald, and brothers Richard and John. Lionel was always at his best on the farm with his horses, cats and machinery. The family will receive friends on Thursday September 3 2026, from 3 – 4 PM at Haskett Funeral Home GODERICH, with a short service afterward. Special thanks to the nurses and PSW's who attended to Lionel in his final days and the Huron Hospice. Donations in Lionel's memory can be made to the Alzheimer Society of Huron Perth and Huron Hospice. Family and friends can sign the book of condolences at www.haskettfh.com.

IN MEMORY

In memory of our Mom,
Eleanor Graham
September 8, 2022

*Memories are like threads of gold
They never tarnish or grow old.
Time slips by and life goes on
But from our hearts you are never gone.*

*We treasure all the years we shared,
The times we spent together.
And held with love within our hearts,
You will walk with us forever.*

**Forever in our hearts,
Rob, Karen, Wayne and Sharon**

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COMING EVENTS

Email to inquire
info@goderichsun.com

FOR SALE

Shade Trees; Maples, Oaks, Birch, Beech, Honey Locusts, Elms, Magnolia, Hydrangea Tree, Tulip Tree, Crab apples, Ivory Silk Lilac, Chanticleer Pear, Golden Weeping Willows and more. Apples, Pears, Peaches, Plums, Apricots, Nectarine, Blueberry, Haskap etc. Lots of healthy strong Spruce, Cedars and White Pine for your privacy hedges and windbreaks. Hundred of flowering shrubs. Reg Hours 7 a.m.- 6 p.m. Mon-Sat at Martins Nursery c/o Emanuel Martin. 42661 Orangehill Rd., Wroxeter, ON

WANTED

WANTED TO BUY – All collectibles including sports cards, beanie babies, Funko pops and stamps. Highest prices paid. Free appraisals. Are you downsizing or need an estate clean out? We can help. We are at the Pinery Market at Grand Bend every Sunday from 9 a.m. to 5 p.m. Call or text Stan anytime 519-868-3814.

COMMUNION REGISTRATION

Registration is now open for First Reconciliation and First Communion classes Starting in late September. Visit lakehuroncatholic.ca/sacraments and click the registration button to sign your child up before September 11, or email Stu at sblyde@dol.ca for more information.

FOR RENT

1 bedroom apartment for rent, stove, full size fridge, washer and dryer, standup air conditioner. All on one level, private deck with 8x8 storage shed, all utilities paid by landlord. Private driveway. Call 519-524-9480.

CONTINUED FROM PAGE 23

GUEST SPEAKER AT GODERICH DISTRICT HORTICULTURE SOCIETY'S MEETING

On Tuesday, September 15 at the MacKay Centre in Goderich at 7 p.m. The GDHS invites everyone to attend this presentation to hear guest speaker Jennie Girard give a presentation on native bees and bumble bees of south-western Ontario.

WELCOMING WEEK: CLINTON'S MEET YOUR NEIGHBOUR NIGHT

On Wednesday, September 16, from 6:30 p.m. to 8 p.m. at the Clinton Library Branch, 27 Albert St. Drop in to meet neighbours, learn more about your community and make new connections. Geared toward adults; families are welcome.

MULTILINGUAL MOVIE NIGHT: THE MOTHER AND THE BEAR

On Thursday, September 17 from 6 p.m. to 9 p.m. at Huron County Museum, 110 North St. Celebrate Welcoming Week and the opening of

the I Am Huron exhibit with this Canadian film The Mother and the Bear in English and Korean, plus free refreshments for this Welcoming Week event.

NEWCOMERS' FALL FARM BUS TOUR

On Saturday, September 19 from 10 a.m. to 4 p.m. at Libro Bank parking lot, 48 Ontario St., Clinton. Visit four Huron County farms, meet animals, see mushroom growing and enjoy children's activities. Local performances along the way from local artists. Part of Huron County's Welcoming Week activities.

CHILDREN'S STORYTIME: TALES FROM IRAN

On Saturday, September 19 at 10:30 a.m. at the Goderich Library Branch, 52 Montreal St. Families are invited to enjoy a picture book by an Iranian author and discover new stories, cultures, and connections together at this Welcoming Week event.

SUDOKU

6	4	7	2	1	5	9	8	3
3	5	9	4	6	8	2	1	7
8	2	1	9	3	7	4	6	5
1	8	5	3	9	4	7	2	6
2	7	3	6	8	1	5	4	9
4	9	6	7	5	2	1	3	8
7	6	2	5	4	3	8	9	1
9	1	4	8	7	6	3	5	2
5	3	8	1	2	9	6	7	4

QUIZ ANSWERS

- Schroeder
- Sapphire
- Two
- Pomology
- Also known as
- St. Bernard
- Seven
- Kid
- Soccer Ball
- All gods

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PROMOTE YOUR EVENTS WITH US! HERE'S HOW:

- The Community Calendar is for non-profit organizations to promote their free admission events at no charge. Event listings can include your event name, date, time and location as well as a phone number, email address or website.
- If your event is not free admission or you would like to include more details than stated above, you have the following options:
 - Coming Events Word Ad in Classified section (50 word max.) - \$10 + hst
 - Coming Events Boxed Word Ad in Classified section (50 word max.) - \$15 + hst
 - Display Ad - Sizes begin at a classified business card size for \$35 + hst

 **Goderich Sun**

Deadline: Friday prior at 3 p.m.
Contact: info@goderichsun.com

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