



Goderych Sun

VOLUME 4 • ISSUE 20

JUNE 11, 2026

FREE

YOUR REAL ESTATE PROFESSIONALS

COLDWELL BANKER
ALL POINTS - FESTIVAL CITY REALTY, BROKERAGE

| | | | | | | | | |
|--|---|---|--|--|--|---|--|---|
| DONNY RIVERS REALTOR® #519.525.1773 | ERIN WILSON REALTOR® #519.440.2032 | TODD STANBURY REALTOR® #519.525.5691 | LAURA HERMAN REALTOR® #519.525.0511 | LAURA MULDER REALTOR® #519.525.0590 | JEAN ANNE HAMILTON REALTOR® #519.955.5643 | WILDER HOGGARTH REALTOR® #519.441.7744 | AMANDA MCLEENAGHAN REALTOR® #519.525.8600 | CHAD LAFONTAINE REALTOR® #226.974.6464 |
|--|---|---|--|--|--|---|--|---|

GODERICHANDAREAHOUSES.COM | O: 519.524.1175 | TF: 1.877.599.0090 | 138 COURTHOUSE SQ. GODERICH

BRUINSMA EXCAVATING LTD.
Since 1972

- Sewers & Waterlines
- Septic Systems
- Erosion Control
- Trucking & Excavating
- Retaining Walls

519-524-8668 Sand • Gravel • Top Soil

Funding requests boost MRI campaign at Alexandra Marine and General Hospital

KATHLEEN SMITH & BRITTANY MCKAY

Editor

While offering many services to its residents and patients, Alexandra Marine and General Hospital (AMGH) and its Foundation is currently working towards bringing an MRI machine to Goderich.

Residents must travel outside the area for MRI services offered in London, Owen Sound and Stratford.

In a community-led effort spearheaded by AMGH Foundation and volunteers, the Magnetic Moments Capital Campaign aims to raise \$6.5 million to make this goal a reality at AMGH.

The MRI unit itself costs upwards of \$2,300,000 and may increase due to inflation. The rest of the funds will go towards construction, renovations, administrative and contingencies.

Bringing an MRI machine to AMGH keeps health-care dollars local, strengthens hospital services, enhances emergency care capacity and reduces downstream healthcare costs.

The Town of Goderich is already making payments for the MRI machine, and currently for enhancements at the Maitland Valley Medical Centre (MVMC). Yet,

CONTINUED TO PAGE 10



(CONTRIBUTED PHOTO)

Standing behind the trophies are Helen Gianoulis, Judy Ward, Brian Makcrow, Susan Carradine, Art James, Victoria Makcrow, and Rob McGuffin.

Goderich Little Theatre cleans up at 2026 Drama Festival

KATHLEEN SMITH

Editor

The competitive spirit of community theatre was on full display in Hanover, but it was Goderich Little Theatre (GLT) that walked away the undisputed champions of the 2026 Western Ontario Drama League (WODL) Festival.

Hosted by the Hanover Community Players and staged at the beautiful Hanover Civic Centre from May 14-17, the prestigious four-day festival brought together three of the region's elite community theatre productions to go head-to-head under the expert eye of internationally renowned theatre adjudicator and author Annette Procunier.

This year's highly selective main stage lineup featured three powerhouse productions. The tightly contested festival lineup featured:

Kincardine Theatre Guild's sharp comedy, Taking Care of the Browns

Theatre Woodstock's timeless classic, Little Women

Goderich Little Theatre's dazzling, heartfelt production, Six Dance Lessons in Six Weeks

When the final adjudications were read at the closing gala, GLT had pulled off a breathtaking sweep, capturing six major awards including the festival's highest honour: Outstanding Production.

It was high praise from a legend in Adjudication, An-

CONTINUED TO PAGE 2

GODERICH ELECTRIC LTD.

YOUR LOCAL ELECTRICAL CONTRACTOR
PROVIDING SERVICE SINCE 1957

www.GoderichElectric.com

519-524-2889

ECRA/ESA Lic # 7003360

Goderich Little Theatre's production of Six Dance Lessons in Six Weeks invited to compete in Western Ontario Drama League's 2026 Festival

CONTINUED FROM FRONT

nette Procnier, widely regarded as one of North America's foremost authorities on community theatre excellence, was lavish in her praise for GLT's production.

Known for her meticulous evaluation of character motivation and technical cohesion, Procnier lauded Six Dance Lessons in Six Weeks for its balance of professional-grade design and profound emotional truth.

During her public adjudications, Procnier noted that the production was a stellar example of how every element of a creative team can lift a script to its highest potential.

GLT's poignant and comedic production resonated deeply with the festival adjudicator and audiences alike, earning recognition for every facet of the production—from the individual performances to the intricate backstage and technical execution.

The full list of GLT's festival wins includes:

- Outstanding Production at Festival
- Outstanding Coordinated Production at Festival
- Outstanding Visual Production
- Outstanding Technical Achievement
- Outstanding Ensemble
- Outstanding Director – Brian Makcrow

"It is an unbelievable honour," said a thrilled Brian Makcrow after receiving the directing award.

"A show like this looks simple on the

surface, but it requires absolute precision from everyone involved. These accolades are a testament to the enormous dedication of our entire cast, crew, and creative team who poured their hearts into making this magic happen."

The heart of the production lies in the relationship between its two characters, brought to life by local favourites Susan Carradine and Art James. Their mesmerizing on stage chemistry, comedic timing, emotional vulnerability, and rigorous dance choreography earned them the Outstanding Ensemble award.

Beyond the stellar acting, the WODL adjudicator praised the seamless, professional execution of the show's complex backstage and technical demands.

Because the play relies on multiple rapid shifts in costume, music, lighting and projection to signify different dance styles over a period of weeks, the technical execution had to be flawless—proving that GLT's behind-the-scenes talent is just as formidable as the actors in the spotlight.

The technical and visual awards highlighted the seamless collaboration between GLT's backstage crew and technical team.

"Theatre is the ultimate team sport," an ecstatic Makcrow noted following the ceremony.

"Susan and Art are brilliant out there, but they are supported by a technical crew that executed cues with the precision of a Swiss watch"

With six major trophies returning home to Goderich, the historic win cements GLT's reputation as a powerhouse of Western Ontario community theatre.

Congratulations to GLT on bringing these prestigious awards home to Goderich.



(CONTRIBUTED PHOTO)

WODL President Susan Garner presenting 'Outstanding Production at Festival' to Brian Makcrow.



(CONTRIBUTED PHOTO)

Sponsor of the 'Outstanding Ensemble' award Lyn Mathewson with Susan Carradine and Art James.

We Manufacture Cushions!

Casual Industries Inc.
Outdoor Furniture

30,000 sq. ft. of
Outdoor Furniture

VISIT OUR Showroom

Wicker - Cast Aluminum - CR Plastics

Specializing in outdoor furniture for over 40 years

36525 Dashwood Rd
Grand Bend, ON
519-238-2110
www.gocasual.ca

CR PLASTIC PRODUCTS



Shop with us for all your grocery essentials

Zehrs MARKETS

35400D Huron Rd D, Goderich • 519-524-2229
Open: 7 a.m. - 9 p.m.

H.O. Jerry
(1983) LTD.

WHOLESALE OF
PAPER • PLASTIC • FOOD PRODUCTS
SANITATION AND SANITATION EQUIPMENT

279 SUNCOAST DR. E., GODERICH ONT. N7A 4H8

Business Phone: 519-524-2855
Fax No: 519-524-7439
Toll Free: 1-800-265-5177
Email: hojerry83@hojerry83.on.ca



*Join Us
For Our*

STRAWBERRY SOCIAL

THURSDAY, JUNE 25TH 1:30 P.M.

Join us for an afternoon celebration of the Strawberry Season featuring a
BAKING CONTEST *With* **LOCAL RESTAURANTS PARTICIPATING**
This year donation goes to AMGH Foundation – MRI Magnetic Moments
SAMPLES WILL BE SOLD FOR \$5.00 FOR SIX SAMPLES.



*Music with
“Leavin Tracks”
at 2 pm*



Goderich Place
RETIREMENT RESIDENCE

ASK ABOUT OUR DEMENTIA CARE WING

Must RVSP, to Melanie
519-524-4243 EXT 221
or email
activationgp@hurontel.on.ca

30 BALVINA DRIVE E., GODERICH www.goderichplace.ca

Circle City Cruizers kick off summer at the Main Beach

PAMELA CLAYFIELD

Sun Correspondent

Summer arrived in style Wednesday evening as the Circle City Cruizers rolled into Goderich's Main Beach for their first cruise night of the 2026 season, drawing an impressive 50 to 60 classic and custom vehicles to the shoreline.

Under a blue, sunny June sky, the first thing you saw driving down the hill to the beach was a living timeline of automotive history on the expanse of grass on your left.

Chrome gleamed, engines rumbled as the cars rolled in, and visitors wandered between rows of polished fenders and candy-coloured paint jobs.

The oldest vehicle on display — a beautifully preserved 1937 Coupe — stopped people in their tracks, offering a rare glimpse into nearly a century of craftsmanship.

For many attendees, the evening felt like stepping back in time. Families, longtime

car enthusiasts, and curious beachgoers drifted from one vehicle to the next, swapping stories, snapping photos, and chatting with proud owners who were more than happy to share the history behind their rides.

The Circle City Cruizers, known for their friendly atmosphere and passion for classic cars, have planned multiple cruise nights in Goderich throughout the summer, bringing their rolling showcase back to the beach or into Harbour Park where the next event will be held on June 17 starting at 6 p.m.

Each event is free to attend and offers door prizes and a 50/50 draw.

If last night's turnout is any indication, the 2026 cruising season is shaping up to be a fun event for everyone.

With the lake as a backdrop and the community gathered around these timeless machines, it's clear why cruise nights have become a beloved summer tradition in Goderich.



Circle City Cruizers hosted its first event of 2026.

(PAMELA CLAYFIELD PHOTO)

Choosing Grace: The ease of early summer

PAMELA CLAYFIELD

Sun Correspondent

June arrives with a softness that feels like a gift. Especially now with the days getting warmer but the heat is not yet heavy, the evenings are long but don't feel rushed, and the world seems to settle

into a rhythm that feels both familiar and new as nature continues to erupt around us.

Early summer has a way of loosening the knots we didn't realize we were carrying. We breathe a little deeper and we move a little slower, letting ourselves enjoy things without needing a reason — a walk by the lake, an ice cream cone or a quiet mo-

ment in the shade. We want to be outside to take in the sunshine and heat; sometimes just to breathe.

This is a season that invites ease. Not laziness, but gentleness. A chance to let go of the urgency that winter and spring often seem to demand. It gives us the chance to remember that rest is not something we earn — it's something we need.

June reminds us that life doesn't always

have to be busy to be meaningful. Sometimes the most important moments are the simplest ones: a conversation on the porch, a breeze through an open window and the feeling of sunlight on your skin. I love to feel the sunshine.

As summer begins, let's welcome ease wherever we find it. May we give ourselves permission to slow down, to enjoy, and to simply be.

SUBMIT YOUR LETTER TO THE EDITOR TO US!
CALL 519-655-2341 OR EMAIL info@goderichsun.com

GRANT HAVEN MEDIA

Restoring small-town journalism, one community at a time!

 **Goderich Sun**

Publisher

Stewart Grant • stew@granthaven.com

Editor

Kathleen Smith • kate@goderichsun.com

Graphic Design / Sales Inquiries

Sarah Cairns • info@goderichsun.com

Business Development

Heather Dunbar • heather@granthaven.com

Billing Administrator

Cindy Boakes • boakescindy1576@gmail.com

Administrative Assistant

Wendy Lamond • wendylamond74@gmail.com

Contributors

Annette Gerdis, Tanya MacIntyre, David Yates, Paul Knowles, Brittany McKay, John Miner

36 Water St. St. Marys, ON, PO Box 2310 N4X 1A2
info@goderichsun.com | 519.655.2341 | granthaven.com



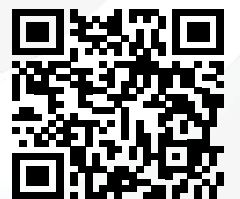
Funded by the Government of Canada
Financé par le gouvernement du Canada



Goderich Sun

SCAN TO READ THE ONLINE PAPER

www.granthaven.com



Goderich Sun

Guiding Principles

1. Everyone has a story
2. The news should be free for all to enjoy
3. Good news beats bad news
4. A Newspaper should be a community effort (contribute to your local paper!)
5. Newspapers document history
6. Newspapers strengthen communities
7. Advertisers, big or small, should profit from their ads (meaning sensible ad rates)
8. Newspapers should be locally-owned and operated

Town of Goderich Curbside Collection

Solid Waste, Organics and Recycling

Collection Schedule:



Organics | Recycling



Organics | Waste

Organics are collected each week.
Solid Waste and Recycling are collected on alternating weeks.

What Goes Into My Organics Bin?



Produce

Fruits and vegetables



Dairy

Milk, yogurt, ice cream, cheese



Bakery and Dry Goods

Breads, muffins, pasta, rice



Table Scraps



Meats

All cooked and raw meat products, including bones, shells, fish, beef and chicken,



Home and Garden Waste (Indoor)

Acceptable in small amounts.
Large amounts of plant waste should be brought to the Goderich Yard Waste Depot at 361 Cambridge St (open seasonally April to November)



Soiled Paper Goods

Coffee grounds and filters, tea bags and strings, soiled paper bags, tissues, paper towels, napkins, BPI certified take-out containers

Need Help? Download Recycle Coach

Easily check details on collection dates, acceptable materials, landfill hours, and fees. You can also set personalized reminders (e.g., your collection day) using Recycle Coach.

Download the Recycle Coach app for free from the iTunes Store or Google Play, or use the Recycle Coach webpage.

For questions about solid waste and organics:

contact Waste Management at (888) 730-3344 or canresidential@wm.com

For questions about recycling:

contact Bluewater Recycling at 1-800-265-9799 ext.228



Research paper examines effectiveness of alternative shelter models

KATHLEEN SMITH

Editor

A new research paper from United Way Perth-Huron's United Housing initiative examines effectiveness of alternative shelter models.

The paper warns that municipalities' growing reliance on non-permanent shelter systems risks entrenching homelessness rather than resolving it.

Written by Kathy Vassilakos, United Housing Director and research intern, 'The Social and Financial Cost of Non-Permanent Shelter Systems for Addressing Homelessness' finds that turning to temporary shelters as a response to do something about homelessness may seem like progress but doesn't help individuals transition to permanent housing.

According to Vassilakos, evidence doesn't support the belief that tiny shelter communities and other similar temporary solutions can effectively help vulnerable individuals transition into permanent housing.

"Temporary shelters may seem like progress to communities wrestling with the issue of homelessness, but the evidence doesn't support the belief that tiny shelter communities and other similar temporary solutions can help vulnerable individuals transition into permanent housing," said Vassilakos.

"By contrast, research does show that an approach like Housing First is a more effective investment in permanent and supportive housing."

According to Vassilakos, Housing First is a program designed to eliminate homelessness among individuals experiencing mental health and addiction challenges who are also dealing with chronic homelessness.

When looking at challenges facing communities around homelessness, the numbers are sobering and underline the need to invest in permanent and supported housing.

According to United Way, a 2024 study in the U.K. examining Housing First, showed this approach generated an average of \$29,197 CAD per year, per person in benefits to both individuals and the larger system.

United Way reports that in Ontario, more than 81,500 people experienced homelessness in 2024, which is a 25 per cent increase since 2022. Over half were classified as chronically homeless.

Provincial data shows a large gap between the need and available resources, with just one supportive housing space for every 14 people experiencing homelessness.

To narrow it down, local data reflects provincial trends.

In July, 2025, at least 148 households in Huron County were experiencing homelessness, with 126 classified as chronic.

"In the end, investing in permanent housing instead of creating costly and ineffective temporary systems is the only evidence-based solution to the challenges we face around homelessness," explained Vassilakos.

The research paper recommends reaffirming Housing First as the foundation of homelessness policy, redirecting

funding from the option of short-term shelter expansion to permanent housing. Vassilakos believes this would advance supportive housing projects as a more effective and fiscally responsible response to the issue.

"We understand that for certain groups, including women escaping intimate partner violence and vulnerable youth, there remains a need for emergency shelters, so it's not a matter of dismissing them completely," Vassilakos added.

"But, if we keep investing in temporary fixes, we risk losing an opportunity to build long-term solutions. We need to shift our thinking toward making sure people who need housing get it, and can keep it for years to come."

While Vassilakos' paper doesn't address the need for investments in homelessness prevention, that remains a focus of United Way Perth-Huron's work.

The paper sheds light on the need for permanent housing and how there are already community partners, like United Housing, working toward that goal.

Yet, Vassilakos stresses that it is important to help people before they find themselves vulnerable and in need of housing.

"That's why UWPH's work, both through internal programs and our partners, remains critical to addressing the upstream causes of homelessness, and why the organization's annual campaign remains such a vital part of the region," Vassilakos commented.

For more information visit unitedhousingperthhuron.ca



Annual Meeting Announcement

Alexandra Marine & General Hospital and South Huron Hospital

Thursday, June 25, 2026 | 7:00 p.m.

White Carnation Banquet Hall, Holmesville

Members of the public are welcome and can attend in person or via Microsoft Teams; RSVP to alana.ross@amgh.ca

Members of the Hospital Corporations shall be entitled to vote at the Annual Meeting.

SUBMIT YOUR LETTER TO THE EDITOR TO US!

CALL 519-655-2341 OR EMAIL info@goderichsun.com

Reality? **Reality check**

Canadian newspapers are powered by journalists, not AI. They check the facts so you can trust what you're reading.

nationalnewspaperweek.ca

CANADA'S NEWS MEDIA
CHAMPIONS OF THE TRUTH

THE CLEARANCE

Everything is on sale!

OPEN: Tuesday-Friday 10am-5:30pm

Saturday 10am-5pm

WEB STORE OPEN 24/7

www.chisholmtv.com

36 West St, GODERICH • 524-9576



Goderich Bicentennial: Celebrating 200 years of Canada's Prettiest Little Town

LIZ PETRIE

Sun Contributor

While Goderich's bicentennial approaches, it's hard to believe that we are one year away from celebrating such a huge milestone. Two-hundred years since the founding, and not many communities have the bragging right to say that.

Mark Thursday, June 24 to Sunday, June 27 in your calendars, on your fridge and in your phones right now. You will not want to miss this celebration of the history of Goderich and its future.

Our Bicentennial Committee is working extremely hard on pulling together a weekend that will be one for the books.

The committee holds monthly meetings, open to the public, and as we get closer to the 200th celebrations, we will be hosting a Volunteer Event so you can come out and see where help is needed and help in anyway you can.

We know that any event that happens in Goderich is a success because of our volunteers.

Goderich's Bicentennial in 2027, marking 200 years since its founding in 1827, is poised to have a significant impact on the community by fostering local pride, boosting the tourism-driven economy, and establishing lasting legacies.

With the theme 'Making Waves Since 1827', the celebration focuses on commemorating the town's history while driving community momentum into the future.

The Town of Goderich will honour its heritage by recognising the founding by John Galt and the famous William 'Tiger' Dunlop of the Canada Company.

Celebrations will also recognise the town's evolution, its unique octagon-shaped downtown (which will be newly revitalised), and promote our vital port to showcase its growth and resilience.

The celebrations will share our identity,



(KATHLEEN SMITH PHOTO)

The Bicentennial Committee (Top to bottom, L-R): Laura Herman, Event Planning/Logistics, Lori Rounds, Sponsorship and Fundraising, Susan O'Brien, History and Culture, Nancy Hughes, Municipal and Marine Heritage Rep, Marion Goodman, History and Culture, Faith Wilson, Social Media and Logistics, Liz Petrie, Chair, Chris Garnier, Volunteer. (Missing): Claire Day, BIA Rep, Garry LaRose, Merchandising/Advertising, and Vlorat Vitija, Volunteer.

connect our generations, and showcase our resilience.

Bicentennial celebrations will focus on building community momentum through shared celebrations and fostering pride for all ages and demographics. The event will also focus on inspiring the future by honouring the past and looking ahead with extreme pride.

To build excitement for all, the Bicentennial Committee will honour the vibrant legacy and stories that shaped the Town of Goderich by launching a podcast entitled 'Goderich 200' by our local celebrity Phil Main.

Each month from June 29, 2026, until the celebration, there will be a new pod-

cast that will host many people who have made a difference in shaping our community.

We have been honoured to create conversations with our local service groups, the BIA and others to create an event that will be the envy of all.

We will tap into programs that already exist to promote our history and our pride.

Dances, music, theatre, children's events, walking tours, parades, and perhaps reunions just to mention a few of the events being pulled together.

It is not a small task as conversations must happen; agreements put in place and

logistics of locations all worked out.

So, stay tuned for now as we continue to prepare the schedule of events that we hope to release in the very near future. We will also be popping up at some of our markets with our merchandise that will be a tribute to our beautiful town and be a keepsake for years to come.

As Chair of the Town of Goderich 2027 Bicentennial Committee, I am proud of the men and women who join me at the table to create an event for all to remember.

It is not easy work, especially when each one of these amazing people are volunteers.

Some of our committee chairs have jobs, but each one still shows up because of their love for this community.

If you see any of the committee members out in the community, please give them a big smile and even bigger thank you.

Any event that is held in our community cannot be done or be successful without the volunteers and a huge thank you must go to the Town of Goderich Staff who are working behind the scenes keeping us on track for permits, finances, and many other items.

We are all working together to promote the Town of Goderich.

Look for upcoming articles in the Goderich Sun in each publication moving forward, to tell the stories of our town's history and uniqueness.

Events will also be published as we roll out the schedule, so you can plan for the bicentennial.

Liz Petrie is the Chair of the Town of Goderich 2027 Bicentennial Committee

Weekend Quiz

By Jake Grant

1. What zodiac signs fall in June?
2. What important historical event occurred on June 6, 1944?
3. What is the oldest national park in Canada?
4. What was Blackbeard's real name?
5. In what Canadian town is the World Crokinole Championships held?
6. When did the Peasants' Revolt take place?
7. Who is the film The Social Network about?
8. What boarding device was used by ancient Roman ships?
9. Canada uses what measurement system?
10. What is Moscow's famed opera house?

This week's answers are found on pg. 34



(KATHLEEN SMITH PHOTO)

The Merchandising/Advertising Sub Committee (Top to bottom): Joanne Chambers, Robyn Ross, Judy Jenkins, Nancy Hughes and Karen Such.

Gateway discusses farmers' mental health with special visitor from England

ALEXA HUGILL

Sun Contributor

Gateway Centre of Excellence in Rural Health (CERH) had a special visitor when Mrs. Lucia Slack, a psychiatric nurse from Cumbria, England, visited the Gateway CERH office for a presentation and conversation.

Lucia holds the designation of Clinical Lead, the equivalent to the Canadian Nurse Practitioner designation.

Slack visited to learn more about how Gateway CERH works to support the health and well-being of farmers in our local rural communities.

Farmers' mental health is an increasingly significant issue in England, as they struggle to deal with a multiplicity of issues.

As part of her travels across Canada,

Slack plans to visit several organizations dedicated to supporting farmers and educating healthcare practitioners on the unique realities and culture of farming communities.

Following the presentation, Slack shared that she was amazed that a small rural community like Goderich is home to an organization like Gateway CERH, which leads extensive projects and research initiatives, including the Gateway CERH Farmers' Safety and Well-Being program.

Slack lives in England with her husband and three-year-old daughter on a 500-acre dairy farm where they milk over a thousand cows.

For more information, contact: Gateway Centre of Excellence in Rural Health at info@gatewayruralhealth.ca or 519-612-1053.



(CONTRIBUTED PHOTO)

Dan Stringer, Vice Chair; Nyden Greenfield, Research Assistant; Julia Waanders, Research Assistant; Lucia Slack, Psychiatric Nurse from Cumbria, England; Lily Rideout, Business Development Officer; Sophia Buckman, Research Assistant; Julie Wein, Research Assistant; Gwen Devereaux, President; Mike Beazely, Research Chair of Rural Substance Use.

Holmesville ball diamond getting a community-focused upgrade

BRITTANY MCKAY

Sun Reporter

Clinton Council praised the Optimist Club's volunteer work at the Holmesville ball diamond and thanked municipal staff for recent paving improvements in Auburn.

"I just wanted to say how great it was to see the Optimist Club helping at the Holmesville ball diamond and just for everyone to know that it's fantastic with what they are doing with all their facilities. It's great to see the partnership," noted Councillor Everett Smith.

Throughout the praise - questions were raised about basketball nets at local courts and replacement of ball diamond lighting in Holmesville.

"I just wanted to thank facilities and roads for getting the asphalt done over in Auburn - looks great," Deputy Mayor Marg Anderson said.

"I am wondering when the basketball nets will be going up?"

The Staff confirmed the basketball nets will be installed in the next coming weeks and that lighting upgrades will be scheduled to avoid disrupting field rentals.

Clinton Council moves forward with agritourism zoning amendment

BRITTANY MCKAY

Sun Reporter

Clinton Council reviewed a presentation regarding a zoning by-law amendment affecting two farm properties. Greg Stewart presented an application seeking to rezone two agricultural properties to permit agritourism farm vacation suites.

The properties are located on Hullet-McKillop Road and London Road and are owned by separate companies operated by the same farm family.

The amendment allows vacation suites to be operated on farms where the owner resides on another nearby farm within approximately 10 kilometers. Under the current zoning by-law, operators must live on the same property as the vacation suite.

Stewart explained that both properties already contain existing farmhouses that would be used for rental accommodations. He noted that the proposal aligns with provincial policy, the Huron County Official Plan, and Central Huron's Official Plan, all of which support on-farm diversified uses such as agritourism.

Deputy Mayor Marg Anderson asked whether the rezoning would affect neighbouring farmers. Stewart confirmed there would be no impact, noting that the existing residential dwellings already establish the same minimum distance separation requirements regardless of whether the homes are owner-occupied or rented.

Council approved the motion of the zoning amendment.

GRANT
HAVEN
MEDIA

Wondering how local media can help grow your business?

Let me help tailor a customized marketing plan for your business goals.

heather@granthaven.com



St. Marys Independent The Wilmet-Tavistock Gazette STRATFORD NEWS
Woodstock Ingersoll Echo Exeter Examiner Goderich Sun
Tillsonburg POST SIMCOE/ADVOCATE The Paris Independent
NORFOLK FARMS HURON FARMS NIAGARA FARMS



226.261.1837

GRANT
HAVEN
MEDIA



Goderich Sun



**BE IN THE KNOW!
Get the Latest
Edition Delivered
Straight to Your
Inbox!**

granthaven.com/goderich-sun

South Huron Grants make a big difference for local organisations

GODERICH SUN STAFF

info@goderichsun.com

South Huron Community Grant Awards were hosted by the Sunset Community Foundation (SCF) on May 27 to celebrate another year of local generosity and community impact.

This year, SCF awarded 15 community grants, totaling \$26,015 to support projects that aim to strengthen and enrich South Huron through investments in children and youth, health and wellness, education, environmental stewardship, arts and culture, food security and community inclusion.

Distributing more than \$26,000 to support programs and initiatives this year, according to Laura Goulding, Chair of

the South Huron Advisory Committee, this growth is only possible due to the generosity of the people who live in the area and municipal leaders.

This year, the 2026 recipients were:

- Big Brothers Big Sisters of South Huron (\$1,500)
- Ausable Bayfield Conservation Authority (ABCA) (\$3,500)
- South Huron Arts Centre (SHAC) (\$2,000)
- Jessica's House Hospice (\$1,000)
- West Coast Active Living (\$1,500)
- Phil McNamee Charitable Foundation (\$1,495)
- Make-A-Wish Canada (\$500)
- Gateway Centre of Excellence in Rural Health (CERH) (\$500)
- Huron Waves Music Festival (\$1,500)

- Huron Perth Public Health (HPPH) (\$2,000)
- South Huron Soccer Club (\$4,500)
- Blyth Festival Theatre (\$880)
- Avon Maitland District School Board (AMDSB) (\$2,190)

Attendees also reflected on the success of last year's grants.

In 2025, South Huron Community Funds supported 14 grants and three scholarships totaling \$15,900, impacting hundreds of residents through projects ranging from environmental education and arts programming to volunteer tax clinics that generated over \$1.58 million in tax refunds and benefits for modest-income residents across Southern Huron.

Tom Prout, Founding Member of the South Huron Advisory Committee,

shared updates on the growing South Huron 500 Club Fund, which launched one year ago and now includes 24 members and \$12,000 invested toward its \$50,000 goal.

"Community foundations create opportunities that continue giving back forever," said Lisa Reaume, Executive Director of Sunset Community Foundation.

"Every gift, every volunteer, and every partnership contributes to building stronger, healthier, and more vibrant communities."

For more information about Sunset Community Foundation, creating a fund, donating, or becoming involved in community initiatives, visit www.sunsetcommunityfoundation.ca



(CONTRIBUTED PHOTO)

Joanne Bowen (SH Advisory), Pat Redshaw (West Coast Active Living), Myles Theophilopoulos (Theophilopoulos Family Fund), and Ron Meyer (West Coast Active Living).



(CONTRIBUTED PHOTO)

Bob Down had a very enjoyable fireside chat with Dave Frayne.



(CONTRIBUTED PHOTO)

The South Huron Soccer Club grant was made possible by Bob Down (Down Family Fund), here with his daughter Barb Down (SH Advisory and the new Brian J. Clarke Family Fund).



(CONTRIBUTED PHOTO)

South Huron Advisory Committee Members are (left to right): Barb Down, Dave Frayne, Joanne Bowen, Laura Goulding (Chair), Tom Prout (Founder of SH Funds), Leanne Wiseman, Mary Peterson, and Lisa Reaume (Executive Director).

Funding requests boost MRI campaign for Goderich hospital

CONTINUED FROM FRONT

Goderich Council understands the importance of the MRI campaign, and members of council agreed they need to be leaders on this campaign.

"We can all recognise how important the MRI is, but it's not just important to Goderich, it's important to those surrounding communities," said Mayor Trevor Bazinet.

"Whatever they are going to donate, they will donate, but at the end of the day it's upon us to show some leadership."

Huron County is predominantly rural and aging faster than the provincial average, and without local MRI access, this means diagnostic delays, delayed treatment starts, increased hospital transfers and inequitable care compared to other centres.

While the province funds hospital operations, it does not fund essential equipment like MRI machines or the renovations required to install them. That responsibility rests with the community.

At the May 4 Council meeting, the

Magnetic Moments Capital Campaign Committee asked the Town of Goderich to consider a leadership contribution of \$1 million to help champion this project as a regional priority.

"We are asking for your financial support of the campaign and respectfully request that Council consider establishing the hospital foundation as a recurring line item in the Town's annual budget, recognizing its essential role in our community," wrote Dr. Kittmer in a letter to Council, dated April 23.

According to Kittmer, there will be a donor wall recognising those who make this project possible.

Recently, Central Huron Council approved a \$250,000 contribution toward the purchase of a new MRI machine for the Alexander Marine Hospital Foundation.

The donation will be funded through the municipality's Nuclear Waste Management Organization (NWMO) reserve funds.

"I am in support of this, but I feel it

should be just the full amount this year for two reasons... who knows what next year will bring as it could be in favour of the new council," said Councillor Alison Lobb.

"They may not be in favour. I think we should pick a certain amount this year but to just give the one-year donation."

Other council members discussion the pros and cons about whether the contribution should be spread over several years; but council ultimately agreed to provide the full amount immediately to support the project and assist fundraising efforts.

The request of \$1 million from the Town of Goderich is a sizeable donation, and Goderich Council discussed if another structured payment plan would be reasonable to continue to support local healthcare.

At the May 25 meeting, Council was missing a member and Mayor Bazinet wanted to decide with a full council present, and with some more information from the AMGH Foundation and campaign

leads before deciding on how to best support an MRI machine coming to Goderich.

"I know firsthand with the healthcare in the last year or so, I'm very thankful for the equipment we have at our hospital, and I'm very thankful our ER is open, and I'm thankful for the physicians and nurses who work at our hospital and our medical clinic," stressed Bazinet.

"We want to continue to support that because you never realise the importance of it, until you actually need it firsthand."

Goderich Council will also consider what Central Huron and ACW municipalities are donating to the campaign, before making any decisions.

Future discussion would centre around how much the Town of Goderich will donate to the campaign, how to pay it and a possible structure for a payment model over time.

Goderich Council has deferred this decision until they receive more information from Town Staff and from the AMGH Foundation. Next meeting is June 17.

Overheard At McCafé

Brought to you by:  **McDonald's**
Bayfield Rd, Goderich • (519) 655-4321

Stay strong teachers, the end is in sight

Could someone please explain to me how it is June already

Have you heard something humorous around town that you think might be of interest to others? Either email them to us atinfo@goderichsun.com with the title "Overheard at McCafé" or call 519 655-4321

Jayden's COMFORT CARE[®]
MAINTENANCE & PROTECTION PLAN
A NEW STANDARD OF HOME MAINTENANCE

PROTECT WHAT KEEPS YOUR FAMILY COMFORTABLE



 **519-237-HEAT (4328)**
 **JAYDENMECHANICAL.COM**

LOCAL MATTERS.



Remember that time when **Amazon** sponsored your church fundraiser?



Remember when **Facebook** bought a case of Girl Guide cookies to support your daughter?



Remember when **Google** provided free pizza to your child's soccer team when they won the championship?



News Media Canada
Médias d'Info Canada

Neither do we!
Local businesses live here. They play here. They invest here.
They need our support, now more than ever.



CANADA'S NEWS MEDIA.
CHAMPION THE TRUTH.

Ausable Bayfield Conservation Foundation offers \$1,000 Student Environmental Grant

GODERICH SUN STAFF

info@goderichsun.com

Ausable Bayfield Conservation Foundation (ABCF) is offering a \$1,000 Student Environmental Grant in 2026.

Since the grant's creation in 2010, 14 students have received this award.

"It's important to support students in their endeavours and this is one way we can do that," said Charles Miner, ABCF Chair.

Miner encourages young people to apply for this opportunity for financial support for their studies.

This \$1,000 grant is available to a graduating secondary school student or a student enrolled in university or college. The student receiving the award is someone pursuing a post-secondary education in

a course of study related to conservation/environment.

Examples of this are studies in biology, ecology, geography, forestry, fish and wildlife, agriculture and outdoor education.

According to Miner, the student must be between 17 and 25 years of age and have a permanent address within a member municipality of the Ausable Bayfield Conservation Authority (ABCA) watershed area.

Those municipalities in this area include Bluewater, Central Huron, Huron East, and South Huron.

The deadline to apply is 4:30 p.m. local time, Friday, June 26, 2026.

The application form and complete details are on the abca.ca website on the Foundation's Projects web page (<https://www.abca.ca/foundation/projects/>).



(CONTRIBUTED PHOTO)

The 2025 Student Environmental Grant Winner. Chair Charles Miner presented the \$1,000 Student Environmental Grant award in 2025 to winning student Will VanDongen-Miles of Grand Bend. The deadline to apply for the 2026 grant is June 26.

discover

THE HARBOUR HILL DIFFERENCE



For over a decade, Harbour Hill has been **delivering personalized, attentive care** that truly feels like home with more support and more fun!

Here you'll find a **caring community** where your needs are met with kindness, your choices are respected, and **care is at the heart of everything we do.**



Visit us: 104 Suncoast Dr. E, Goderich • 226-840-2162
life@Harbourhillsuites.com • Harbourhillsuites.com
 Retirement Community and 65+ Apartment Suites

OFFERING 65+ LIVING, SHORT-TERM STAYS,
 CONVALESCENT AND PERSONALIZED CARE.

Alzheimer Society

HURON PERTH

Annual General Meeting

Monday, June 22

5:30 pm Light Dinner - \$10 per person
 6:00 pm Annual General Meeting
 7:00 pm Social Recreation Program
 Demonstration - Minds in Motion®

BETTY CARDNO MEMORIAL CENTRE
 317 HURON RD, CLINTON

RSVP by June 12
 Learn more or register
 1-800-561-5012 or info@alzhp.ca

Helping seniors thrive through technology and community engagement

JULIE WEIN

Sun Contributor

Across Ontario, seniors are the backbone of a community. In Huron County specifically, people over the age of 55 make up 42 per cent of our population (Statistics Canada, 2021).

Seniors work, volunteer, mentor, and support local organizations allowing community initiatives to take place. Yet, many seniors face barriers to staying engaged and connected, especially as more services, information, and opportunities move online.

As technology becomes more prevalent in everyday life, digital literacy is becoming increasingly important for maintaining independence, accessing services, and participating fully in community life.

From plane tickets to banking to healthcare appointments, society expects that everyone is proficient in technology; however, for many rural seniors navigating this rapidly changing digital landscape can feel overwhelming.

Gateway Centre of Excellence in Rural Health (CERH) is a non-profit,

charitable organization focused on implementing innovative health solutions that are effective in rural communities. Since 2008, Gateway CERH has worked alongside residents, community organizations, and healthcare partners to address health challenges unique to rural Southwestern Ontario.

Through research, community programming, and innovation, the organization is committed to helping seniors age well in their communities. Gateway CERH is leading the development of senior centered programming, starting with our weekly tech sessions offered at the Goderich Legion, every Wednesday from 9 a.m. until 12 p.m.

Our summer season was kicked off on June 3 with a free BBQ and more than 35 seniors who were eager to build their technology skills. The program focuses on making technology a safe and accessible resource that will benefit them.

Many seniors emphasize feeling alone in their struggle with social connection in the age of technology but through these weekly sessions, they can meet others who are in the same situation.

As we organize the program, we seek

to create a patient and collaborative space where we walk through the basics of technology step by step and teach the skills needed to use technology as a tool in everyday life. Seniors left the program with new skills and a stronger sense of connection to their peers and the broader community.

On top of helping with everyday tasks, being comfortable with technology also opens doors for greater community involvement. Seniors can more easily learn about local events, connect with local organizations, or remain in contact with friends and family. The program supports a vision of aging that emphasizes connection, purpose, and community in everyday life.

As we continue to offer tech help at the Goderich Legion, we encourage seniors to take a leadership role in the program. Seniors who learn skills can teach others what they know or can help with the facilitation and organization of events.

While building sustainability within the program, this also empowers seniors to continue to give back to their community and to feel confident that they have skills and knowledge they can share.

As Gateway CERH continues to develop solutions to promote the health of seniors in our community, our vision extends beyond teaching technology. We aim to foster confidence, independence, and social connection while creating opportunities for seniors to remain active and engaged members of the community.

In supporting healthy aging in Huron County, Gateway CERH focuses on creating opportunities to learn, contribute, and belong. By investing in programs that empower older adults, we create stronger, more resilient communities where seniors are recognized for their contributions they have made to our community throughout their life.

Going beyond just offering services, Gateway CERH is committed to cultivating spaces where seniors can learn and contribute within their community.

Interested in the Legion Learning & Lounge program? Visit: <https://www.gatewayruralhealth.ca/legionlearningandlounge> or drop in at the Royal Canadian Legion Branch 109 – Goderich

Julie Wein is a Research Assistant, Gateway CERH

the ross firm.

The Ross Firm Welcomes Darlene Daley

We're delighted to welcome family lawyer Darlene Daley to The Ross Firm.

With more than 24 years of experience practicing family law in London and Southwestern Ontario, Darlene is a practical, strategic, and compassionate advocate — and a fiercely effective one when it matters most. Her practice covers custody and access, child and spousal support, property division, high-conflict and high-net-worth cases, and mediation and litigation.

Darlene has served on the panel for the Office of the Children's Lawyer and as a Dispute Resolution Officer with the Superior Court of Justice.

Originally from Exeter and now returning home to serve Huron County, Darlene brings decades of big-city experience while sharing our belief that clients deserve clear advice, strong advocacy, and lawyers who genuinely care.

Please join us in welcoming Darlene to The Ross Firm family.



106 Courthouse Square, Goderich | 888-567-4917
www.rossfirm.com

CULTURAL TREASURES OF JAPAN

collette



ONLY 2 SPOTS LEFT

March 10-24, 2027

Experience the perfect blend of ancient traditions and modern energy on an unforgettable Japan group tour. Explore vibrant cities, serene temples, and incredible cuisine while every detail is taken care of for you. Book today!

GROUP TRIPS HOSTED BY

STONETOWN TRAVEL

150 Queen St E, St. Marys, ON N4X 1B4
519-284-2332 agent@stonetowntravel.com
TICO#5003192

210 Mill St., New Hamburg, ON N3A 1P9
226-333-9939 newhamburg@stonetowntravel.com
TICO#5003193

www.stonetowntravel.com



A large, illuminated marquee sign for the musical "42nd Street". The numbers "42" are in a large, gold, 3D font with many small lights. Below them, the word "STREET" is written in white, bold, capital letters on a red, curved banner. The background is a dark cityscape at night with lights from buildings and a prominent skyscraper.

Music by Harry Warren
Lyrics by Al Dubin
Book by Michael Stewart & Mark Bramble
Based on the novel by Bradford Ropes and the motion picture 42nd Street
owned by Turner Entertainment Co.
and distributed by Warner Bros.
Original Direction and Dances by Gower Champion
Originally Produced on Broadway by David Merrick

The Broadway Dance Spectacular

JUNE 10 TO JUNE 27
HURON COUNTRY PLAYHOUSE
GRAND BEND

Funny Farm Burgers and Fries bringing fresh flavour and family atmosphere to Clinton

BRITTANY MCKAY

Sun Reporter

A new locally inspired burger quick service restaurant is preparing to open its doors in Clinton, Ontario, and owners Lisa and Rob Durin - Raidt are hoping to serve more than just burgers and fries — they're aiming to create a welcoming gathering place for the entire community.

Funny Farm Burgers & Fries soft launched their opening on National Burger Day. The restaurant promises fresh-cut fries, locally sourced ingredients, and a classic roadside burger experience rooted in small-town values.

For Lisa and Rob, opening the restaurant came after years spent as Lisa was working in healthcare and nursing homes.

"I've pretty much been in the food industry all my life," she explained.

"I was working in the nursing field and finally just got fed up with it. I quit my job on a whim, and while driving around Clinton we saw some empty storefronts and thought, 'What does Clinton need? A fresh new restaurant just seemed like the way to go.'"

The couple says creating a comfortable and fun environment was one of their biggest goals from the beginning.

"We want anyone and everyone to feel welcome here," Lisa said.

"Healthcare is stressful, and I just wanted a place where people can come in, feel comfortable, happy, and have fun. We want it to feel like family."

That community focus will also extend beyond the restaurant itself.

During their soft opening day, Funny



(BRITTANY MCKAY PHOTO)

Owners Lisa and Rob Durin-Raidt stand outside their burger joint located at 14 Isaac St. in Clinton.

Farm Burgers & Fries hosted a food drive encouraging visitors to bring non-perishable food items to support local causes. The restaurant is also trying to support local suppliers whenever possible.

Their beef comes from Harm-N-E Longhorns just outside Clinton, while other ingredients are sourced through Canadian suppliers.

"We really want the community's input too," Lisa added.

"We've asked people what kinds of cheese they like, whether they prefer Coke or Pepsi, what soups they'd want to see. We want people to feel involved."

Although the restaurant will start with a simple menu, customers will have plenty of flexibility when ordering.

"We're keeping it simple while we learn," Rob explained.

"But if we have it in the building, you can

put it on your burger."

One feature already getting attention is their traditional fresh-cut fries cooked in beef tallow — a nostalgic cooking method that ties into the restaurant's old-fashioned roadside burger inspiration.

"We like that classic roadside burger feels," Rob said.

"That's what we enjoy ourselves, so that's naturally what inspired the restaurant."

The couple says the journey to opening day has not been easy. Construction delays, rising costs, and unexpected hurdles pushed their original opening timeline back significantly.

"There are so many unexpected things that come up," Lisa added.

Despite the challenges, they credit local support and perseverance for helping them move forward.

"The town has been behind us 100 per

cent," she said.

"There were definitely times we asked ourselves if we should give up, but we've come this far and this is what we want to do."

Opening the restaurant later in life has also made the project especially meaningful for the pair. Lisa, 55, and Rob, 53, hope Funny Farm Burgers & Fries eventually becomes something their family can continue for years to come.

"We have kids and grandkids," Lisa said.

"We want this to stay in the family someday."

Even the restaurant's eye-catching pink doors and flamingo branding carry a personal story. The "Funny Farm" name comes from the couple's hobby farm outside Clinton, where they raise goats, chickens, pigs, rabbits, and turkeys.

Their love for flamingos began during a memorable trip to Florida, where Rob had the chance to interact closely with the birds.

"They were just so interesting," Rob said.

"And I've always loved pink, so it all just kind of came together naturally."

As they welcomed customers, the couple hopes their restaurant becomes a positive addition to Clinton's growing small business community.

"We want to keep prices affordable," Lisa said.

"We don't want to gouge people. We want families to be able to come in and enjoy themselves."

They also plan to continue giving back through donations and community fundraising initiatives throughout the year.

Everyone Plays a Part in Loss Prevention.

Contact us to Learn About Our Loss Prevention Incentive Program.

Commercial | Farm | Residential | Auto

AXIOM MUTUAL INSURANCE COMPANY

Zurich Office
519-236-4381

axiommutual.ca

Strathroy Office
519-246-1132



- Tax Efficient Retirement Income Planning
- Investment Management
- Legacy & Estate Planning

Watch our video at LighthouseMoney.ca

Call 519-524-5222

Visit 124 Courthouse Square, Goderich

Glen Steinson, QAFP®
Julie-Anne Lizewski, CFP®

Discovery Week 2026 introduces medical students to rural medicine at AMGH in Goderich

KATHLEEN SMITH

Editor

Each year, undergraduate medical students at the Schulich School of Medicine and Dentistry at University of Western Ontario take part in Discovery Week, a mandatory placement.

Learners are placed in more than 60 rural and regional communities in southwestern Ontario at the end of their first year.

During the 28th annual Discovery Week, first-year medical students trained at Alexandra Marine and General Hospital (AMGH) in Goderich from May 25 until May 28.

These physicians in training were welcomed as temporary members of the Goderich community for the week.

During their immersive, one-week placement at AMGH, the students familiarised themselves with teamwork and collaboration in a local health-care setting.

“Discovery Week gives medical students an opportunity to experience both the practice of rural medicine and the strong sense of community that makes Goderich such a special place to live and work,” said Jimmy Trieu, President and CEO of Huron Health System (HHS).



(CONTRIBUTED PHOTO)

A tour of Goderich. (L-R): Natalie Lu, Kate Barkhouse, Gabrielle Nguyen, Helen Suh, Mayor Trevor Bazinet.

Discovery Week is a long-standing program that gives all first-year medical students the opportunity to experience what life and health care looks like in regional and rural communities.

“By spending time alongside our physi-

cians, staff and community leaders, students gain a firsthand understanding of the rewards and impact of practising in a rural setting,” added Trieu.

“We hope this experience inspires many of them to return in the future to build

their careers and care for our community.”

During Discovery Week 2026, 190 students were placed in more than 30 participating communities, spanning Windsor to Owen Sound.

According to Dr. Victor Ng, assistant dean, Distributed Education, Schulich Medicine and Dentistry, community partners play a vital role in medical students’ education, by providing exceptional, first-hand, in-patient care experiences in rural and regional settings.

“We are incredibly grateful for this long-standing partnership, which prepares and inspires a cohort of physicians to practise in small and mid-sized communities across the province,” added Dr. Ng.

“Through this collaboration, Schulich medical students will develop a deep understanding and appreciation for rural-regional medicine and health-care providers. Many also return to practise in the communities they trained in.”

During Discovery Week, students shadow physicians and learn what their typical workday encompasses, they network with various healthcare teams, and experience rural and regional living in communities.

To learn more about Discovery Week visit www.schulich.uwo.ca/distributededucation



(CONTRIBUTED PHOTO)

Group at dinner. (L-R): Dr. Mohmeet Singh Brar, Dr. Matthew Gray, Natalie Lu, Kate Barkhouse, Gabrielle Nguyen, Helen Suh, Dr. Tiffaney Kittmer, Dr. Grant Dawson, Dr. Michael Dawson, and Hannah Carr.



(CONTRIBUTED PHOTO)

Group at a farm. (L-R): Vanda McNeil, Kate Barkhouse, Helen Suh, Gabrielle Nguyen, Natalie Lu, Glen McNeil.

Goderich Sun

GODERICH

- Maitland Market
- Tim Hortons (Highway 8)
- Tim Hortons (Five Points)
- Canadian Tire
- Walmart
- Zehrs
- Goderich Convenience
- Goderich Place
- Harbour Hill
- Southbridge Goderich

Food Basics

- YMCA
- Town Hall
- Culberts
- Blake Street Bakery
- West Sushi
- West Street Willy's
- The Book Peddler
- Steve and Mary's on the Square
- Bedford Hotel
- The Bee's Knees

Coldwell Banker

- Huron County Library - Goderich
- Mackay Centre
- AMGH
- Maitland Valley Medical Centre
- Huron County Museum
- Huron County Gaol
- River Run Restaurant
- Rexall
- Goderich Legion

Sawyer Dry Cleaning and

- Laundry Co.
- Creative Cuts
- Parsons
- St. Vincent de Paul
- Habitat Restore
- Comfort Inn
- Hear Canada
- Physiotherapy Alliance
- The Station
- Suncoast Variety

CLINTON

- Pharmasave
- Clinton Legion
- Clinton Arena
- Shell
- Bartliffs
- Tim Hortons

Pick Up Locations

Huron County Paramedics receive 2025 Medical Director's Commendation Award

GODERICH SUN STAFF

info@goderichsun.com

Two members of Huron County Paramedic Services received the 2025 Medical Director's Commendation Award in recognition of exceptional patient care in the prehospital setting.

Primary Care Paramedics Judith Hess and Sam Barlow were presented with the award on May 20 during a recognition ceremony, and during Paramedic Services Week 2026.

According to the County of Huron, the Medical Director's Commendation Award recognises paramedics who demonstrate exceptional clinical care during a specific patient encounter.

"Huron County is incredibly proud of Judith and Sam for this well-deserved recognition," said Jamie Heffer, Warden of the County of Huron.

"This award reflects the skill, compassion, and professionalism our paramedics

bring to the community."

The award acknowledges performance that exceeds standard expectations and reflects a high level of clinical competence, and patient-centred care within the scope of the Basic and Advanced Life Support Patient Care Standards.

Jeff Horseman, Director of Emergency Services, reiterated that Huron County Paramedic Services staff consistently demonstrate an outstanding commitment to patient care.

"Receiving this commendation is a significant achievement and a reflection of the high standards our teams uphold in challenging situations," added Horseman.

Presenting the award during Paramedic Services Week was appropriate and showed appreciation for local paramedics for the vital role they play in protecting the health and well-being of the community.

For more information about Huron County Paramedic Services, visit: www.huroncounty.ca/emergency-services



(CONTRIBUTED PHOTO)

The Medical Director's Commendation Award was presented to Judith Hess and Sam Barlow. (L-R): Dr. Paul Bradford, Medical Director, Southwest Ontario Regional Base Hospital, Meighan Wark, County of Huron CAO, Jamie Heffer, Huron County Warden, Judith Hess, Primary Care Paramedic and award recipient, Sam Barlow, Primary Care Paramedic and award recipient, Jeff Horseman, Director of Emergency Services, David Campbell, Deputy Chief, Professional Standards, Jason Schinbein, Interim Education Manager, Southwest Ontario Regional Base Hospital.

Pump track proposal sparks discussion at Central Huron Council

BRITTANY MCKAY

Sun Reporter

A proposed pump track project became a topic of discussion during the Clinton council meeting after being highlighted in the Community Improvement Coordinator's report.

Deputy Mayor Marg Anderson questioned whether Holmesville would be the best location for the recreational bike and scooter track, suggesting the project may be better suited for Clinton's Park system instead.

Angela Smith noted the proposal was initially brought forward by a local resident who identified an unused municipal space in Holmesville as a potential site.

"She noted that it was an ideal spot as another member suggested we have land there that is available and not being used at the Park," Smith said, adding the location also offers parking access.

However, Smith encouraged council to continue exploring other possible loca-

tions before making a final decision.

Councillor Alison Lobb voiced support for the Holmesville location, citing safety concerns as a key factor.

"If you put it in the Clinton Park, people are going around for ball or anything, I would prefer to see it at Holmesville," Lobb said.

Smith also shared that many Holmesville residents have expressed excitement about the proposal, saying the community appreciates seeing investment and recreational opportunities brought closer to home.

"There's a long way to go with that, but residents of Holmesville like that there would be something else in the town," she said, noting there is space available near the ball diamond.

Council noted Holmesville was originally suggested because of the available municipal land and convenient parking access, though alternate locations may still be considered as the project develops.

Community organisers excited to bring back South Huron Trail Run

GODERICH SUN STAFF

info@goderichsun.com

Community organisers are bringing back the popular South Huron Trail Run in August after an absence of several years.

The event ran for more than a decade but has been absent for more than a decade before its return this year. Ausable Bayfield Conservation ran the event in 2004 to 2006, and then Big Brothers Big Sisters of South Huron continued the event between 2007 and 2015.

Now, a group of community volunteers is organising the return of the trail run.

"We are pleased to bring back the South Huron Trail Run in 2026," said Lorne Rideout, member of the Friends of the South Huron Trail and part of the trail run organising committee.

"People have missed this event and are very excited to see its return."

The South Huron Trail Run combines an opportunity for beginners and more experienced runners.

There will be an eight-kilometre run, which will cross Jones Bridge, and a 3.25-kilometre run/walk, which will

cross Lions Bridge and Stirling Bridge.

"The South Huron Trail Run is an event where runners can compete and challenge themselves while also enjoying nature in a wonderful destination," added Rideout.

"Runners also know they are supporting a great cause by raising funds for the South Huron Trail system."

Registration begins at 7:30 a.m. on race day, Sunday, August 30.

The 3.25-kilometre walk/run commences at 9:30 a.m. and the 8-kilometre run begins at 9:45 a.m.

To register for the trail run visit RaceRoster.com (<https://raceroster.com/events/2026/117178/south-huron-trail-run>)

Net proceeds of the trail run go to the South Huron Trail for future trail maintenance.

More information is available on the South Huron Trail website: <https://www.southhurontail.com/south-huron-trail-run/>

Organisers of the run say they need volunteers leading up to the event and on race day. For those interested contact organisers at <https://www.abca.ca/events/>

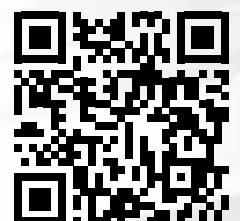
**GRANT
HAVEN
MEDIA**



Goderich Sun

SCAN TO READ THE ONLINE PAPER

www.granthaven.com



County of Huron announces 2026 Summer Company Participants

GODERICH SUN STAFF

info@goderichsun.com

Eleven participants for the 2026 Summer Company program supporting young entrepreneurs as they launch and operate their own business throughout the summer months have been named.

Representing a diverse mix of businesses and industries, the participants for 2026 will spend this summer building entrepreneurial skills, while gaining hands-on experience operating their own ventures within Huron County communities.

Participants will receive training, mentorship and business advisory support focused on areas such as business planning, marketing, customer service, budgeting, branding, networking, sales and day-to-day operations.

"It's exciting to see so many young people taking the leap into entrepreneurship," admitted Tricia Denomme, Program Lead Business Advisor for Summer Company in Huron County.

Participants will also have opportunities to strengthen leadership, communication, problem solving, and workplace skills while learning what it takes to successfully run a small business.

"Each participant brings creativity, ambition, and new ideas to their business, and we're proud to support them as they



(CONTRIBUTED PHOTO)

The 2026 Summer Company participants. (Back row): Micah Adams (Adams' Exterior Home Services, Central Huron), Evan Denunzio (Lakeshore Lot Striping, Goderich), Hayden Wick (Wick's ProClean, Huron East), Owen Wheeler (Drastic Plastic, North Huron). (Middle row): Blaine McKee (McKee Bros, Morris-Turnberry), Maria Askes (Jumbo Quail Market, ACW), Lily Verbeek (The Daily Stitch, Morris-Turnberry), Aaric Ritchie (AR Detailing, North Huron). (Front row): Maraya Schiestel (Little Rays of Sunshine, North Huron), Tricia Denomme, Business Advisor, Rian McConnell (McConnell Land Management, Bluewater), Sam Robinson (Frameshift Media, Central Huron).

learn, grow and build connections within the community," Denomme added.

The 2026 Summer Company participants include:

- Evan Denunzio – Lakeshore Lot Striping, Goderich
- Maria Askes – Jumbo Quail Market, ACW
- Hayden Wick – Wick's ProClean, Huron East
- Aaric Ritchie – AR Detailing, North Huron
- Blaine McKee – McKee Bros, Morris-Turnberry
- Owen Wheeler - Drastic Plastic, North Huron
- Rian McConnell – McConnell Land Management, Bluewater
- Lily Verbeek – The Daily Stitch, Morris-Turnberry
- Maraya Schiestel – Little Rays of Sunshine, North Huron
- Micah Adams – Adams Exterior Home Services, Central Huron
- Sam Robinson – Frameshift Media, Central Huron

Summer Company is an Ontario government program delivered locally in partnership with the County of Huron and support by the McCall MacBain Foundation.

For more information about Summer Company and youth entrepreneurship programs in Huron County visit www.huroncounty.ca/economic-development/summer-company/

County launches new housing story map tool to support housing applicants

GODERICH SUN STAFF

info@goderichsun.com

A new online Story Map tool has launched and was designed to help explore affordable and rent-geared-to-income (RGI) housing options across Huron County.

Launched by the County of Huron, this interactive tool provides information about affordable and RGI housing locations throughout the region, while highlighting amenities and features in each

community.

"This tool is intended to give applicants a clearer picture of the different housing options and communities available across Huron County," said Jayme Koskamp, Housing Services Manager.

Applicants can explore different towns, view housing locations and learn more about nearby services to help inform their choices.

According to the County of Huron, the Story Map was developed to support applicants in making informed decisions

when selecting communities and housing locations.

Under the current application process, applicants are limited to one refusal of a housing offer before their application may be cancelled.

"By providing information about both housing locations and community amenities, we hope applicants feel better equipped to make choices that fit their needs and circumstances," added Koskamp.

The County reminds residents that all

affordable and RGI housing properties currently maintain waitlists, with wait times generally longer in larger communities.

The new Story Map tool is available online at: <https://storymaps.arcgis.com/stories/88aadbc4cbb54d28b14b9e042351549c>

For more information about affordable and RGI housing in Huron County visit: www.huroncounty.ca/social-services/housing-and-homelessness/

VIP Day returns to Clinton Raceway in August

GODERICH SUN STAFF

info@goderichsun.com

The Bill Galvin Racing Alliance (BGRA) will give new and returning harness racing fans a special behind-the-scenes on-track experience as it hosts its second annual VIP Day at Clinton Raceway on Sunday, Aug. 23.

Following the success of the first edition last year, in which 75 guests participated in the festivities, the BGRA will invite 50 VIPs and their plus-ones to a fun-filled day at the races.

Attendees will be treated to paddock tours, starting car rides, rides on dou-

ble-seated jog carts, meet-and-greets with industry participants and the chance to win up to \$1,000.

"Based on all the smiles and comments last year, the VIPs and their guests really enjoyed their experience at the races," said BGRA director Karen Hauver.

"We're hoping to introduce even more people this year thanks to the staff at Clinton Raceway and all of our generous volunteers."

Guests will also receive betting vouchers sponsored by the Central Ontario Standardbred Association, a great barbecued chicken lunch and seating in a VIP area to take in the racing action.

The event is hosted at Clinton Raceway in Clinton, Ont., long known for its community atmosphere and popular events. Along with the hands-on harness racing activities, VIPs will enter a contest, with the top five finishers taking home up to \$1,000.

"Last year's VIP event was a tremendous success for the Bill Galvin Racing Alliance and Clinton Raceway," said Jessica Carnochan, Marketing Manager of Clinton Raceway.

"The BGRA team introduced a wealth of new fans to the sport, created an unforgettable experience and brought incredible energy to the track. We're excit-

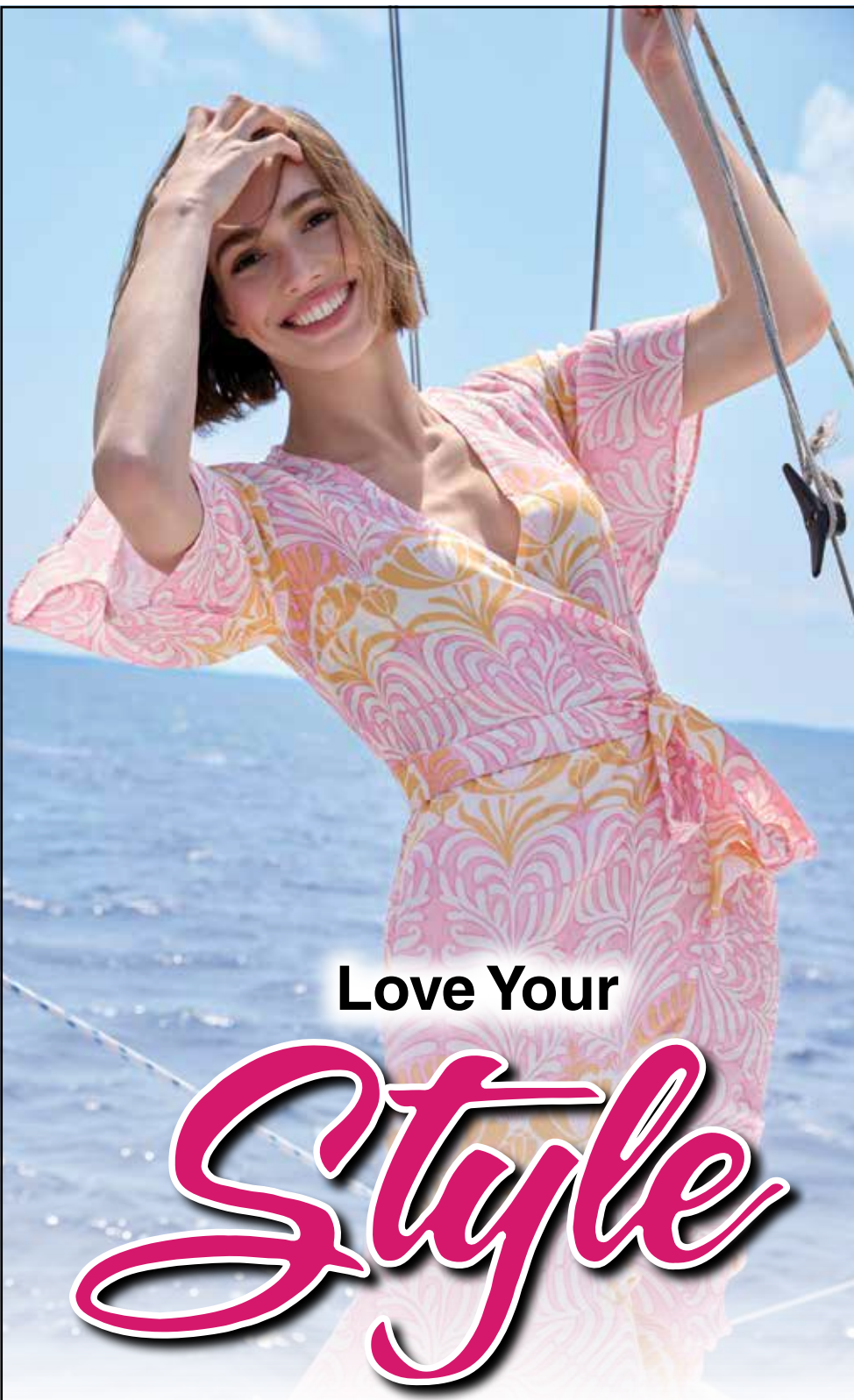
ed to welcome everyone back and look forward to building on that momentum with this year's event."

The BGRA will accept ballots up to July 31 at its Drive to Win Virtual Reality events or by filling out the online ballot.

The VR schedule can be found under Upcoming Events on the BGRA website and full rules, details and the ballot can be found here.

VIPs will be selected on August 4 and contacted within 48 hours.

For more information on the BGRA and upcoming events, visit bgracingalliance.ca



Love Your

Style

of the Season

Look good and feel confident with the area's largest selection of inspiring fashions, lingerie and swimwear.

Schaefer's
LADIES WEAR & LINGERIE

**162 The Square | GODERICH
519.524.7232**

f Like us on Facebook!
www.schaeferladieswear.ca

June is Seniors Month

Ontario Seniors — Let's Get Moving

ontario.ca/SeniorsMonth

Ontario

Why seniors thrive at Harbour Hill

Retirement living at Harbour Hill is anything but ordinary.

From exceptional dining in two unique dining rooms and a lively pub, to exclusive Chef's Table experiences hosted by our Head Chef in our state-of-the-art demonstration kitchen, every day offers something to look forward to.

Residents also enjoy beautiful outdoor spaces, relaxing gardens, and a vibrant

patio that comes alive with live entertainment, social gatherings, and unforgettable summer evenings.

Add engaging programs, genuine friendships, and the freedom to live life your way, and it's easy to see why seniors thrive at Harbour Hill.

Exceptional dining, beautiful spaces and vibrant living.



(CONTRIBUTED PHOTO)

Mary and Gord are fun-loving, active members of the Harbour Hill community who go out their way to make new residents and visitors feel welcome. Always on the go, they're involved in activities, community garden projects, and never miss an entertainment event. Their enthusiasm, friendliness, and community spirit make them a joy to be around.

ACTION
HEALTH CARE
SALES • SERVICE • RENTALS

Keeping You Independent



Mobility

Products to get you mobile – walkers, wheelchairs & scooters.



Rentals

For all your rental equipment needs – from bath chairs to hospital beds.



Products

We offer a full range of products to purchase.

ST MARYS

566 Queen St. E., St Marys, ON N4X 1A4

Phone: 519-284-4348

Toll Free: 1-833-645-5287

STRATFORD

305 Romeo St. S., Stratford, ON N5A 4T8

Phone: 519-271-6700

WWW.ACTIONHEALTHCARE.CA

June is Seniors Month

Ontario Seniors — Let's Get Moving

ontario.ca/SeniorsMonth

Ontario 

Why seniors thrive at Harbour Hill



(CONTRIBUTED PHOTO)

At 102, Ed brings energy, humour, and heart to the Harbour Hill community. A proud Legion member and lifelong Toronto Maple Leafs fan, he's always ready with a joke, a story, or a hockey conversation. His positive attitude and friendly nature make him a favourite among residents and staff alike.



(CONTRIBUTED PHOTO)

Bill is a talented tailor, engaging conversationalist, and all-around great neighbour. Known for his quick wit and generous spirit, he leads Harbour Hill's annual Operation Christmas Child campaign and is always willing to help others. His kindness and community-minded nature make him a valued member of Harbour Hill.

Celebrating Seniors

GODERICH
Canada's Prettiest Town

"The Town of Goderich recognizes the importance of engagement with our Seniors. We are pleased to celebrate the contributions of our seniors and we thank them for all of the important volunteer work they provide in our community."

— Mayor Bazinet



HARMONY HEARING & Tinnitus Clinic

Meet Susan Schlacht, owner and Audiologist of Harmony Hearing & Tinnitus Clinic! With an impressive 35 years of experience, Sue has dedicated her career to transforming the lives of those with hearing impairments, particularly individuals with dementia. Accredited in Tinnitus Management.



Susan Schlacht,
M.A. Reg CASPLO
Clinical Audiologist/Owner

Our Services

- Comprehensive hearing assessments & hearing aid consultations ages 6 months and up
- Tympanometry testing
- Tinnitus management/treatment
- Cognitive screening
- Central Auditory Processing for children 6 years and older
- Custom noise protection, swim plugs and sleep molds
- Wax removal

Facts About Hearing

- 60% of Canadians aged 19 to 79 have a hearing health problem. (Stats. Can.)
- Prevalence of hearing loss increases with age and is the third most common chronic disability in old age.
- Individuals with unaddressed hearing loss are at increased risk for cognitive decline and social isolation.
- Hearing disorders are prevalent in people with dementia. As such, audiologists are integral to achieving optimal care and quality of life for people with dementia.

Contact Us:

2 Main St. S. Unit #4 Bayfield, Ontario, NOM 1G0, and
302 Josephine Street, Wingham, ON NOG 2W0
Phone 519-565-4677 | Fax 519-565-4687
Email: info@hamonyhearing.ca
www.harmonyhearing.ca

Service: WSIB, ODSP, DVA, NIHB

June is Seniors Month Ontario Seniors – Let's Get Moving

ontario.ca/SeniorsMonth

Ontario 

Walking with purpose: Steps for Seniors returns to Clinton

GODERICH SUN STAFF

info@goderichsun.com

ONE CARE Home and Community Support Services invites community members to lace up their walking shoes and support local seniors through 'Steps for Seniors' fundraiser walkathon on Sunday, June 14.

With a goal of raising \$40,000, 'Steps for Seniors' has already generated over \$13,000 to date, thanks to the support of local communities.

Funds raised through the event will help support transportation services for older adults and people living with health challenges across Huron and Perth counties.

"Transportation is more than simply getting from one place to another," said Stephanie Ellens-Clark, Executive Director of ONE CARE.

"It's about autonomy, dignity and connection."

Through the Driven to Care campaign, ONE CARE continues to be a pillar of support and advocacy to address the growing need for accessible and reliable transportation.

ONE CARE remains steadfast in its mission of protecting the longevity of essential services such as helping clients attend medical appointments, gaining access to services, and help seniors remain connected to their community.

"Every step taken during these walkathons helps ensure older adults within our neighbourhoods can continue to live safely and independently," added Ellens-Clark.

New to the 2026 iteration of 'Steps for Seniors' ONE CARE has partnered with Donate a Car Canada, making it easy for supported to turn an unwanted vehicle into meaningful community impact.

If community members cannot make it

to the walk, they can consider contributing their vehicle of any type or condition. Newer vehicles may be sold through Donate a Car Canada's network to help maximize the value of the donation, while older vehicles are responsibly recycled in an environmentally friendly manner.

Donors will receive a tax receipt for their contribution.

By donating a vehicle and selecting ONE CARE as the charity of choice, supporters can make a lasting difference while clearing space in their driveway.

Participants can register for the fundraising walk individually or as part of a team. Community members who are unable to participate are encouraged to donate in support of the campaign. Businesses are also encouraged to sponsor the event, with various sponsorship levels available.

RBC Clinton is supporting ONE CARE, as is Compass Minerals, for ONE CARE's commitment to improving the quality of life for seniors.

Beginning at 1 p.m. on Sunday, June 14, pre-walk festivities will include a kid's area with games and face painting, and light snacks and beverages.

After the walk, which starts at 2 p.m., participants are invited to return to the ONE CARE office for pizza courtesy of New Orleans Pizza Clinton.

Participants are encouraged to rally friends, family, neighbours, and coworkers to support fundraising efforts. There will be special rewards available for top fundraisers.

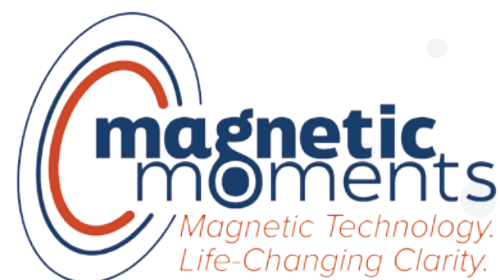
Individuals who raise between \$150 and \$499 will receive a ONE CARE umbrella, while those who raise \$500 to \$999 will earn a cosy ONE CARE hoodie.

According to ONE CARE, fundraisers who surpass \$1,000 will be rewarded with an exclusive ONE CARE Sherpa blanket.

All fundraising efforts, no matter the amount, directly contribute to improving quality of life for residents while demonstrating the power of coming together for the betterment of neighbours and the over-

all community.

Additional event details, registration information, and donation opportunities can be found by visiting stepsforseniors.ca or onecaresupport.ca



\$6,500,000
SEEMS LIKE A BIG GOAL.
AND IT IS.
BUT AT \$105.92
PER RESIDENT
WE CAN BRING AN MRI TO
HURON COUNTY.

Fund the local MRI

<https://www.amghfoundation.ca/magnetic-moments>

120 Napier Street
 Goderich, ON N7A 1W5
 519-524-8508

Email: amgh.foundation@amgh.ca
 Charitable Registration #89060 1248 RR 0001

Donate Now



Busy days, any day.

Delicious is always on hand.

Every day, open your freezer to over 200 meals made especially for seniors, delivered for free* with no contracts.

Locally owned 1-877-404-4246
HeartToHomeMeals.ca

*Some conditions may apply.

Get your
free
 menu!

We have the great privilege of Honouring Seniors each and every day.

It's what we do.

It's what we love to do!!



BECAUSE TO US
OUR RESIDENTS FEEL LIKE

Family



Goderich Place
RETIREMENT RESIDENCE

*Call Jennifer Puckett
to Arrange a Tour*

519-524-4243 EXT 224

30 BALVINA DRIVE E., GODERICH www.goderichplace.ca



ASK ABOUT OUR MEMORY CARE WING

June is Seniors Month Ontario Seniors – Let's Get Moving

ontario.ca/SeniorsMonth

Ontario 

Thriving at the YMCA: Supporting seniors in Goderich

MIKE VANDER WERF

Sun Contributor

Goderich is proudly known as 'The Prettiest Town in Canada', as a place where scenic waterfront views, a welcoming atmosphere and a strong sense of community create an ideal setting for retirement.

It's no surprise that many of our YMCA members are seniors who have chosen to call this beautiful town home.

At the YMCA of Goderich, we are committed to helping older adults not just live here but truly thrive.

Healthy aging isn't only about physical health, but also about staying active, engaged and socially connected.

At the Y, we emphasise the importance of movement, activity, and community, while helping seniors maintain independence, improve overall wellness and enjoy meaningful connections.

Our programs are rooted in the YMCA's core values: respect, responsibility, honesty, caring and inclusion. These values guide everything we do – ensuring that everyone who walks through our doors feels welcome, supported and empowered.

We offer a wide range of programs tailored specifically for older adults, whether you're just beginning your fitness journey, or looking to stay active in new ways.

Walking Track:

We're proud to offer a free walking

track membership, making physical activity accessible to everyone. Walking is one of the simplest and most effective ways to stay healthy.

Walking times are available Monday – Friday from 6 a.m. until 8 a.m., 11 a.m. until 2 p.m. and again from 5 p.m. until 8 p.m., as well as Saturday and Sunday from 11 a.m. until 2 p.m.

Aquafit:

An invigorating and low-impact working in the water offered at the Y is Aquafit.

It is a class that combines cardiovascular and strength conditioning in the water. Experience the power of movement in the water with workouts that build strength, balance, and confidence in every splash.

Aquafit is offered Monday – Friday from 9 a.m. until 9:45 a.m., Mondays at 6:30 p.m. until 7:15 p.m., Thursdays from 7:15 p.m. until 8 p.m. and new Saturday classes beginning on July 11.

Chair Fit:

The Y offers a supportive and accessible and low-impact fitness class that develops cardio, strength and flexibility in a seated position.

It is great for active, older adults and for those who are unable to get up and down from the floor.

It is offered on Monday from 10:15 a.m. until 11:15 a.m., Wednesday from 11:30 a.m. to 12:30 p.m., and Friday from 12:30

p.m. to 1:30 p.m.

Gentle Yoga:

Perfect for beginners or those seeking relaxation and flexibility.

Gentle Yoga movements at a slower pace, and most of the class is in supported positions, either seated or lying down. Chair options are provided, and suitable for all levels.

Offered on Monday from 12:30 p.m. until 1:30 p.m. and on Tuesday and Thursday from 10:15 a.m. until 11:15 a.m.

The YMCA provides all the equipment needed for group fitness classes, but participants are always welcome to bring their own yoga mats or props for added comfort.

For those who are new to exercise or looking to build confidence in the fitness centre, our Y Thrive program offers personalised support.

The Y Thrive is a six-month fitness program designed to help make exercise accessible, achievable, and enjoyable. Participants meet with a coach regularly to learn workouts safely and receive guidance to stay motivated.

Whether you're just starting out or returning to fitness, Y Thrive helps remove the guesswork and provides encouragement every step of the way.

At the YMCA, it's not just about exercise, it's about connection.

Many of our members highlight the friendships they've formed, the encouragement they receive, and the sense of belonging they feel as key reasons they keep coming back.

This sense of community extends beyond our walls through initiatives like our annual Fill the Bus campaign where we invite members, especially our engaged and compassionate senior community, to take part in something truly meaningful.

Every \$200 raised sends one child to camp, and donations help create life-changing experiences.

When you give, you help spark moments that truly matter.

To get involved or ask questions email donations@ymcaswo.ca

Living in a town as beautiful as Goderich offers countless opportunities to enjoy retirement, but staying active and connected is a key to making the most of it.

At the YMCA, seniors have access to supportive programs, welcoming spaces, and a community that values every individual.

Whether you're joining a fitness class, walking the track, or simply connecting with others, the YMCA is here to help you live a healthier, happier life. Come thrive with us.

Mike Vander Werf is the General Manager at Goderich Huron YMCA

JUNE IS SENIORS MONTH

With sincere appreciation for the seniors who continue to enrich communities across Huron-Bruce.



LISA THOMPSON
MPP - Huron-Bruce

lisa.thompsonco@pc.ola.org
lisathompsonmpp.ca

Where trusted experience
AND GOOD HEALTH MEET

Alli Meyer, our new owner/pharmacist, earned her Doctor of Pharmacy degree with honours and is eager to help you put your health in her capable hands.

Alli is excited to be offering even more services including minor ailments and medication reviews, in addition to their custom compounding, blister packaging, ostomy supplies, and personalized care.

Alli takes great care in the care she provides, helping with everything from diabetes management to mental health support. No matter your needs, Alli and her team are well-equipped to guide you on your health journey.

- Mon. – Fri: 8 a.m. - 6 p.m.
- Sat. 8 a.m. – 4 p.m.
- Sun: Closed



112 Courthouse Square, Goderich
519.524.7228



SCAN FOR SAVINGS

June is Seniors Month Ontario Seniors — Let's Get Moving

ontario.ca/SeniorsMonth

Ontario 

Celebrating Seniors: A community built on dignity, care, and connection

ANNETTE GERDES

Sun Contributor

Choosing support for a loved one is one of the most important decisions a family can make. Families want reassurance that their loved one is safe, understood, engaged, and able to maintain the independence and dignity that matter most to them—and that they are not navigating this journey alone.

For more than 30 years, Goderich Place has been helping seniors and their families through every stage of the retirement journey. As a privately owned retirement residence, Goderich Place offers a continuum of care ranging from independent retirement living to assisted living and specialized memory care.

This comprehensive approach allows residents to remain in a familiar and supportive environment as their needs change over time, while families gain confidence knowing trusted support is always available.

Every senior's story is unique. Each individual faces different challenges, health needs, and personal goals. What sets Goderich Place apart is its ability to customize care to meet the specific needs of each resident while preserving independence, dignity, and quality of life.

The focus is not simply on providing care, but on truly understanding each person and helping them continue to live a meaningful and fulfilling life.

That same philosophy extends to everyday living. Residents enjoy the freedom and flexibility to make choices that suit their lifestyle, including how they dine. Those who enjoy cooking can prepare meals in their own suites, while others may prefer the convenience and social connection of meals in the dining room. Many choose a combination of both.

There is no one-size-fits-all approach; residents can enjoy the independence they value while having support available whenever they need it.

The continuum of care model is especially



(CONTRIBUTED PHOTO)

Friends Sam and Don at Goderich Place Retirement Residence.

valuable for couples. As health circumstances evolve, couples can remain together within the same community even when one partner requires additional support. This continuity helps preserve relationships, reduce stress, and provide comfort during times of change.

At the heart of Goderich Place is a commitment to meaningful human connection. Relationships between residents, staff, and families often span many years, creating a true sense of community. In some cases, these relationships have continued for more than 15 years, reflecting the trust, compassion, and genuine care that define daily life within the residence.

Life at Goderich Place extends far beyond care services. Residents remain active, engaged, and connected through a variety of programs, outings, and experiences designed to bring enjoyment and purpose to each day. June is especially busy, with Memory Care residents

enjoying outings to local alpaca farms, garden centers, and picnics in the park.

Retirement Living residents are looking forward to tours of Bruce Power, trips for ice cream and visits to local farmers' markets, as well as backyard campfires complete with favorite songs and roasted marshmallows.

For those who enjoy spending time outdoors, the beautifully landscaped gardens provide a peaceful setting to relax, socialize, and connect with nature. Elevated planting beds allow residents to continue gardening comfortably, offering the opportunity to pursue lifelong hobbies and experience the simple joy of nurturing something and watching it grow.

Learning and engagement are also an important part of community life. Monthly educational and speaker series events welcome residents, families, and members of the broader community to explore a wide range of top-

ics relevant to seniors and of general interest. These gatherings encourage lifelong learning, spark conversation, and strengthen community connections.

Supporting residents' health and well-being is equally important. Goderich Place is proud to have a Nurse Practitioner on site, providing convenient access to healthcare and ongoing clinical support. Residents can receive care and consultations within the comfort of their own community, often eliminating the need to travel elsewhere for routine medical appointments and providing families with added peace of mind.

Community involvement remains a cornerstone of life at Goderich Place. On June 25 at 1:30 p.m., residents, families, and community members are invited to attend the annual Strawberry Social. This ticketed event will feature a baking contest with participation from local restaurants and businesses while raising funds for the Alexandra Marine & General Hospital Foundation's MRI Magnetic Moments campaign. The event reflects the spirit of partnership and giving back that has long been part of the Goderich Place culture.

As demand for quality senior living continues to grow, Goderich Place remains one of the area's most sought-after retirement communities and is proud to be recognized as the region's number one rated retirement home. This distinction reflects not only the quality of care provided but also the vibrant community that residents, families, staff, and volunteers have built together.

Ultimately, what makes Goderich Place special is not simply the services it provides, but the relationships it fosters. Residents are known by name, families become part of the community, and support evolves as needs change.

It is a place where seniors can continue to live with dignity, purpose, and joy while surrounded by people who genuinely care—a place where every resident is valued, every family is supported, and community truly feels like home.

Hobby store that features Board Games, Lego, Sports Cards and much more.



A great place to bring the family to shop!

144 Courthouse Sq., Suite 300 (Basement), Goderich, ON
519-612-2050 | mtgnorthcanada@gmail.com
www.mtgnorth.ca



PHYSIOTHERAPY
alliance

JUNE IS SENIORS' MONTH

Helping Seniors Stay Active, Mobile & Independent


Gentle Physiotherapy


Balance & Mobility Support


Arthritis & Pain Relief


Support for Daily Living Activities

145 Huron Road, Unit 1, Goderich | 519-612-2345 | www.physiotherapyalliance.com

IODE Maple Leaf Chapter History

PENNY MURRAY

Sun Contributor

In this final edition of my column, we conclude the IODE Maple Leaf history by looking at our last 26 years.

Our chapter welcomed in the new millennium, or Y2K as many knew it, with celebratory plans for our centenary anniversary in 2001.

At this time, many individuals, businesses and service clubs in Goderich joined forces together as the "Mind and Body Campaign" for the expansion of the library and the building of a community health and wellness complex which ultimately became the present-day Maitland Recreation Centre.

IODE MLC chose two very ambitious goals for centenary projects; the first one was to recruit and retain 100 members by the completion of 2001. The second goal was to contribute \$100,000 towards the library expansion project.

The library expansion project had a very impressive kickstart. On May 30, 2000, Hilary Weston, the lieutenant governor of Ontario, met with Maple Leaf Chapter members at the library strongly endorsing this initiative. This was followed by our usual fundraising endeavours with some very impressive additions to attain the hefty \$100,000 goal.

The very successful Christmas House Tour began in 2000 and continues to be a well-loved annual event. The RCMP musical ride brought over 5,000 spectators to Ag Park on May 23, 2001. Queen Mary's carpet, a beautiful tapestry with over one million stitches by the Queen herself, was loaned to us from the National Gallery of Canada in Ottawa. The carpet was on display at the Huron County Museum attracting patrons from a variety of locations.

With diligence and perseverance, our chapter achieved both centenary goals. By December 2001, the membership tally stood at 112 members. On June 17, 2002, we proudly donated the pledged donation of \$100,000 to the library expansion project following their sod-turning event on April 26, 2002.

Our chapter continued with other very impressive tasks over the next two decades. In 2002, we applied and subsequently received \$32,500 from the Ontario Trillium



(CONTRIBUTED PHOTO)

Seen here is Nancy Hughes, IODE Maple Leaf Chapter member, with Regent Penny Murray (seated).

Foundation to securely establish the Reuben Sallows Gallery which is located on the top floor of the library.

Reuben Sallows was a photographer from Goderich who became internationally famous for his photography depicting rural life. His family generously donated many of their father's pictures to the gallery for visitors to enjoy.

In June 2011, a tea on the shared front lawns of the McManus and Hughes' families was held, open to the public, to honour Maple Leaf's 110 years in Goderich. Fancy sandwiches, squares, cookies and lemonade were served, all made by the IODE members, for the very reasonable fee of \$5 per person. We profited about \$250 in donations from this endeavour. This event was just prior to the dev-

astating F3 tornado in August of 2011.

Our chapter helped complete an \$8,000 playground at a 12-unit housing complex that was stalled by the disaster. IODE Ontario and IODE Canada each contributed \$2,000 for disaster funds and our MLC helped organize local fundraising to finish the project. Our MOC contributed \$24,000 to the Tornado Relief to the town of Goderich.

The Covid-19 pandemic began in March 2020 and officially ended in May 2023. Life as we all knew it was filled with constantly changing restrictions to curtail the spread of this very contagious virus. Our MLC complied, adapted and persevered throughout these challenges. We had ZOOM meetings online and became very well acquainted with video chats to stay in touch with one another.

In 2021, the pandemic restrictions challenged any ideas of 120th anniversary celebrations, but we became inventive, resourceful and creative. Our celebratory goal was to produce and display a poppy shroud over the Sherman Tank at the Huron County Museum. Talented members, along with others in the community, knitted and crocheted poppies at home during the harshest restrictions of social distancing.

When social distancing restrictions were relaxed during the summer months, our members joined together and sewed over 3,000 poppies on the shroud netting. This labour of love was on display over the Sherman Tank at the museum from October 28 until November 12, 2021, honouring all those veterans who bravely fought and gave their lives during the two world wars.

So, what is IODE Maple Leaf Chapter's secret to becoming and remaining Canada's oldest and largest chapter spanning and thriving over 125 years? It is the constructive environment our members enjoy working with our community to create a force for good; steadfastly grounded in service to others and united in enduring, strong friendships.

It is commitment to the ongoing goals of building and sustaining strong communities by providing opportunities for growth and fulfillment.

This is the legacy IODE Maple Leaf Chapter continuously strives for through our actions, whether small or large; through the relationships and partnerships we make and share with others; and through the shared values of investing in present and future generations.

We are a legacy of Canadian women strongly woven together, engaging in the present and building the future for a better Canada.

Penny Murray is the Regent of the IODE Maple Leaf Chapter in Goderich

Goderich Duplicate Bridge Club Results

Directed by Bob Dick on May 26:

NORTH/SOUTH:

1st – Virginia Elliott and Doug Elliott – 60.12%

2nd – Graham Yeats and Brian Reeve – 53.57%

3rd/4th – Michele Hansen and Greg Bowman, with Bob Dick and Keith Allen – 52.98%

EAST/WEST:

1st – Joyce Zimmerman and Robert McFarlane – 56.55%

2nd – Joyce McIlwain and Alje Kamminga – 55.06%

3rd – Marg Stuart and Terry Fry – 54.46%

4th – Lyalle Meldrum and Steven Watson – 52.08%

Directed by Robert McFarlane on June 2:

1st – Graham Yeats and Brian Reeve – 66.35%

2nd – Joyce McIlwain and Alje Kamminga – 61.86%

3rd – Greg Bowman and Michele Hansen – 57.05%

4th – Cal Scotchmer and Evy McDonagh – 55.77%

5th/6th – Bob Dick and Keith Allen, with Doug Elliott and Virginia Elliott – 52.89%

The Goderich Duplicate Bridge Club meets every Tuesday at 12:45 p.m. at the Christian Reform Church, Mill Road, Goderich.

If you are interested in playing, we are welcoming new members. If you have a partner, you can simply arrive to play if you need a partner, we will do our best to find someone from our spare list.

For more information, please call Club President: Michele Hansen 519-441-3275.

The Goderich Duplicate Bridge Club's Website is <https://bridgewebs.com/goderichbridge/home.html>.

SET YOURSELF FREE WITH HURON SHORES AREA TRANSIT



Year-round, affordable, daily bus service connecting Goderich to Lambton Shores, South Huron, Bluewater, Kettle & Stony Point First Nation and Plympton-Wyoming with London and Sarnia.

\$6 local, \$12 long-distance, \$20 regional fares
Children 12+ Under Ride Free with an Adult

Routes, Schedules & Maps

HuronShoresAreaTransit.ca

Ontario Day celebrated by Huron Perth Catholic schools with educational activities

GODERICH SUN STAFF

info@goderichsun.com

Students and staff members throughout the Huron Perth Catholic District School Board (HPCDSB) district marked Ontario Day with a variety of educational activities.

School communities across the province celebrated Ontario's unique culture, rich history and diverse achievements.

Educators were equipped with a comprehensive suite of school-wide and classroom-ready resources. Classrooms across the region utilised interactive presentation decks to ground the day in meaningful, Ontario-focused activities.

Students engaged in Ontario-themed trivia games to test their knowledge of provincial history, while collaborating with classmates to showcase their favourite aspects of living in the province.

For instance, students highlighted the Great Lakes, the Stratford Festival and the Toronto Blue Jays as standout features of their home province.

Students enjoyed an Ontario Day themed math assignment where they explored water conservation in Ontario (Number Sense), dove into data about recycling in Ontario communities (Data Literacy), and examined forest stewardship in Ontario (Measurement).

Included in the suite equipped to educators were resources dedicated to the history and heritage of the Indigenous Peoples of Ontario, French-language materials and curated literacy and visual art choice boards.

From interactive history lessons to shared classroom reflections, the day commenced the month of June with a collective spirit of pride, collaboration and learning.



(CONTRIBUTED PHOTO)

Students pictured are from St. Mary's school in Goderich, engaged in the board-provided Ontario Day learning resources. (L-R): Aubrey VanDam, Mathis Glen, Jude King.

CREATING MEMORIES IN STONE SINCE 1924

EXPERTS IN DESIGN



STRATFORD MEMORIALS

Michael Falconer
Clinton – Goderich
(By Appointment Only)
519-524-8457



Specializing in the Personalization of Cemetery Monuments & Markers
Contact us to schedule an appointment with Michael.

WWW.STRATFORDMEMORIALS.COM

GRANT HAVEN MEDIA



Goderich Sun



BE IN THE KNOW!
Get the Latest Edition Delivered Straight to Your Inbox!

granthaven.com/goderich-sun

No one ages alone: The power of connection

KATHLEEN SMITH

Editor

Born on February 11, 1931, to Alec and Catherine Kennedy, Jean Smith was one of seven kids raised on a farm, Glen Roy, near St. Andrews in Nova Scotia.

At the age of 95, Jean has lived a full life, and the legacy of her choices is seen in the rich relationships she still has with her ever-growing family, as well as with friends from her younger years.

It is these connections that Jean attributes to keeping her going. It is the appetite for constant learning that have allowed her to remain cognitively sharp into these later years of her life.

“People are important. Stay connected to people,” Jean said.

As we age, it can be difficult to see how our minds or bodies change. Our social circles decrease due to loss or lack of communication and that can be isolating.

Jean also stresses that stimulating your mind with constant learning is important.

“I think education, studying, learning, it’s so important. Reading is so important to keep someone up to date,” stressed Jean.

“My advice is to never give that up and keep learning. Keep pushing for more knowledge, and you might be able to share that knowledge one day.”

Jean’s early education began at St. Andrew’s School, a two-room schoolhouse serving both elementary and secondary students. The school was a two-mile walk from home, with about 60 students.

“I think it might have been family members who drew me into nursing,” explained Jean.

“I loved going to the hospital and waiting for my parents while [they were] visiting a patient, and I loved the smell of the hospital.” It was at a young age when Jean decided to follow her passion to study medicine. With aunts who were nurses, Jean saw that the professional world of nursing was a possibility.

While in training, nurses worked for free, training under more experienced nurses, some who were nuns, and received room, board and food while they worked and learned.

For Jean, nursing was more than a job. Nursing brought a sense of structure for Jean, and helping the patients in different wards made it worth it.

“I didn’t look at anything else to become, I just wanted to be a nurse and to help,” Jean remembered.

“There was so much to learn in the medical field.”

Although the majority of her career was spent working in labour and delivery and then later with premature babies in the neonatal unit, Jean’s early career was more varied. Jean spent time training in medicine, in surgery, the OR, and delivery. She spent time in different units and remembers with pride, when she was taught how to make a bed properly and how to treat a patient like a human with dignity.

“I also enjoyed the classes, because I was learning,” Jean acknowledged.



Jean Smith watching a sunset in Goderich.

(KATHLEEN SMITH PHOTO)

“It stayed with me forever. I found it stimulating.”

Following her training at St. Martha’s Hospital in Antigonish, Nova Scotia, which cost \$85 in tuition fees in 1950, Jean left Nova Scotia.

Jean went south across the border with a group of friends and nurses. They arrived at present day New York Presbyterian/Columbia University Medical Centre on 168th Street in New York City, along the Hudson River.

“We decided we’d go to the States. You could get a job tomorrow; you didn’t have to have a job when you got there. They would ask you, when you could start,” Jean admitted.

New York City was so big, new and eye-opening for Jean. Moving from small-town Nova Scotia to the Big Apple was quite a change, but Jean remembers it as a wonderful experience.

Jean spent a few years in New York City, and then the west coast was calling. Along with other nurse friends, Jean landed at Stanford University Hospital.

While only there for a year, Jean found herself coming home for some weddings, and then to tend to her mother who needed surgery, and she eventually decided to not return to San Francisco.

“I was there for a year, and it was not as long a time as I wanted to be there. It wasn’t my desire, but other things came up. My life path changed,” she explained.

“I had gone home, to look after my mom who had surgery, and I was unemployed after San Francisco, so I applied for a job. I felt comfortable going back to New York State.”

With her New York State registration still valid, Jean found work in Buffalo at Roswell Park Cancer Institute.

Jean says that she wasn’t too happy there, that caring for cancer patients wasn’t her first love in nursing, however, she welcomed the challenge and learning opportunity.

While living and working in Buffalo, Jean crossed the border into Hamilton to visit her newly married sister. It was on a weekend visiting her sister that Jean attended a dance in Dundas and met her future husband, Rudy.

She met Rudy and married shortly after in 1956. They soon had a family and eventually Jean and Rudy had five children all while working at St. Joseph’s Hospital in Hamilton.

“He [Rudy] talked me into moving to Hamilton, and I knew I could get a job at any hospital, and we lived closest to St. Joe’s,” Jean remembered.

“I enjoyed my time there and it was quite a hospital. It still is.”

While at St. Joe’s, Jean worked in delivery and eventually, following a course in neo-natal nursing, she ended her career working in NICU.

Jean worked at St. Joe’s for nearly 38 years.

“More knowledge kept coming forward, the knowledge was changing, about babies and mothers. It was interesting,” Jean said.

Jean officially retired from her nursing profession in 1996.

Often, retirement means a loss of purpose and structure, and it was through connections, an appetite for learning and her ever-growing family that Jean’s life remained full.

In Jean’s lifetime, she’s seen a lot of change socially, politically and culturally.

One of the most significant changes she has seen in her life is technology. From growing up without central heating or electricity on her family farm in Nova Scotia, to using an iPhone today, Jean has watched the means of communication change rapidly.

It is the iPhone that she carries in her pocket that enables communication and helps her stay connected.

“Staying connected keeps your mind



(CONTRIBUTED PHOTO)

Jean graduated from St. Martha’s and soon began her nursing career in New York City, healthy,” she admitted.

Jean is someone who thrives on connection and stimulating conversations. Her appetite for learning is often displayed at the dinner table during lively discussions touching on politics, travel and sports. At 95, she is hungry to absorb, learn and push for more.

“Being with people keeps you going,” Jean stressed.

Even though she had a long and successful career in nursing, Jean believes her biggest accomplishment is her family. That is her legacy.

“Having a family is a big accomplishment. Whether they are successful or not, just raising human beings who stay true to themselves, not to please other people, but find their path and their passion, is an accomplishment,” said Jean.

“People say, my mom would be proud of me. You don’t have to get to that point, but rather, are you proud of yourself?”

Jean lived through many historical events, from the lean years of the Great Depression, to the Second World War, the civil rights movements, equal rights movements for women in Canada, a pandemic, and several other wars peppered throughout the years.

The biggest event that she lived through that changed the world, was the Second World War. She says it was a turning point for many industries and for the job market and women’s roles in society.

Life is never linear or perfect, and throughout her life, when Jean faced any challenges, like running a household and having five kids, she says she got on with it and worked things out.

Every decade has brought learning, joy, love, opportunity, excitement and growth, but Jean believes one of her favourite age ranges was 18 to 25.

“That’s where you make bonds at 18, you’re in the same position as the other girls, and you’d be away from home,” said Jean.

“Those bonds are strong.”

Jean remained in touch with these friends from her early nursing days until

CONTINUE TO PAGE 27

Touch the sand on Lake Huron this summer to connect to something bigger

LAKE HURON COASTAL CENTRE

Sun Contributor

There's a moment every year when it all comes back.

The air softens, the ice pulls away from the shoreline, and the lake stretches open again. You hear it before you see it—the waves rolling in, the wind moving through the dunes, the birds returning in the early morning.

You step out, walk toward the water, and without thinking... you reach down and touch the sand.

It's a small moment—but it connects you to something bigger. To the lake. To the land. To the memories that bring you back year after year.

The Lake Huron Coastal Centre (LHCC) evokes this imagery of the lake through the "This Summer, Touch Sand" campaign, which highlights the value in spending time on the shoreline and provides four programs for volunteers to contribute to Lake Huron coastal conservation.

LHCC is a charitable organization founded in 1998 to protect and restore Lake Huron's coastal environment and support a healthy, resilient shoreline ecosystem through education, restoration and research.

As a small non-profit charity, the Lake Huron Coastal Centre heavily relies on the support of shoreline community members by providing donations and volunteering in their programs. With big plans this summer, LHCC once again needs the support of the community.

But why "Touch Sand"?

There is tremendous value in spending time "touching sand" or getting up close and personal to the shoreline.

Studies have shown that being near water and in nature can increase mood and decrease stress. It also provides the opportunity for experiential learning.

By seeing wildlife up close, or observing plastic pollution firsthand, there is opportunity to learn about the beauty of Lake Huron, as well as the stressors that



(CONTRIBUTED PHOTO)

Lake Huron Coastal Centre (LHCC) has launched a campaign to entice or encourage people to get outside this summer and touch sand to connect and to learn about the beauty of Lake Huron, as well as the stressors that the shoreline environment can face.

the shoreline environment can face.

Getting out on the shoreline can allow people the opportunity to take action to protect the place they love.

Meredith Watson, the Lead Program Coordinator at the Lake Huron Coastal Centre explains.

"Whether it's picking up one piece of litter on a morning beach walk, or joining in a larger volunteer opportunity, like those provided by the Lake Huron Coastal Centre, there are so many ways for people to make a positive impact on Lake Huron," said Watson.

The Lake Huron Coastal Centre provides four programs for volunteers to "Touch Sand" and make a difference.

Youth & Education: Investing in the Future

nurse in the family," lamented Jean.

"I thought of it later, they could have granted me months-long absence, but I didn't take advantage of that because I needed the money, yet she was so sick. I felt bad for my mother, I could have given her the best, being a nurse."

If Jean's mother was able to hear these regrets today, Jean says she knows her mother would tell her to not feel such heavy regret. That her mother would say

she was glad Jean was chasing after her life and on the move.

When Jean was a young adult, she would enjoy a glass of wine and a dance.

"Kick it up, they used to say. Have a good time and not take things too seriously," concluded Jean.

And as a younger grandmother, she was always dancing and laughing in the kitchen, making light of the night. Today she still follows her own advice.

we all enjoy. The Green Ribbon Champion (GRC) program helps to restore these ecosystems by planting native vegetation and stabilizing dunes from Point Clark to Southampton. GRC has helped restore 150 shoreline properties through installing 1.5 km of sand fencing, removing 100 bags of invasive species and planting thousands of grasses.

Are you interested in protecting and restoring sand dunes on your property, or supporting restoration efforts? Go to lakehuron.ca/grc to register or learn more.

Community Beach Clean-Ups: Caring for the Coast, Together

Every piece of plastic removed from the shoreline is one less threat to wildlife and water quality. Community beach clean-ups bring people together across the Lake Huron shoreline to take simple, meaningful action—protecting the places we all love while keeping beaches clean and safe. In 2025, 630 volunteers removed 1,200 pounds of garbage from the Lake Huron shoreline.

Stay tuned for 2026 beach clean-ups, to be announced on lakehuron.ca/beachcleanup

Community Science: Powered by You

Lake Huron's shoreline stretches over 6,000 kilometres—far too much for any one organization to monitor alone. Through Coast Watchers, volunteers become the eyes and ears of the coast. They track changes in water conditions, shoreline health, and wildlife—creating a long-term dataset that helps us understand how the coast is changing over time. Right now, there are over 300 Coast Watchers volunteers monitoring the shoreline.

To sign up for the 2027 season, head to lakehuron.ca/coastwatchers.

LHCC encourages community members to be part of something bigger on Lake Huron this summer, and touch sand.

Learn more about the Lake Huron Coastal Centre, donate, or subscribe to their e-newsletter at lakehuron.ca, and follow the Lake Huron Coastal Centre on Facebook or Instagram at [@coastalcentre](https://www.instagram.com/coastalcentre).

No one ages alone: The power of connection

CONTINUED FROM PAGE 26

their deaths.

In her 96th year, Jean has lived through a lot of experiences, including love and loss, and when it comes to regrets, she has none but one, and it comes from the experience of not being there when her mother died.

"I have regrets when my mom was ill. She died before she was 60 and I wasn't there when she died, and here I was, the

SUBMIT YOUR LETTER TO THE EDITOR TO US

CALL 519.622.2341 OR EMAIL INFO@GODERICH.SUN.COM

Trail Talk: Nearly perfect trails and signage in Huron County

PATRICK CAPPER

Sun Contributor

I think of June as the proper start of the butterfly season, when unless it is a cold wet day, I expect to see a few butterflies.

June 1 was a good example, on my morning hike at Hullett Sugar Bush I saw a Little Wood Satyr, a Midsummer Tiger Swallowtail, a Silver spotted Skipper, an American Lady, a Crescent and three Hobomok skippers.

Strangely on the next day with a very similar walk, I only saw one Azure.

Later that day I saw 14 Common ringlets in the neighbours long grass, and then what I assumed was just another Azure turned out to be a new species for me, a Silvery Blue.

These sightings have impressed me about the benefits of not having an excessive amount of lawn. It is not only better for pollinators, but it saves time, and energy of grass cutting.

On Thursday, June 4 we hiked at Wawanosh Valley Conservation Area. This has the best wildflower area of all the Huron County Trails. On that day the area had masses of Yellow Golden Alexander blossoms. There were several butterflies seen, but later in the season this wildflower patch has a much greater variety of native wildflowers and attracts more butterflies.

A course in Kincardine was being offered on the trail construction and maintenance. I have been hiking for over 70 years and find that the trails in Huron County are nearly always excellent.

The common problems on trails are poor markings, unavoidable wet areas, obstructions such as windfalls, unsafe structures,

and bad surfaces such as mud or boulders.

There is nothing worse than getting lost on a trail. On the Maitland Trail the most frequent problem is that a hiker was not paying attention to the blazes and missed a turn.

I remember when at a work party on the Voyageur Trail, we were in an area that had been logged, two of us took 15 minutes before we found the blazes indicating where the trail continued.

Not all local trails have blazes, but most have maps at the trail, and/or maps in the Huron County Hiking Guide. There has been a steady improvement in signage during the last 20 years I have been hiking here.

I have noticed most hikers avoid wet areas if possible. The Maitland woods has over 26 board walks to help solve this problem, but a very wet spring can still result in some puddles. You can also get wet after heavy dew or rain when the grass is long, or the shrubs overhang the trail.

The Maitland Trail volunteer work crew is often out cutting trail areas with long grass.

Windfalls are an on-going problem, especially with so many dead ash trees. Often it is not obvious which trees will be a problem. Hullett tried to cut down all the trees they thought could be a problem, however, inevitably, were not totally successful.

One stretch of two kilometres of the Maitland Trail had 12 windfalls over the past winter.

The 2011 tornado resulted in so many windfalls that much of the Maitland Trail was closed for quite a long time before these could all be cleared. One day a work party for a crew of four chainsaw opera-

tors with many helpers spent seven hours clearing the trail in the Morris Tract.

Trail subsidence can also result in trail closures. The Menesetung Trail used to be longer and the Maitland Trail at one time used to end close to the Benmiller Bridge. This year the trail north of the Robert Edgar Bridge has been closed due to a landslide.

Unsafe structure can result from flooding undercutting a bridge support, or rotting timbers can be a problem. This spring two handrails were broken by windfalls, but the bridges are over four foot wide, so it is not a cause of concern.

On a few trails a bridge has been constructed without a handrail, which means extra care needs to be used when crossing it.

Finally, the problem of falling is due to a slippery surface from rain or ice, or tripping on a root or stump. If the boardwalk is old and not shingled, I find that when it is wet the best way is to take small steps to reduce the tendency to slip.

The registration for the Maitland Camino event on September 19 and September 20 opened on May 16 and by May 21 over three quarters of the 300 maximum enrolments had been filled.

The options include a two-day hike of 30 kilometres and 20 kilometres, or lesser distances on one of the two days.

EVENTS:

Saturday, June 13, 2026, at 9 a.m. - 10.30 a.m. - Hike the Maitland Trail and Robertson Tract Trail. Meet at the bottom of Bridge Road in Auburn. This section does not have any significant hills, but meanders along the Maitland River. For information and to confirm your attendance, please contact Patrick Capper at

pcapper99@gmail.com. This is a Level 1, moderately, brisk paced hike.

Saturday, June 20 at 11 a.m. - 12 p.m. - BRVTA Soundwalk hike at Bannockburn Tract - This Soundwalk hike led by Robert Tremain, who has a degree in cultural anthropology, requires individual reflection and meditation. We will begin with how culture frames our view of nature and will consider our longing for a more authentic soundscape. Participants will have the opportunity to collect aural samples and weave a sonic fabric of their own making. Pre-registration is appreciated but not required: email or call/txt Ralph Blasting at rjblastingjr@gmail.com, 519-525-3205.

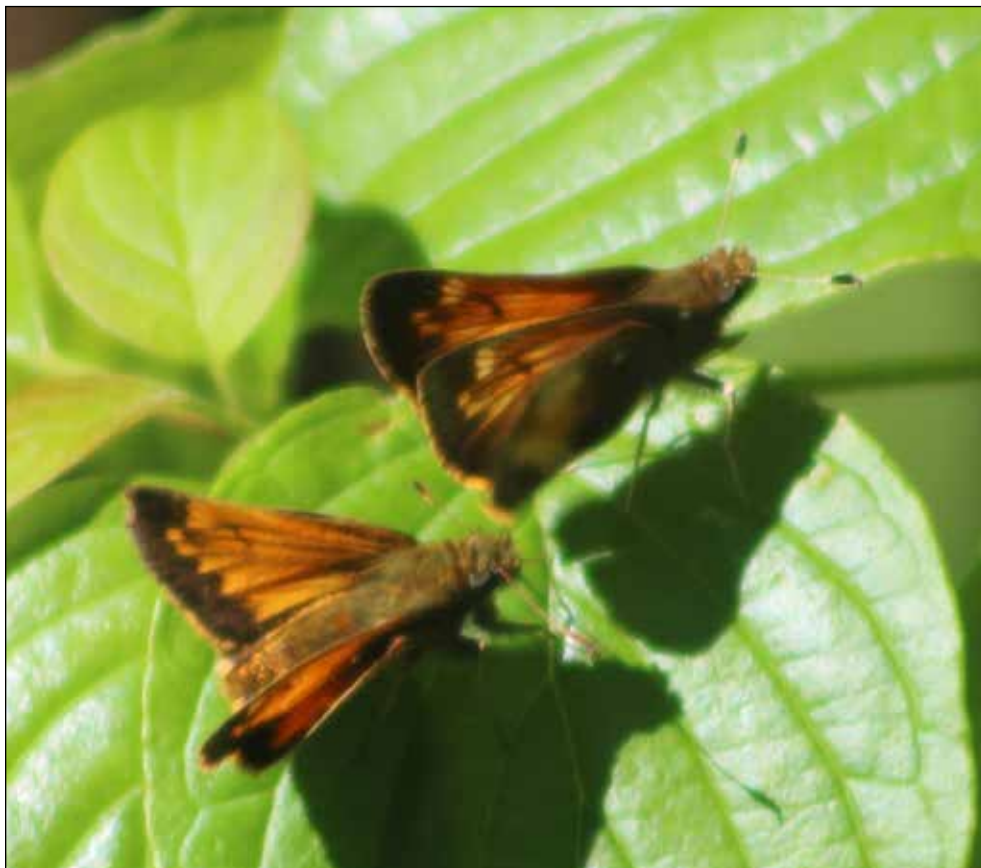
Sunday, June 21 from 9 a.m. to 10:30 a.m. - Hike from Benmiller to Morris Tract. Meet in Benmiller at the pullover just north of the bridge on Benmiller Line and carpool to the Trail Head at 36833 Londesboro Road at the Morris Tract Line.

For more information and to confirm your attendance, please contact Susan Ethelston at susan.ethelston@gmail.com. This is a level 1-2, moderate to brisk paced hike with flat and hilly sections, uneven footing and stairs.

Tuesday Trompers meet at 9 a.m. on Tuesday to hike for about an hour. If you wish to be on this email list, send an email to mta@maitlandtrail.ca

Midweek hikers meet at 9 a.m. and hike for 1.5 to 2 hours on Wednesdays and Thursdays. Contact Patrick Capper at pcapper99@gmail.com

LIFE hikers meet every Friday for a hike of about 1.5 hours, with a choice of pace, striders moving a little faster than the strollers. The hikes now start at 9a.m. and can be joined through ONE CARE.



Two Hobomok Skippers.

(CONTRIBUTED PHOTO)



Golden Alexander.

(CONTRIBUTED PHOTO)

'Faithful Unto Death': The Brussels United Church Memorial Window

DAVID YATES

Sun Contributor

On November 23, 1924, Rev. (Capt.) Edwards, of Listowel, unveiled a beautiful memorial window at Brussels Methodist Church on King St.

The window was dedicated to the seven youth of the congregation who made the supreme sacrifice in the Great War.

As Brussels did not have a cenotaph in 1924, the 3 p.m. service was crammed with parishioners and non-parishioners alike to pay their last respects to the boys from the Brussels church who had gone to war, never to return.

It was a surrogate funeral for friends and relatives who wanted to say farewell. For those in attendance, the names etched in glass were remembered as living flesh and blood.

The unveiling coincided with the church's re-dedication. Having been partially destroyed by fire earlier in the year, the church had been resurrected from the ashes.

When Rev. (Capt.) Edwards, of Listowel, unveiled the memorial window, appropriately placed in the centre window of the east wall, he unveiled a window that offered hope through the theme of resurrection.

Thomas McClausland, famed stain glass window artist, designed the impressive window. The left glass panel bore the image of an angel offering the laurel wreath of life to an image of an armoured soldier in the right panel.

Emblazoned on the window is a Biblical verse taken from Revelations 2:10 "Be Thou faithful unto death and I will give Thee a Crown of Life."

Within the left panel shield is the Torch of Remembrance surrounded by poppies; within the right panel shield is the Crown of Life and the Canadian Sword of Sacrifice. At the base of the two shields are inscribed the names of the seven fallen.

Their fates are as varied as their backgrounds, Private Melvin Bunston, a 27-year-old machinist, enlisted in the 15th battalion (Canadian Scottish) in 1914. He was the Brussels' church's first fatality when the 15th Battalion were caught in the German gas attack at 2nd Ypres on April 22, 1915. Initially, Bunston was reported missing on April 24 but was later confirmed killed.

Factory worker, Will Mayberry enlisted with the 71st battalion in November 1915 but transferred to an Imperial machine gun company soon after enlisting.

He had been wounded in March 1916 but sent back into the line.

On October 29, at the height of the Battle of Passchendaele, Sgt. Mayberry received gunshot wounds to the arm and legs. It was believed that he would recover but, on December 1, his sister received the tragic news that he succumbed to his wounds.



(CONTRIBUTED PHOTO)

In 1924, the war memorial window at Brussels United Church illustrates the tremendous sacrifices made during the Great War. Located in the east wall of the church, sunlight still streams through the stained glass. It remains a fitting tribute to those who made the supreme sacrifice in the Great War.

The Brussels congregation experienced their greatest losses in the battles of the Hundred Days in the summer and fall of 1918.

Charles Lott was a student at University of Toronto when he enlisted in June 1916. He was undergoing officers' training when he joined the Royal Naval Air Service.

When it became the Royal Flying Corps, he had been commissioned as a pilot Lieutenant. In July 1918, Lieutenant Lott (22) was beginning an anti-submarine patrol in the Mediterranean when the "port float of his machine struck a large buoy: Lott's seaplane flipped and Lott was 'strangled in the wreckage and drowned."

The Seaplane commander who wrote the letter spared his mother no detail of her son's death. His commanding officer said that "very popular with his messmates: and would be missed". He was buried in Malta with full military honours.

The 'popular' John Cleveland "Cleve" Denbow had a wide circle of friends in Brussels. When he attested in October 1915, Cleve Denbow ran a village barbershop but had an avid interest in automobiles and so listed his occupation as chauffeur when he enlisted.

By 1916, Cleve had seen his share of fighting having been shot in the shoulder in June. He recovered but on August 8, 1918, the day German Field Marshall Ludendorff called the "Black Day of the German Army" when the Canadians and Australians cracked open the Western Front.

Private Denbow was at the forefront of battle and was killed in the assault. The Brussels Post lamented the loss of a "smart, kindly natured youth, who had many friends."

A born leader and sportsman, Frank Stewart Gerry was a hardware clerk when he enlisted in the Perth County battalion in November 1915. He was immediately promoted to sergeant.

On a visit home in December, he was feted at the Town Hall and presented with "tokens of kindly interested and appreciation." Before being posted overseas, Lieutenant Gerry married his sweetheart Miss Elsie Brown.

After serving at the Battalion's anti-gas instructor in England, Lieut. Gerry was sent to France and transferred to the 4th Canadian Mounted Rifles.

In his last letter home, which appeared August 25, 1918, in an issue of the Post.

Gerry thanked the Brussels Red Cross, Oddfellows and girls from the church who sent his boxes of cookies and other treats.

Although he mentioned rats as large as cats, he had few complaints and was "quite comfortable" writing from his dug out. The same Post issue that carried his letter carried the notice of his death at age 24.

Painter Lyle Gardner McCracken was still a teenager when he joined the 161st Huron battalion in January 1916. He joined the battalion's machine gun section and was proficient at it. He retained his gunner status when he was transferred to France in late 1916.

He had survived the toughest battles of 1916 and 1917 and was an experienced veteran at the time of the Hundred Days.

With just weeks to go before the Armistice, "Dick" McCracken (21) was mortally wounded on August 31. Heavy artillery fire prevented him from being sent to an aid post in time in time to be saved and so bled out in the trench.

His platoon officer wrote his mother that he was "the pride of our section, with his splendid physique and his athletic courage." In sum, he said, McCracken "does not know what fear is."

Clarence Frederick Jackson was a reluctant warrior. He was conscripted into service in November 1917. Whatever reservations he had about the war had no impact on his sense of duty.

On September 1, 1918, his infantry battalion was tasked with assaulting a position on the Dury Road on September 1, 1918.

In the attack, Private Jackson (21) was killed instantly by enemy shrapnel. On his grave marker in France, his parents Frederick and Margaret Jackson, of Wingham, had inscribed "He Laid Down His Life for Us."

The Brussels United Church community still tends the memorial window with great care. Church organist Glenda Morrison shows the window with pride to passing visitors.

In 2006, when it was discovered that it needed work, the congregation and local legion refurbished the window bringing it back to its former glory. A re-dedication service was held on June 29. The congregation was joined by several legion members. The window still overlooks the Maitland River and Huron County's green and pleasant land.

When Rev. (Captain) Edwards, of Listowel, unveiled the church window, it was a fitting reminder, not so much to those present at the dedication, but to future generations of the great and terrible sacrifices made by the youth of a small church in a small Canadian town.

Their sacrifices and the sacrifices of so many others have bought us the peace that has allowed us to live so free in this pleasant green land.

A SAFER ONTARIO MEANS

BUILDING NEW JAILS

Learn how we're
protecting the province
at ontario.ca/SaferOntario

Paid for by the Government of Ontario



Ask the Vet: How to best protect my pet from heatstroke, and what are early warning signs?



DR. SOPHIE FARRELL

Sun Contributor

After a long, hard winter, our pets are just as eager as we are to head outdoors now that the weather has warmed up.

Before you grab the leash or load up the car, it's vital to be aware of the signs of heatstroke so that your summer fun doesn't turn into an emergency.

What is heatstroke?

Heatstroke is a life-threatening emergency where body temperature rises dangerously high, overwhelming their natural cooling mechanisms.

It can cause shock, widespread organ damage, blood clotting problems and even death. Prognosis for survival can vary and depends on how high the body's temperature reached and for how long, and how quickly the pet is treated.

What causes it?

Causes of heatstroke include exposure to hot, humid environments, lack of access to water or not drink-

ing enough, lack of access to shade or cooler areas, over-exertion, or sudden exposure to a warmer climate than they're used to.

It can also occur at lower temperatures in poorly ventilated areas.

Why are pets more prone to heatstroke than we are?

Unlike us, pets have very inefficient cooling mechanisms, so they have a harder time bringing their body temperature back down.

They only have sweat glands on their feet, which isn't enough for cooling, so most of their heat loss is done by expanding their blood vessels and, for dogs, evaporative cooling through panting.

Cats are even less able to shed heat as they don't typically pant until they're very overheated or very stressed.

Certain pets have an even harder time coping with heat:

- **Brachycephalic pets (anyone with a flat face and short muzzle, e.g. Pugs, bulldogs, Persian cats, etc.).** Their anatomy makes it harder for them to breathe in general, which makes shedding heat difficult, especially during exercise.

- **Pets with dark, long, or thick coats.** These coats absorb and retain more heat, making it harder to cool down.

- **Very young and senior pets.** Young animals haven't yet fully developed their cooling mechanisms, and seniors often have chronic health conditions that reduce their ability to cool down.

- **Overweight pets** have a harder time breathing (and therefore panting) and retain heat more easily.

Pets with **respiratory or cardiac disease.**

- **Out-of-shape pets** are more prone to heatstroke with heavy exercise in hot or humid conditions.

Recognizing the Signs of Heatstroke:

Early detection, and immediate treatment can be the difference between recovery and long-term complications, or worse.

Early signs include Heavy panting, high heart rate, bright red gums and tongue (that may be dry or sticky instead of moist and slippery), excessive or thick drool, hot skin, and lack of coordination.

Advanced signs include Vomiting, dilated pupils, irregular heartbeat, diarrhea (which may be bloody), uncontrolled urination, weakness, lethargy, confusion, collapse, seizures, muscle tremors, and coma.

What to do if you suspect heatstroke:

- **Move them right away: Get your pet to a cool, well-ventilated (in the shade or somewhere with AC).** If they're able to drink, offer small amounts of cool - not cold - water.

- **Call for help: Contact your veterinarian, a veterinary telehealth service or a veterinary emergency clinic immediately and follow their instructions.** Heatstroke is an emergency and time is of the essence. If your vet is closed, their answering machine and/or website should have the contact information for their emergency coverage - in fact, take a moment this week to find this number and save it in your

phone.

If you have a rectal thermometer, take your pet's temperature.

If your pet's temperature is over 40C (104F), start cooling them down by wetting their neck, chest and belly with room-temperature water. Don't use cold water or ice (this can cause shock), and don't wrap them in wet towels (this traps heat). Point a fan or AC at them, if possible, to encourage evaporation. Recheck their temperature every few minutes and stop cooling once their body temperature reaches 39.5C (103F). Cooling can happen in the car on the way to your vet, if needed.

- If your pet's initial temperature is below 40C (104F) and they're showing signs of heatstroke, or if you've been able to get their temperature below 39.5C (103F) yourself, **your pet still needs to see your vet!** Complications from heatstroke may take time to appear, so your vet needs to determine what follow up care will be needed.

- **If you can't take your pet's temperature,** your pet is showing signs of heatstroke and you haven't been able to connect with your vet yet, start cooling measures while you wait for advice from your vet.

Proactive Steps to Beat the Heat:

- The most common cause of heatstroke in dogs is being left in an enclosed vehicle. **NEVER leave your pet unattended in a vehicle. Temperatures in a vehicle can reach lethal levels in minutes, even with the windows partially open. Don't rely on leaving the engine running for AC;** some vehicles will shut off the engine after a certain amount of

time if the vehicle is parked.

- If your pet spends time in an outdoor enclosure, make sure that they have **plenty of fresh water, and at least part of the enclosure is always shaded.**

- If your pet is crated, make sure that the crate is in a **cool area with good ventilation,** and that they have access to **lots of fresh water.**

- Avoid **heavy exercise during the hottest time of the day.** Save playtime and training for morning or evening when it's cooler. **Don't expect your pet to pace themselves if it's hot** - their enthusiasm will win over common sense every time.

- Make sure that your pet has **access to shade and water** when outside with you and take lots of breaks.

- **Keep your pets indoors at times of extreme heat and humidity, especially if they're brachycephalic** (see above). They should be in a cool, well-ventilated room - an air-conditioned space is ideal. If you don't have central air, setting them up in a room with a window unit will still work well.

We all want to enjoy the beautiful Huron County summer safely with our pets.

With a little extra preparation, you can keep your four-legged family members cool, comfortable, and ready for all the adventures ahead.

Do you have a question about pet care? Send it to reception@clintonvet.ca and it may be featured in a future column.

Dr. Sophie Farrell is a veterinarian at Clinton Vet Services in Clinton, Ontario. She practices small animal, emergency, and honeybee medicine.

Better Mental Health: Surfing the waves of life



TANYA MACINTYRE,
RED ROOF RECOVERY

Sun Contributor

I grew up hearing my Philosopher Dad say things like, "What we practice grows stronger," and "Repetition is the mother of learning."

It wasn't until I got beaten up by the waves of life that those words hit home. Life inevitably brings choppy waves & storms, but we aren't defenseless.

There are hundreds of tools and strategies that can help us navigate the waves of life. The trick is to KEY into them: Keep

Educating Yourself until you find what fits. A tool that works well for one person might not resonate with another.

This is where spaces like support meetings can offer a collaborative sandbox where we can filter out what does or doesn't work.

Investing time into building your personalized toolkit doesn't stop the waves of life from coming, but it can help us start learning how to surf. Neurology shows us that our minds gradually take the shape of what we frequently hold in thought.

To guide this shaping process, I rely on four foundational pillars of practice:

ACCEPTANCE: Acceptance is not surrender or approval; it is an active, daily acknowledgment of reality as it is. It serves as the bridge between fighting the unchangeable and finding the calm focus required to change what we can.

ATTENTION: When life feels overwhelming, it is usually be-

cause our minds are drifting into spaces we cannot control. The "what-ifs" of the future - or the regrets of the past - are mental traps. There is great power in knowing the only thing we can control in life is ourselves.

Learn to stay focused on your words, your thoughts, your choices, your reactions, and your actions.

AVOIDANCE: We can't hide from the world, but we can be intentional about what we consume. Our "diet" is much more than the food on our plates; it is the sum of what we watch, read, listen to, and who we allow into our personal space.

Setting healthy boundaries around media consumption and relationships isn't about hiding from reality; it's about protecting our mental bandwidth, so we have the resilience to handle life's challenges.

Make a conscious effort to watch uplifting programs, read inspiring stories, listen to music with positive lyrics, and keep the

company of people who are lifting you up. We become the company we keep.

AWARENESS: Change begins with noticing. Much of our daily self-talk is repetitive and unhelpful. In cognitive behavioural frameworks, these are known as ANTs (Automatic Negative Thoughts).

When we can notice those ANTs as just passing thoughts (and not absolute truths) we can avoid being caught in the vortex of unhelpful thought loops. We process thousands of thoughts every day, and it is incredibly easy to get swept away by the current.

By approaching these four pillars with patience and persistence, we train our brains to catch unhelpful patterns before they take root. Ultimately, better mental health begins with the internal language we use.

If we can learn to speak to ourselves with the same encouragement, patience, and kindness that we offer to our best friends,

the inner critic naturally loses its volume. Through mindful awareness, we can let those well-worn paths of negativity fall behind us and fade away.

To support you on this journey, I've gathered a collection of complimentary, practical tools designed to help build healthier perspectives and more supportive inner dialogue.

You can explore them at <https://mentalhealthfa.ca/toolkit>.

Tanya MacIntyre is a Certified CBT Specialist, Mental Health Fitness Trainer, and owner/operator of Red Roof Recovery (RRR) and its training division Mental Health Fitness Alliance (MHFA).

DISCLAIMER: This content is not intended to constitute, or be a substitute for, medical diagnosis or treatment. Never disregard medical advice from a doctor, or delay in seeking it, because of something you have watched, read, or heard from anyone at RRR or MHFA.

COMING EVENTS

Email to inquire
info@goderichsun.com

MACKAY CHORISTERS

On Thursday mornings from 9:30 a.m. until 11:30 a.m. at Lakeshore United Church.
Looking for a choir family? Come join the MacKay Choristers, Huron County's daytime choir.
Weekly rehearsals every Thursday morning.
For more information: singers@mackaychoristers.ca

GODERICH CHESS CLUB

On Tuesday evenings from 6 p.m. until 8 p.m. at the Goderich Library in the activity room.
This club warmly welcomes all chess enthusiasts of any age to join. Whether a seasoned player or a newcomer eager to learn the game, this is the perfect opportunity to immerse yourself in the world of chess.
Participants may come and go as they please during this timeframe.
Admission is free.
Equipment will be provided.

SMART RECOVERY MEETINGS

Hosted every Sunday from 11 a.m. until 12 p.m. at Red Roof Recovery.

ENGLISH CONVERSATION CIRCLE

Join in on Mondays from 6:30 p.m. until 8 p.m. at the Goderich Library.
Make friends and practice speaking English while talking about culture, family, food, movies or anything you would like.
Hosted by the Huron Welcome Hub for Newcomers.
Join on: June 15, June 22 and June 29.

GODERICH READS BOOK CLUB

Join this book club that meets every two weeks at the Goderich Legion and come work with a variety of books. There are nearly 140 members online and a core group of locals who come out to in-person meetings at Café 109.
Upcoming meetings:
June 22 – The Lion Women of Tehran
July 13 and July 27 – The Berry Pickers by Amanda Peters (new selection)
Contact head of book club Holly Smith: 519-630-3962 for more information.

BIA FARMERS' MARKET

Every Saturday until October 10, from 8 a.m. until 2 p.m.

BIA SUNDAY MARKET

Every Sunday until October 11, from 9 a.m. until 2 p.m.

BIA THURSDAY EVENING CONCERT SERIES

On Thursdays from 7 p.m. until 9 p.m. at the Courthouse Performance Stage.
Join in this weekly celebration of music, community and the simple joy of coming together.
Every Thursday night at 7 p.m. the majestic Courthouse Performance Stage comes alive.
Admission is free.

GODERICH LITTLE THEATRE PRESENTS SILVER DAGGER

Don't miss this juicy, edge-of-your-set murder-mystery full of twists and turns.
Silver Dagger – written by David French, directed by Crystal Salverda, with local talent from Jacqui Knap

(Pam Marsh), Chris Spaleta (Steve Marsh), Amanda Levencrowne (Jane Talbot), Lisa Justine Gill (Chris Dodd), Jesse Gill (Tony Bishop) and Sarah Nixon (Gemma Dodd).
Performances on June 11, June 12 and June 13 at 8 p.m.
Matinees on Sunday, June 14 at 2 p.m.
Tickets available on May 4 at livery.ca/tickets or call 519-524-6262.

CORPORATE CHALLENGE

On Friday, June 12 from 12 p.m. until 4:30 p.m. at Bannister Park.
The Huron Chamber/Engage Goderich Corporate Challenge is back, presented by Royal LePage Heartland Realty.
Built around a series of creative challenge stations, the event is about rallying your coworkers, showing off your team pride and seeing if your team has what it takes to claim the title.
Fee is \$199.
Contact: engagegoderich@gmail.com or 519-440-0176.

NATIVE PLANT SALE

On Saturday, June 13 from 9 a.m. until 12 p.m. at 54 Waterloo Street North in Goderich.
Looking to add beauty, butterflies, and birds to your garden this summer?
Join in the sale in support of the Maitland Trail.
Contact: mta@maitlandtrail.ca

CONTINUE TO PAGE 35

Worship With Us




Invite readers
to your worship
services.

Contact
info@goderichsun.com


Berea Lutheran Church
326 Gibbons Street, Goderich
www.berea-zionlcc.ca • bnz@hay.net
Rev. John Trembulak 519-524-2235,
(cell) 519-878-0327

Family Worship Service
2nd and 3rd Sunday of the Month
2:00 pm
All other Sundays of the Year
8:30 am
Facebook: @bereagoderich


YOU ARE INVITED!
This Sunday @ 10:00am
231 Bayfield Road
Goderich, Ontario
N7A 3G5
519-524-6445
www.cbcbgoderich.com

9 Victoria S. N., Goderich
519-524-7512
**KNOX
PRESBYTERIAN
CHURCH**
Rev. Amanda Bisson
Livestream Services
Sunday at 10:00 am
Knox Presbyterian Church Goderich - YouTube
Worship materials available online
www.pccweb.ca/knox-goderich

Goderich Sun

Pick Up Locations

GODERICH

Maitland Market
Tim Hortons (Highway 8)
Tim Hortons (Five Points)
Canadian Tire
Walmart
Zehrs
Goderich Convenience
Goderich Place
Harbour Hill
Southbridge Goderich

Food Basics

YMCA
Town Hall
Culberts
Blake Street Bakery
West Sushi
West Street Willy's
The Book Peddler
Steve and Mary's on the Square
Bedford Hotel
The Bee's Knees

Coldwell Banker

Huron County Library -
Goderich
MacKay Centre
AMGH
Maitland Valley Medical Centre
Huron County Museum
Huron County Gaol
River Run Restaurant
Rexall
Goderich Legion

Sawyer Dry Cleaning and

Laundry Co.
Creative Cuts
Parsons
St. Vincent de Paul
Habitat Restore
Comfort Inn
Hear Canada
Physiotherapy Alliance
The Station
Suncoast Variety

CLINTON

Pharmasave
Clinton Legion
Clinton Arena
Shell
Bartliffs
Tim Hortons

Riddles

What is so fragile that saying its name breaks it?
Silence!

What has words but never speaks?
A book!

The more of this you take, the more you leave behind. What is it?
Footsteps!

What's light as a feather, yet the strongest person can't hold it for more than a few minutes?
Your breath!

What letter of the alphabet has lots of water?
The letter "C" (sea)!

Why did the math book look sad?
Because it had too many problems!

I have four legs, but I can't walk. What am I?
A table!

What has one eye but can't see?
A needle!

Why did the football coach go to the bank?
He wanted his quarterback!

What two things can you never eat for breakfast?
Lunch and dinner!

Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | | 9 | 5 | 7 | 6 |
| 7 | | 3 | | 8 | | 9 | | 1 |
| | 5 | | 1 | | 4 | | | |
| | | | | 4 | | 1 | 3 | |
| | | 6 | | | | | | 8 |
| 4 | | 2 | | 3 | | | | 7 |
| 9 | | | | | | | 5 | 2 |
| | | | | 1 | 3 | | | 9 |
| | | | | | | | | |

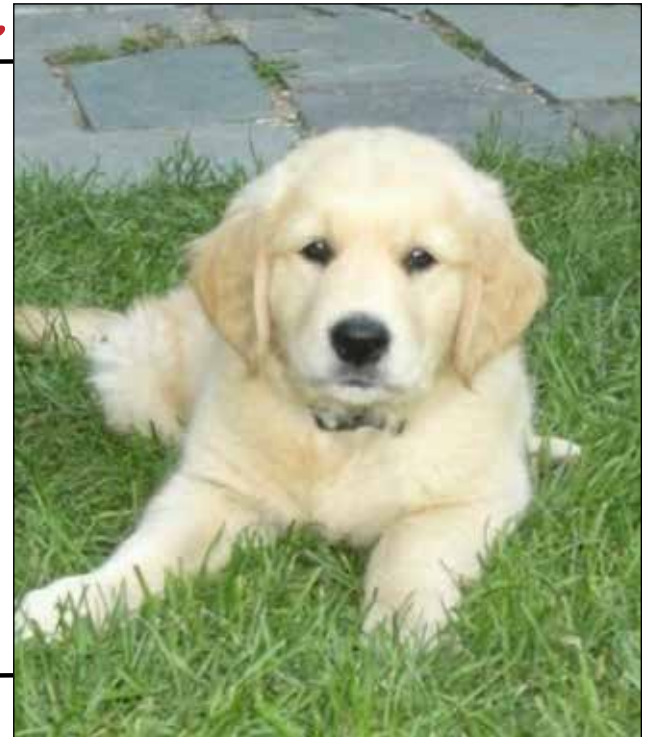
Solutions on page 34

Featured Pets



FINN

I like playing chase (no, I don't retrieve despite my breed), cuddles, and treats and being with my people.



Nominate your Pet of the Month by emailing info@goderichsun.com

petvalu®

Sponsored by:

35400 Huron Rd., Goderich
519-524-5443
www.petvalu.ca

Word Search

MAY NEWS HIGHLIGHTS

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Z | B | R | O | B | N | H | E | X | L | Q | K | Y | L | E | B | U | S | C | H |
| X | T | C | T | H | K | B | W | N | H | R | E | Z | P | F | B | R | V | A | I |
| F | E | L | U | V | D | M | F | J | W | F | X | Z | W | M | S | P | T | B | X |
| C | C | A | V | C | Q | C | A | H | P | M | M | Z | Y | C | T | O | A | N | T |
| O | H | U | R | E | R | E | S | A | E | I | M | D | N | V | H | H | W | W | N |
| Q | N | D | X | P | T | W | Y | Z | R | W | I | U | C | Z | G | J | L | O | U |
| A | I | E | N | O | D | S | E | N | I | L | R | I | A | T | I | R | I | P | S |
| D | C | L | A | S | H | K | Z | A | O | G | C | O | L | F | N | E | F | M | Q |
| T | A | E | Z | E | N | H | L | T | T | G | E | Y | C | E | K | B | K | E | I |
| P | L | M | M | V | V | A | N | E | C | P | H | P | L | S | N | O | N | T | D |
| E | R | I | W | A | O | N | U | V | I | F | A | J | P | I | E | L | H | O | R |
| J | E | E | V | E | A | T | T | Z | V | Z | A | M | T | T | D | A | J | T | V |
| J | C | U | C | L | F | A | Y | S | L | W | B | R | X | V | L | O | A | N | G |
| Y | E | X | H | E | I | V | L | E | A | C | B | A | Y | R | O | U | X | O | R |
| W | S | B | Z | A | B | I | E | H | E | O | Q | B | H | N | G | T | J | R | B |
| Z | S | C | Y | U | R | R | T | B | R | H | Q | E | T | Y | S | B | G | O | A |
| D | I | Q | Z | C | T | U | J | Q | T | I | V | Z | S | U | A | R | A | T | W |
| A | O | F | G | T | D | S | L | C | N | U | R | Q | F | B | G | E | Y | D | G |
| A | N | H | O | T | D | K | R | I | O | B | Z | F | U | L | E | A | W | T | D |
| I | P | T | D | J | J | B | G | C | M | U | Z | L | D | M | V | K | P | N | P |

- UAE LEAVES OPEC
- HANTAVIRUS
- SPIRIT AIRLINES
- DONE
- LOUISE ARBOUR
- MONTREAL
- VICTOIRE PWHL
- EBOLA OUTBREAK
- TECHNICAL
- RECESSION
- VEGAS GOLDEN
- KNIGHTS
- CAROLINA
- HURRICANES
- KYLE BUSCH
- TORONTO TEMPO
- WNBA
- CLAUDE LEMIEUX

CLASSIFIEDS

Email to inquire
info@goderichsun.com

CELEBRATION OF LIFE

John (Jack) Trebish Celebration of Life

Family and friends are warmly invited to join us in celebrating the life of John (Jack) Trebish.

Wednesday, June 24

2:00 p.m. – 6:30 p.m.

Jubilee Room, Goderich Legion

We welcome all who knew Jack to come together to share memories, stories, and celebrate a life well lived.

Celebration of Life

In Loving Memory of Ed Harrison



June 20, 1944 – February 26, 2026

We invite family and friends to gather in honour of **Ed Harrison** to share memories, reflect on a life well lived, and celebrate his lasting impact.

Date: Saturday June 27, 2026.

Time: 1:00 p.m to 5:00 p.m

Location: Park House Bar and Grill
168 West St. Goderich.

OBITUARY



MARY ELIZABETH CARROLL

June 15th, 1943- June 2nd, 2026

Peacefully, with family by her side at the Huronview Home for the Aged on June 2, 2026, Mary Elizabeth Carroll (Brindley), in her 83rd year. Loving mother of Karsten (Ilse) and Kalen (Jana), and proud grandmother of Dré (Emma), Khloé, Kesler, and Mollie. Supported unwaveringly by her sister-in-law Sharon Scruton in her widowed years. Predeceased by and reunited with her loving husband of 53 years, Paul, parents Olive and Kimble Brindley, and brother Robert (Bob) Brindley. Mary was a lifelong educator, particularly fond of her years as a primary teacher at Seaforth Public School. In her retirement, when not on the water, Mary worked tirelessly maintaining the beautiful grounds at their retirement home on Black's Point Road. The family is eternally grateful for the support provided by Randy Chapman and the Huron Perth Alzheimer's Society office in Clinton, and for the exceptional care and dignity provided by the staff of the Huronview Home for the Aged in Mary's final months. Cremation has taken place. Family and close friends will be welcomed to a graveside service at the Colborne Cemetery on Friday, June 26 at 11:00am. An informal celebration of life will follow from 2:00-5:00pm at the Seaforth Legion Branch 156, 123 Main Street S, Seaforth ON. As expressions of sympathy, donations to the Huron Perth Alzheimer's Society, your local Branch of the Royal Canadian Legion, or your local Hospital Foundation would be appreciated. Family and Friends can sign the book of condolences at www.mccallumpalla.com.

FOR SALE

Shade Trees; Maples, Oaks, Birch, Beech, Honey Locusts, Elms, Magnolia, Hydrangea Tree, Tulip Tree, Crab apples, Ivory Silk Lilac, Chanticleer Pear, Golden Weeping Willows and more. Apples, Pears, Peaches, Plums, Apricots, Nectarine, Blueberry, Haskap etc. Lots of healthy strong Spruce, Cedars and White Pine for your privacy hedges and windbreaks. Hundred of flowering shrubs. Reg Hours 7 a.m.- 6 p.m. Mon-Sat at Martins Nursery c/o Emanuel Martin. 42661 Orangehill Rd., Wroxeter, ON

CAMPFIRE WOOD Seasoned hardwood, bagged and ready for your summer enjoyment. \$7.00/bag \$20/3 bags \$30/5 bags. Face cords available. Call or text for pick up. Delivery available in the Goderich/Point Farms/Bayfield area. Jim 519-301-1395

WANTED

WANTED TO BUY – All collectibles including sports cards, beanie babies, Funko pops and stamps. Highest prices paid. Free appraisals. Are you downsizing or need an estate clean out? We can help. We are at the Pinery Market at Grand Bend every Sunday from 9 a.m. to 5 p.m. Call or text Stan anytime 519-868-3814.

**RUN YOUR WORD
CLASSIFIED AD!
JUST \$10 + HST PER EDITION
Contact: info@goderichsun.com
or call 519-655-2341**

**SHOP
LOCAL.
SAVE
LOCAL**

Support
the local
businesses
that support
your local
newspaper.

News Media Canada
Médias d'Info Canada

**ADVERTISE
LOCAL**

SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 8 | 4 | 3 | 2 | 9 | 5 | 7 | 6 |
| 7 | 2 | 3 | 6 | 8 | 5 | 9 | 4 | 1 |
| 6 | 5 | 9 | 1 | 7 | 4 | 2 | 8 | 3 |
| 8 | 9 | 7 | 2 | 4 | 6 | 1 | 3 | 5 |
| 5 | 3 | 6 | 7 | 9 | 1 | 4 | 2 | 8 |
| 4 | 1 | 2 | 5 | 3 | 8 | 6 | 9 | 7 |
| 9 | 4 | 1 | 8 | 6 | 7 | 3 | 5 | 2 |
| 2 | 7 | 5 | 4 | 1 | 3 | 8 | 6 | 9 |
| 3 | 6 | 8 | 9 | 5 | 2 | 7 | 1 | 4 |

QUIZ ANSWERS

- Gemini & Cancer
- D-Day
- Banff
- Edward Teach
- Tavistock, ON
- 1381
- Mark Zuckerberg
- The Corvus
- Metric system
- Bolshoi Theatre



Goderich Sun

"I know the paper is free, but can I get a subscription anyway?"

Yes. We understand that some people might like the convenience of the Goderich Sun arriving at their home (located near or far) through Canada Post, so we do have subscriptions available for this purpose.

The price for a subscription is \$53.33 + GST = \$56.00

To subscribe, please e-transfer
granthavenmedia@gmail.com and include your full mailing address in the comments, or send a cheque with mailing address to Grant Haven Media, PO Box 2310, St. Marys, ON N4X 1A2.

COMING EVENTS

Email to inquire
info@goderichsun.com

CONTINUED FROM PAGE 34

GODERICH GAMBIT

On Saturday, June 13 from 10 a.m. until 4:30 p.m. at Columbus Club Hall.

The Goderich Chess Club is proud to announce its first tournament.

A CFC Membership is required to participate.

Registration required.

Contact: goderichchessclub@gmail.com

BOOK SALE

On Saturday, June 13 from 10 a.m. until 5 p.m. at Goderich Library.

Drop in for the book sale. All proceeds go back into the library.

Contact: goderichlibrary@huroncounty.ca

BIA YOUTH FESTIVAL

On Saturday, June 13 from 11 a.m. until 2 p.m. at Courthouse Square.

Created in partnership with local school boards, the festival was born from a shared belief that music education and performance opportunities are essential for young people.

Courthouse Square will turn into a professional, welcoming venue where student musicians become the headliners.

Admission is free.

PENTLAND FARM FLOWERS

On Tuesday, June 16 at 7 p.m. at the MacKay Centre in Goderich.

Join the Goderich District Horticultural Society as Rosemary Pentland gives a presentation on her flower farm.

Everyone is welcome to attend this free event.

WAKE UP WEDNESDAY: LEGION HISTORY

On Wednesday, June 17 at 9 a.m. at Goderich Legion.

Come learn about legion history with local historian and author David Yates.

Admission is free.

DEATH CAFÉ WITH HURON HOSPICE

On Thursday, June 18 from 4 p.m. until 5 p.m. at Huron County Museum.

Presented in partnership with Huron Hospice. Come discuss death and dying over coffee, tea and cookies.

Runs the third Thursday of each month.

Ages: 18+. Please register with Huron Hospice: sally.brodie@huronhospice.ca

TRADITIONAL MOCCASIN MAKING CLASS

On Thursday, June 18 from 4 p.m. until 8 p.m. at St. Georges Anglican Church in Goderich, on North Street.

Fee: \$65 per person.

Contact: info@byobzwd.ca

LIVERY FILM FEST: H IS FOR HAWK

On Thursday, June 18 at 7 p.m. at Park Theatre in Goderich.

Starring Claire Foy and Brendan Gleeson. This powerful drama follows a grieving daughter who turns to falconry to heal after the sudden loss of her father.

Admission is \$12, \$10 for Livery members.

Contact: livery@thelivery.ca

FATHER'S DAY BBQ

On Sunday, June 21 from 12 p.m. until 2 p.m. at Harbour

Hill.

Bring your father and a good appetite.

AGING AND THE SENSES SEMINAR

On Wednesday, June 24 from 2 p.m. until 3 p.m. at Goderich Place.

Come learn about sensory changes for older adults and how that is intensified when someone has dementia.

Speaker: Jeanette Sears, Public Education Coordinator with Alzheimer Society.

Admission is free.

MEMORIAL SERVICE AT DUNGANNON CEMETERY

On Sunday, June 28 at 2 p.m. at Dungannon Cemetery.

Join in at the annual Memorial Day service.

Refreshments served.

HORTICULTURAL SOCIETY'S 2026 GARDEN TOUR

On Saturday, July 11 the Goderich District Horticultural Society (GDHS) will host its 2026 Garden Tour from 9 a.m. until 3 p.m. Rain or shine.

This non-profit group takes care of several flower beds around Goderich and hold several events.

The money raised at this tour is spent on plants for these gardens and to support other community groups that work hard to make Goderich the Prettiest Town in Canada.

Advance tickets are available at Bees Knees, Schaefer's Ladies Wear and the Goderich Tourist Information Centre.

Tickets are \$10 per person.

For more information contact: betty.hendriks@bell.net



Deadline: Friday prior at 3 p.m.
Contact: info@goderichsun.com

PROMOTE YOUR EVENTS WITH US! HERE'S HOW:

- The Community Calendar is for non-profit organizations to promote their free admission events at no charge. Event listings can include your event name, date, time and location as well as a phone number, email address or website.
- If your event is not free admission or you would like to include more details than stated above, you have the following options:
 - Coming Events Word Ad in Classified section (50 word max.) - \$10 + hst
 - Coming Events Boxed Word Ad in Classified section (50 word max.) - \$15 + hst
 - Display Ad - Sizes begin at a classified business card size for \$35 + hst

BUSINESS DIRECTORY

Email to inquire
info@goderichsun.com

YOUR AD HERE

THIS COULD BE YOUR AD HERE!
CONTACT US FOR MORE INFO!

HOME COMFORT

GREAT DEALS ON FURNACES & A/Cs!!
BOW HOME COMFORT SYSTEMS
519-857-2029
519-955-5209
bowhomecomfort.ca
A Father & Son Business

LANDSCAPING

LANCE J. LANE
Gardens
Habitats
Landscapes
519-440-8442
Serving Goderich/ Bayfield, throughout Huron County!

PEST CONTROL

TRULY NOLEN PEST CONTROL
Protect your home from pests year-round – spiders, ants, rodents etc.
519-524-5052
huroncounty@trulynolen.ca
RESIDENTIAL • COMMERCIAL • AGRICULTURAL

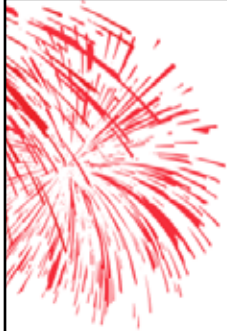
SERVICES

Mental Health Fitness Alliance
MHFA
Counselling, Seminars, Training
For Better Mental Health

SHOP SAVE LOCAL. LOCAL
Support businesses that keep your community and its newspaper thriving

FOR ADVERTISING INQUIRIES IN THE GODERICH SUN

CALL 519.655.2341 OR EMAIL INFO@GODERICH SUN.COM



Canada Day

GODERICH
Canada's Prettiest Town

JUNE 30

JULY 1

Fireworks Display

Starting at dusk, Goderich Waterfront
CASH DONATIONS WELCOME



Children's Festival

10 AM - 2 PM, Lions Harbour Park

Canada Day Parade

2 PM, Courthouse Square



G O D E R I C H 2 0 2 6

W W W . E X P L O R E G O D E R I C H . C A

REGISTER FOR THE PARADE TODAY!

Registrations for the 2026 Goderich Canada Day Parade are open, and we want to see you there!

1. Registration deadline is friday, June 26, 2026
2. Tourism Goderich must approve of entry
3. Entries with animals must provide their own means of clean-up
4. You may HAND OUT candy. Throwing from the float is NOT ACCEPTED.
5. Parade will be marshalled on Elgin Ave., west of South Street at 1:00 PM
6. You will be emailed your parade position by June 29, 2026

Scan the QR Code to register online



E X P L O R E G O D E R I C H . C A